

September 27, 2021

Mr. William F. Marshall
Judicial Watch, Inc.
BMarshall@judicialwatch.org

Dear Mr. Marshall:

I have received your Maryland Public Information Act (MPIA) request seeking copies of records from Montgomery County Public Schools (MCPS) regarding:

All records related to the development and implementation of a “Psychoeducational Lesson” related to a purported “dual pandemic” of COVID-19/systemic racism in use by the Montgomery County Public Schools. You requested email communications between MCPS officials responsible for formulating and implementing the lesson, but not limited to those communications of Cheree Price, and all other policy documents regarding its development. The timeframe for the requested records is July 1, 2020 to the present.

I am responding on behalf of the superintendent of schools who, as official custodian of records for the school system, is responsible for replies under the Maryland Public Information Act, Title 4 of the General Provisions (GP) Article.

Please find partial responsive documents to your request in the link below. The link needs to be copy and pasted into a google chrome browser:

https://drive.google.com/drive/folders/1knXNYHVXbB4YWB8KWjK5Hldly5k_POSd?usp=sharing

Please know that documents were redacted in accordance with the “inter-agency and intra-agency letters or memoranda” exception under GP § 4-344 and the “privileged or confidential by law” exception under GP § 4-301, which encompasses the attorney-client privilege.

We are working to provide the remainder of the responsive information. However, there are thousands of pages to review and redact, which require a significant amount of time.

If you believe you have been wrongly denied a public record, you are entitled to seek judicial review of this decision pursuant to GP § 4-362. In addition, pursuant to GP § 4-1B-01 et seq., you also have the option to express any concerns about this decision to the Public Access Ombudsman.

With regards,



Christopher C. Cram
Director, Department of Communications

CCC:vem

Enclosures

Copy to: Dr. Wilson, Ms. Williams

From: [Christina Conolly \(via Google Sheets\)](#) on behalf of [Christina Conolly \(via Google Sheets\) <drive-shares-noreply@google.com>](#)
To: ruschelle.reuben@mcpsmd.net
Subject: [EXTERNAL] Psychoeducational Lesson Completion form 9-29-20 (Responses) - Invitation to edit
Date: Thursday, October 15, 2020 9:18:25 PM

christina.n.conolly@mcpsmd.net has invited you to **edit** the following spreadsheet:



[Psychoeducational Lesson Completion form 9-29-20 \(Responses\)](#)

[Open in Sheets](#)

Google Sheets: Create and edit spreadsheets online.

Google LLC, 1600 Amphitheatre Parkway, Mountain View, CA 94043, USA

You have received this email because christina.n.conolly@mcpsmd.net shared a spreadsheet with you from Google Sheets.



From: [Christina Conolly \(via Google Sheets\)](#)
To: ruschelle.reuben@mcpsmd.net
Subject: [EXTERNAL] Psychoeducational Lesson Completion form 9-29-20 (Responses) - Invitation to edit
Date: Thursday, October 15, 2020 9:18:30 PM

christina.n.conolly@mcpsmd.net has invited you to **edit** the following spreadsheet:



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From: [Christina Conolly \(via Google Sheets\)](#) on behalf of [Christina Conolly \(via Google Sheets\) <drive-shares-noreply@google.com>](#)
To: ruschelle.reuben@mcpsmd.net
Cc: ada.v.mirandamorales@mcpsmd.net; frances.m.frost@mcpsmd.net
Subject: [EXTERNAL] Psychoeducational Lesson Completion form 10-22-20 (Responses) - Invitation to edit
Date: Thursday, October 22, 2020 1:52:25 AM

christina.n.conolly@mcpsmd.net has invited you to **edit** the following spreadsheet:



[Psychoeducational Lesson Completion form 10-22-20 \(Responses\)](#)

[Open in Sheets](#)

Google Sheets: Create and edit spreadsheets online.

