

MONTGOMERY COUNTY PUBLIC SCHOOLS

Expanding Opportunity and Unleashing Potential

PUBLIC INFORMATION OFFICE

March 17, 2021

Mr. William F. Marshall
Judicial Watch, Inc.
BMarshall@JUDICIALWATCH.ORG

Dear Mr. Marshall:

I have received your Maryland Public Information Act (MPIA) request seeking the following records from Greenwood Elementary School: all handouts, course outlines, syllabi, audio/visual presentations, PowerPoints, and tests administered to first and second-grade students in a "student psychoeducational lesson" relating to a "dual pandemic" of COVID- 19/systemic racism.

I am responding on behalf of the superintendent of schools who, as official custodian of records for the school system, is responsible for replies under the Maryland Public Information Act, Title 4 of the General Provisions (GP) Article.

Please find enclosed responsive documents to your request.

If you believe you have been wrongly denied a public record, you are entitled to seek judicial review of this decision pursuant to GP § 4-362. In addition, pursuant to GP § 4-1B-01 et seq., you also have the option to express any concerns about this decision to the Public Access Ombudsman.

With regards,



Christopher C. Cram
Director, Department of Communications

CCC:vem

Enclosures

Copy to:
Dr. Wilson
Ms. Williams

Maryland's Largest School District

MONTGOMERY COUNTY PUBLIC SCHOOLS

Expanding Opportunity and Unleashing Potential

Obtained via Maryland PIA by Judicial Watch, Inc.

Pre-K through 2nd
grade
Psychoeducational
Lesson

**MCPS Return to
School**



Teacher Note



This is an initial conversation on the topics that will be discussed today. This is not an in-depth conversation that occur later. The goal of the lessons are to start the conversation, to address common reactions to the events, talk about stress management, and how to get help if needed. We understand that for many of these topics, students may have additional questions and concerns. We welcome staff to continue the conversations with their students.

This presentation is for young children. Young children will not be able to sit through this entire presentation in one sitting. We have built in breaks for stretching or movement.





Objectives:

At the conclusion of this lesson, students will be able to . . .

- recognize 2-3 common crisis reactions.
- identify resources for support.
- perform a deep breathing exercise for relaxation purposes.
- identify and use 2-3 adaptive coping strategies.





Introduction

Learning Agreements

- *Take care of yourself*
- *Take care of others in our learning space*
- *Take care of our learning environment*





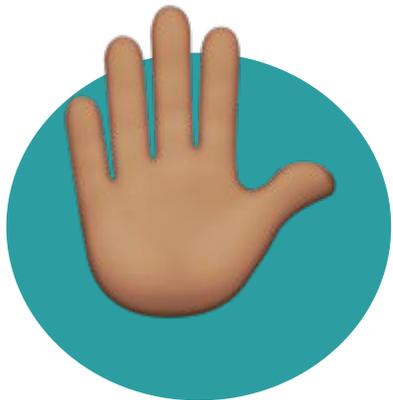
Zoom Classroom Expectations



Take Care of Others - While someone is speaking, please **mute yourself** so that we can hear what is being shared.



Take Care of Yourself – Find **a space that helps you** learn at your best and focus.



Take Care of Yourself - **Raise your hand** through the chat if you would like to share an idea.



Take Care of Others – Practice active listening by **following directions and listening to others** as they are speaking.