Google LLC, 1600 Amphitheatre Parkway, Mountain View, CA 94043, USA

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From: [Christina Conolly \(via Google Sheets\)](#)
To: ruschelle.reuben@mcpsmd.net
Cc: ada.v.mirandamorales@mcpsmd.net; frances.m.frost@mcpsmd.net
Subject: [EXTERNAL] Psychoeducational Lesson Completion form 10-22-20 (Responses) - Invitation to edit
Date: Thursday, October 22, 2020 1:52:32 AM

christina.n.conolly@mcpsmd.net has invited you to **edit** the following spreadsheet:



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[Open in Sheets](#)

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Google LLC, 1600 Amphitheatre Parkway, Mountain View, CA 94043, USA

You have received this email because christina.n.conolly@mcpsmd.net shared a spreadsheet with you from Google Sheets.



From: [Wilson, Janet S](#)
To: [Principals Mail List - All](#); [Principals Mail List - Spec-Alt](#)
Cc: [ExecStaffDist](#); [Admin Secretary - ExecStaff](#); [Admin Secretary - HS](#); [Admin Secretary - MS](#); [Admin Secretary - ES](#); [Admin Secretary - OSSI](#); [Directors - All](#); [Supervisors - All](#); [LaBatt, Arronza M](#); [Gray, Stacy E](#); [Steele, Sharron](#); [Dardarian, Anne M - MCAAP](#); [Christine Handy](#)
Subject: August 26, 2020 COVID-19 Update
Date: Wednesday, August 26, 2020 7:27:47 AM

Dear Principals,

Today's update contains a number of important items specific to protective orders, ESOL Accountability (updated from yesterday), Be Well Recovery lessons, professional development, and technology updates. Last night, you received notice that the MCPS Recovery of Education Virtual Plan for the Fall was approved by the Board of Education. As the next days and weeks unfold, collectively, we embark upon what we have never before been challenged to do. We are up to that challenge and as a learning organization, we will all learn together. As was stated many times in the Board of Education meeting – this is not a perfect plan. We know that the State Board will be weighing in on the idea of setting uniform expectations across districts and our plan may need to be adjusted in response to information intended to be made available on September 1, 2020. In the meantime, MCPS will continue to gather feedback from all stakeholders over the coming weeks and months with every intention of providing for continuous improvement to our virtual teaching and learning plan. It is with deepest gratitude, I express my thank you to the recipients of these updates, the design teams, and all of the stakeholders who have contributed their thoughts and ideas along the way. There is so much more to do and it is critically important that in all things related to the execution of this plan on behalf of our 166,000 students, their families and our school communities, we do so with the utmost care and compassion.

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Guidance to schools regarding parental/custodial protective orders

Schools should consult with the Office of the General Counsel and/or Student Welfare and Compliance regarding questions about parent/custodial requests for access to school and potential Zoom events (ie. Back-to-School Night, etc.) during these times of virtual school. Non-custodial parents who request Zoom login information should **not** be granted connection information. (This could result in parents logging in to classrooms/school events and “listening in” even though they do not have visitation or contact rights. Additionally, parents should not login to Zoom classrooms and observe class when the child is not with them. If teachers note a parent logging in separately from their student, they should notify their principal who can seek support from OGC or Compliance as needed.

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-
ESOL Accountability- Updated

This [link](#) is for the ESOL Accountability and Compliance Updates for the week of August, 24, 2020. These updates are for Administrators K-12, ESOL teachers K-12, Resource Teachers & Content Specialists grades 6-12, or anyone who is responsible for ESOL Accountability Tasks in your building. **The information for the Virtual EL Identification has been updated.** If you have questions about the information in this update, please email Leslie Chavis, ESOL Achievement Specialists, and copy Tamisha L. Sampson, K-12 ESOL Accountability Supervisor.

Be Well Recovery Student Psychoeducational Lessons and Student Well-Being Teams- ACTION

As we start the school year, all schools will continue to implement the student well-being teams that started this past spring. The teams will be there to support students and their families that are struggling with attendance and social-emotional concerns. To support students at the start of the year, all schools will be required to implement a student psychoeducational lesson during one of the school's mandatory Social-Emotional Learning (SEL) block before September 18, 2020. This lesson will provide students crisis facts about the dual pandemic (COVID-19 and systemic racism) that is occurring around the country and here in Montgomery County. It will also provide information on common crisis feelings/reactions, stress management strategies, and where to find help. Teachers will implement these lessons with coaching from the building counselors, psychologists, and other school-based mental health staff. There is also a referral form that building staff can complete if they have any concerns about student attendance and social-emotional well-being. The referral will go to the student well-being teams. Information about the student psychoeducational lessons, the referral form, and additional information can be found in this [one-pager](#). Additional information about the mandatory SEL lessons for each school will be sent in a separate message.

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Professional Development Opportunities Open to Staff:

As part of its recovery plan, MCPS has developed a [website for staff, students and families](#) that highlights ongoing professional learning opportunities for the virtual opening of schools.

For staff, training opportunities are focused around these key areas:

- Technology
- Curriculum, Instruction and Assessment
- Pedagogy
- Social-Emotional Well-Being and Coaching for Engagement/Success
- Accessibility Tools for Instruction and Home
- Equity
- Health and Safety
- Onboarding, Induction, Mentoring, Communication and Collaboration

The professional learning opportunities are grounded in equity and social-emotional learning to ensure that equitable environments are established in the virtual and traditional learning spaces. Professional learning opportunities will be updated throughout the year, so please check back frequently. If you are interested in Continuing Professional Development (CPD) courses for the fall semester (Fiscal Year 2021), register through the [Professional Development Online \(PDO\)](#) system. The fall semester runs from October 2020 through January 2021.

Office of Technology Innovation:

ParentVUE Support for Parents

- If families did not receive an email with ParentVUE activation information, they can call 240-740-7020 or email communitytechsupport@mcpsmd.org
- If parents can only see some children but not all, please complete this form and we will merge accounts: <https://docs.google.com/forms/d/e/1FAIpQLSc3RJam5Fl3jdbxms5trSLB-ybJ3Gwp4sB8dPAwqj1VjnzNg/viewform>

Taking Attendance in Synergy TeacherVUE

Here is a quick screencast on how teachers can use Zoom reports to take attendance in Synergy TeacherVUE:

<https://youtu.be/J3KtI4UPlSk>

Principal Webinar Rooms

All secondary principals should have a webinar room assigned to them in Zoom. You should see it listed in your Zoom account. When setting up your meeting, if you want parents to join your webinar, be sure to uncheck “Authenticated Users Only” to allow non-MCPS participants. Elementary principals will have Zoom webinar rooms by the end of this week.

Directions for running a webinar:

https://docs.google.com/document/d/1v8qUyK4TtbDxD305oL6RRkZT_WTkgmG82eDf4HV-H8/edit?usp=sharing

Password Reports

Both password reports are updated and can be used to provide logins and passwords to students. All families were sent a ConnectEd email early Monday morning with login information as well.

- Student Password (Students Assigned to School Location)



- Student Password (Students Assigned to Homeroom):



Verifying Parent Submissions for ParentVUE Annual Verification

Parents are starting to activate their ParentVUE accounts and submit updates to their information. This is a similar process to what they did in PowerSchool with updating emergency cards. Here are directions for how secretaries and other school staff can review these updates, make edits, and approve the updates:

<https://docs.google.com/document/d/1cysoQXFYHDHlgiXwEgZgBG37CJQ7O5HcoZutNDyCTM/edit#heading=h.4noosnpaxqe>

Here is the link to the complete guide for parent submission of online registration and verification:

<https://docs.google.com/document/d/1cysoQXFYHDHlgiXwEgZgBG37CJQ7O5HcoZutNDyCTM/edit#heading=h.4noosnpaxqe>

Posting a Zoom Recording in myMCPS Classroom

Here are two short screencasts for how to post a Zoom recording in myMCPS Classroom:

- Posting Zoom Cloud Recording Links in Canvas Announcements: <https://youtu.be/zmx4xfTaFBQ>
- How to Download Zoom Recordings and Upload Into myMCPS Classroom on a Chromebook: <https://youtu.be/z2tEmzTejKo>