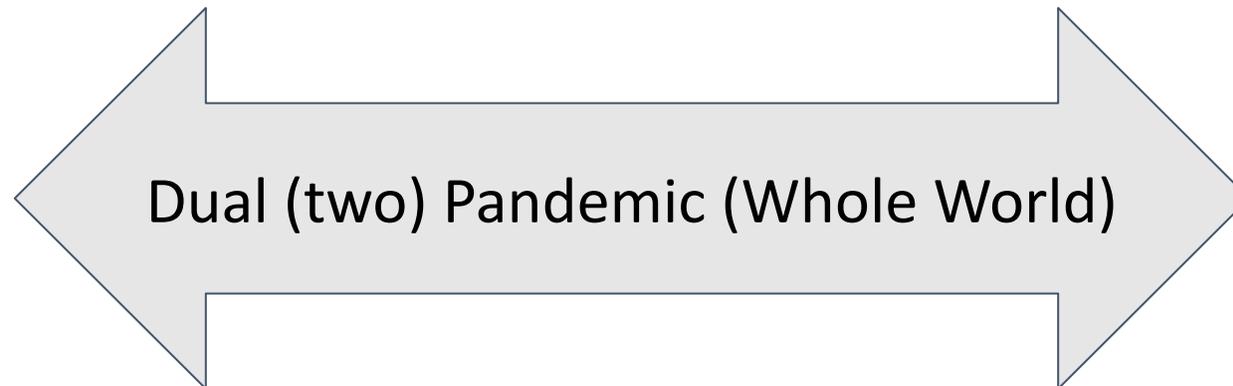
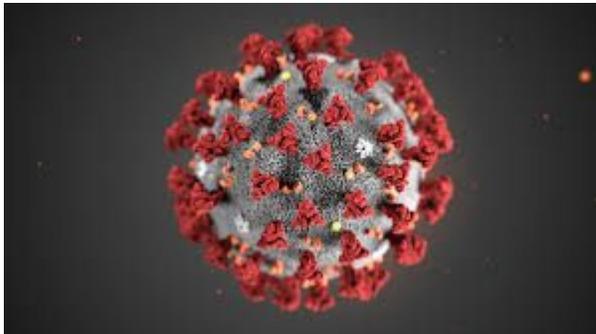


What is going on in the world?

There is a lot happening in our world right now!

Let's talk about some of the major events that are happening...

- Covid-19 (“coronavirus”)
- Social Justice responses to combat racism (protests and marches)





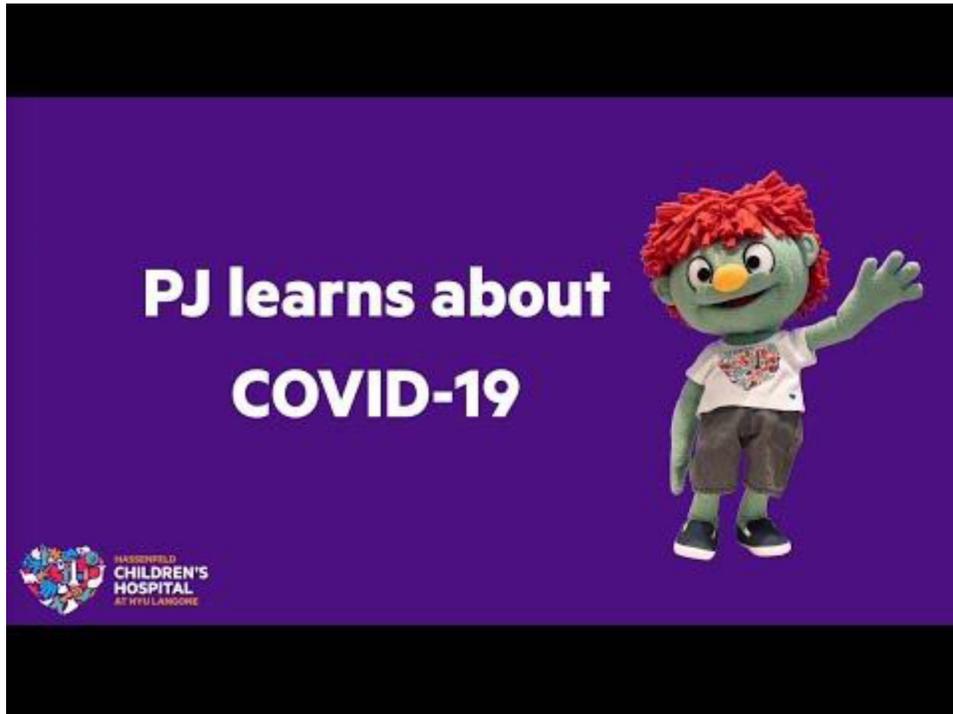
TEACHER NOTE

The next slide contains two video options to discuss COVID 19. The first is intended for PreK and K students. The second one is intended for 2nd grade. First grade has the option to use either video, depending on what the teacher feels is most appropriate.

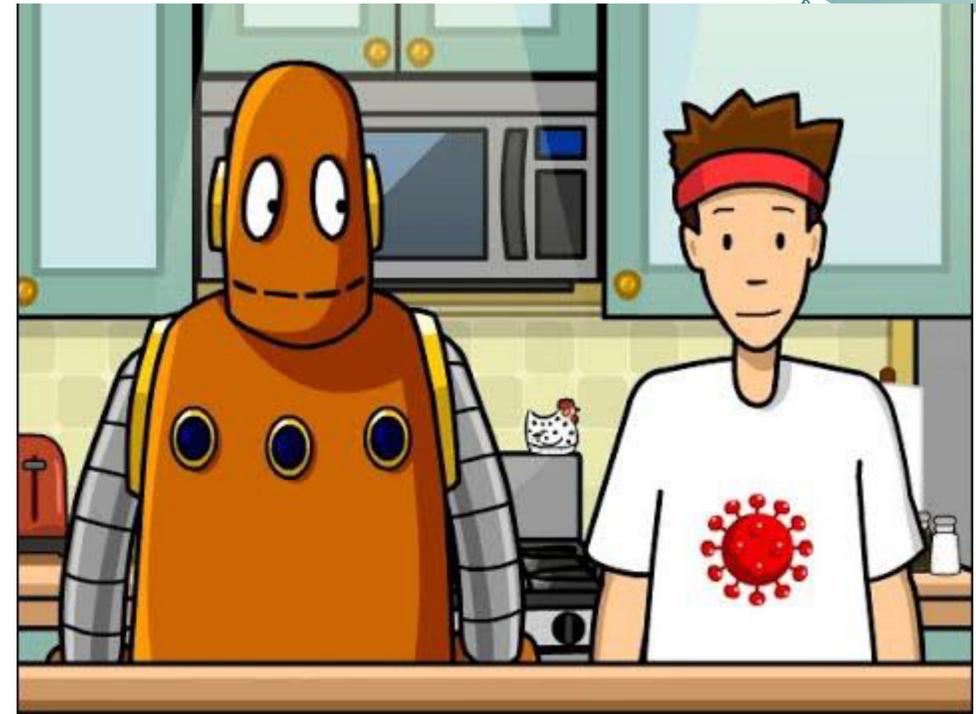
Delete the video that you do not choose to use from the slide and center the video you do use.



Some Facts about COVID-19



Kindergarten and 1st grade



2nd grade



How to Protect Yourself and Others:



Wash your hands often



Cover your coughs or sneezes



Wear a mask when around others



Avoid close contact with others



Stay home if you are sick.



Time for a Break

Obtained via Maryland PIA by Judicial Watch, Inc.



Some Facts About Racism and Social Justice



Time for a Break

Obtained via Maryland PIA by Judicial Watch, Inc.



TEACHER NOTE



The next slides will focus on feelings students may be having during these difficult times and the things they can do to feel better.





Normal Feelings when Life is not Normal

You may feel different emotions like....



Mad/Enojada/o



**Surprised/
Sorprendida/o**



Happy/Feliz



**Disgusted/
Disgustada/o**



Confused/Confusa/o





Normal Feelings when Life is not Normal

You may feel different emotions like....