From: [Conolly, Christina N](#)
To: [Eiskant, Kelley D](#)
Cc: [Miller, Danielle L](#); [Miranda Morales, Ada V](#); [Corkran, Deirdre L](#); [Reuben, Ruschelle](#); [Frost, Frances M](#)
Subject: FY21-170 MPIA request
Date: Monday, February 22, 2021 2:34:17 PM
Attachments: [Family Guidance on the PsychoEd Lesson.pdf](#)
[High School PsychoEd Lesson-final.pdf](#)
[PreK - 2nd grade PsychoEd Lesson-final.pdf](#)
[3rd-5th grade PsychoEd Lesson-final.pdf](#)
[Middle School PsychoEd Lesson-final.pdf](#)

[REDACTED]

[REDACTED]

Christina

Dr. Christina N. Conolly, NCSP
Director
Division of Psychological Services

240-740-5640

#BeWell365



From: [Yorro, Felicia M](#)
To: [Stylos, Lisa H](#); [Munoz Alicea, Amneris](#); [Jones, ReGina L](#); [Miranda Morales, Ada V](#); [DeWitt, Gail J](#); [Hornbeck, Loretta L](#); [McIntire, Kelly R](#); [Hebron, Ericka Y](#)
Cc: [Turner, Derek G](#); [Dyson, Cheryl L](#); [Wilson, Janet S](#); [Reuben, Ruschelle](#); [Koutsos, James P](#); [Hazel, Niki T](#); [Ahn, Natalia M](#); [Boddy, Troy](#); [Onijala, Gboyinde](#)
Subject: MEETING REQUEST - FW: Message about SEL and Psychoeducational lesson
Date: Tuesday, September 15, 2020 12:25:45 PM
Importance: High

[REDACTED]

[REDACTED]

[REDACTED]

[REDACTED]	[REDACTED]	[REDACTED]
[REDACTED]	[REDACTED]	[REDACTED]
[REDACTED]	[REDACTED]	[REDACTED]

[REDACTED]

Felicia Yorro | Admin Services Manager | Office of Engagement, Innovation and Operations | 240-740-2837

From: Turner, Derek G
Sent: Tuesday, September 15, 2020 12:10 PM
To: Morris, Diane D <Diane_D_Morris@mcpsmd.org>
Cc: Dyson, Cheryl L <Cheryl_L_Dyson@mcpsmd.org>; Wilson, Janet S <Janet_S_Wilson@mcpsmd.org>; Reuben, Ruschelle <Ruschelle_Reuben@mcpsmd.org>; Koutsos, James P <James_P_Koutsos@mcpsmd.org>; Hazel, Niki T <Niki_T_Hazel@mcpsmd.org>; Ahn, Natalia M <Natalia_M_Ahn@mcpsmd.org>; Boddy, Troy <Troy_Boddy@mcpsmd.org>; Onijala, Gboyinde <Gboyinde_Onijala@mcpsmd.org>; Yorro, Felicia M <Felicia_M_Yorro@mcpsmd.org>
Subject: Re: Message about SEL and Psychoeducational lesson

[REDACTED]

[REDACTED]

██████████
██████████
Derek Turner

Chief of Engagement, Innovation, and Operations

Montgomery County Public Schools

[240-740-2837](tel:240-740-2837) | [240-447-9030](tel:240-447-9030) (Mobile)

www.montgomeryschoolsmd.org | www.mcpstv.org | [@MCPS](https://twitter.com/MCPS)

On Sep 15, 2020, at 11:55 AM, Morris, Diane D <Diane_D_Morris@mcpsmd.org> wrote:

Yes, I think so.

Diane D'Ambrosio Morris

From: Dyson, Cheryl L

Sent: Tuesday, September 15, 2020 11:54 AM

To: Wilson, Janet S <Janet_S_Wilson@mcpsmd.org>

Cc: Morris, Diane D <Diane_D_Morris@mcpsmd.org>; Turner, Derek G <Derek_G_Turner@mcpsmd.org>; Reuben, Ruschelle <Ruschelle_Reuben@mcpsmd.org>; Koutsos, James P <James_P_Koutsos@mcpsmd.org>; Hazel, Niki T <Niki_T_Hazel@mcpsmd.org>

Subject: Re: Message about SEL and Psychoeducational lesson

Agreed, Janet and Diane. I've heard directly from principals and directors. Some principals have parents who want their child to opt-out from the Black Lives Matter lesson.