**Worried/
Preocupada/o**



Calm/Calma/o



**Scared/
Asustada/o**



Sad/Triste



Tired/Cansada/o



Things to do to feel better



**Draw or Color/
Dibujar o colorear**



**Talk with a friend or family member/
Habla con una amigo/a o familiar**



**Run and Play/
Corre y juega**



**Play a game with a friend or grown up/
Juega un juego con un amigo o un adulto**



**Listen to Music/
Escuchar música**



Things to do to feel better



Hug a stuffed animal/
Abraza un peluche



Relax/ Relajarse



Squeeze a stress ball/ Aprieta
una pelota antiestrés



Eat well/ Comer bien



Drink Water/
Beber agua



Take deep breaths/
Respira profundamente



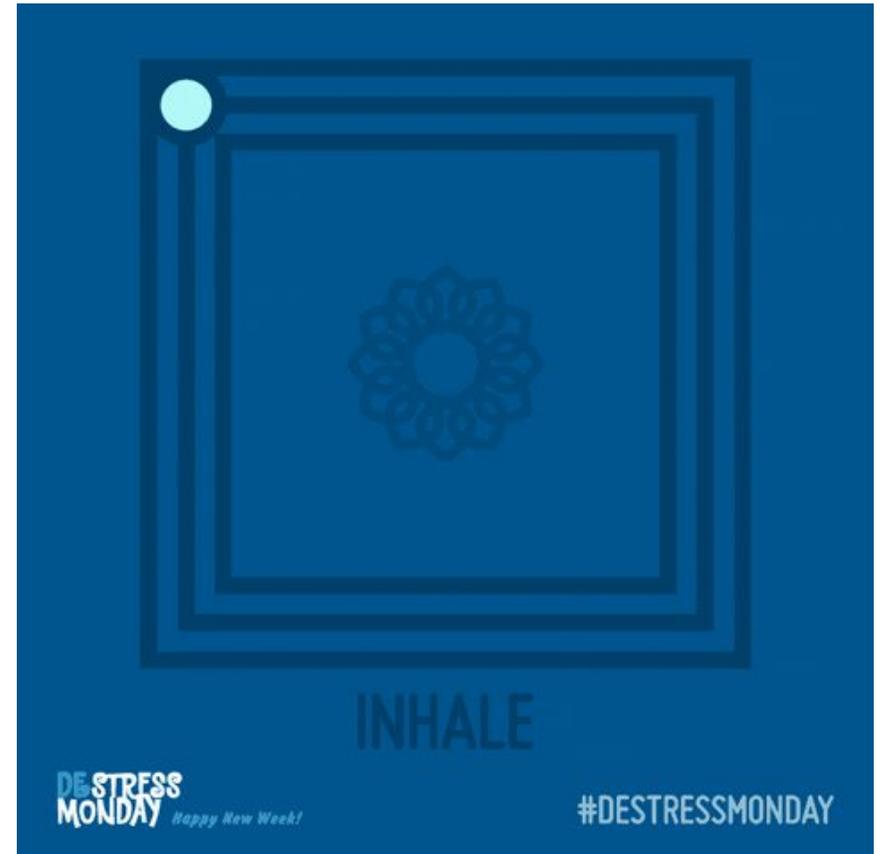


Deep Breathing Activity

Breathe in ... 2...3...4...

HOLD...2...3 ...

Breathe out...2...3...4



Check for Understanding



Share a strategy that you will use the next time you feel scared, worried, or stressed.



When I feel _____, I can _____.



TEACHER NOTE



The last slides focus on students knowing who they can talk to if they need help or are feeling sad or scared. We introduce the term ‘trusted adult’ and slide 29 is designed for real pictures of the trusted adults in schools to be substituted for the pictures that are there. Ideally the name would be added, as well. On Slide 29 you can add or subtract the trusted adults that are appropriate for your school.



Who can we talk to when we need help?



Family



Friends

Teachers



Pets

Tell me two groups that can help you. Anyone else?



Who can I talk to at school? Who are the trusted adults?

Obtained via Maryland PIA by Judicial Watch, Inc.



Counselor
Mrs. Lee



Staff Development
Teacher
Mrs. Graham



Mrs. Zimmerman, Principal
Mrs. Sinon, Assistant Principal



Psychologist
Mrs. Novick



Reading Specialist
Mrs. Myers





Check for Understanding



Who can you talk to at home?



Who can you talk to at school?