Sent from my iPhone

On Sep 15, 2020, at 11:51 AM, Wilson, Janet S <Janet_S_Wilson@mcpsmd.org> wrote:

Hi,

I want to put on your radar that this may also be related to the anti-racist curriculum initiatives.

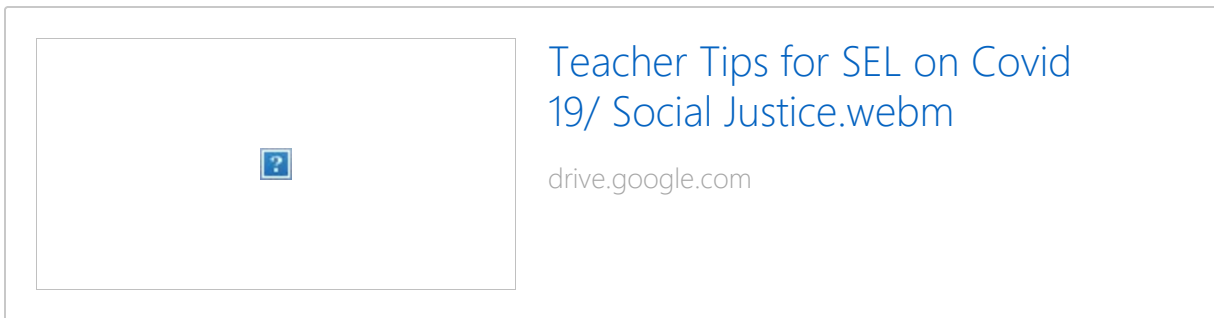
Janet

From: [Beru, Bethlehem](#)
To: [Conolly, Christina N](#)
Cc: [Palmer, Michelle L](#); [Crews, Karen D](#); [Frost, Frances M](#); [Reuben, Ruschelle](#)
Subject: Re: Taped psychoeducational lesson
Date: Wednesday, September 23, 2020 8:00:07 AM
Attachments: [image001.png](#)

Good Morning!

Below is the link for the video created and shared with our teachers.

<https://drive.google.com/file/d/1iAhxur6On7ZGBozoBULFLzt-Kt6sFpd/view>



We also shared the lesson with our families via our Principals Paw Print Newsletter.

And we have arranged for school counselors to be available for a check and connect after this lesson. We wanted to be sure we were available for any follow up support students may need.

I hope this information is helpful for other families and colleagues. Please let me know if you need anything else.

Thank you for all you do,

Bethlehem Beru, M.S
Resource Counselor

NJHS Advisor

Briggs Chaney Middle School

www.briggschaneycounseling.com

Counseling Zoom Drop In
Mon/Tues/Thurs./Fri

8:15am-9am &

2:45pm-3:15pm

[Virtual Office Zoom Link](#)

443-776-1193

From: Conolly, Christina N <Christina_N_Conolly@mcpsmd.org>
Sent: Tuesday, September 22, 2020 2:30 PM
To: Beru, Bethlehem <Bethlehem_Beru@mcpsmd.org>
Cc: Palmer, Michelle L <Michelle_Palmer@mcpsmd.org>; Crews, Karen D <Karen_D_Crews@mcpsmd.org>; Frost, Frances M <Frances_M_Frost@mcpsmd.org>; Reuben, Ruschelle <Ruschelle_Reuben@mcpsmd.org>
Subject: RE: Taped psychoeducational lesson

Yes! Thanks. We could promote the work that you are doing for the Briggs Chaney staff. I am charged with developing a manual to support teachers with this work.

Christina

Dr. Christina N. Conolly, NCSP
Director
Division of Psychological Services

240-740-5640



#BeWell365

From: Beru, Bethlehem <Bethlehem_Beru@mcpsmd.org>
Sent: Tuesday, September 22, 2020 1:50 PM
To: Conolly, Christina N <Christina_N_Conolly@mcpsmd.org>
Cc: Palmer, Michelle L <Michelle_Palmer@mcpsmd.org>; Crews, Karen D <Karen_D_Crews@mcpsmd.org>
Subject: Re: Taped psychoeducational lesson

Hello Dr. Connolly,

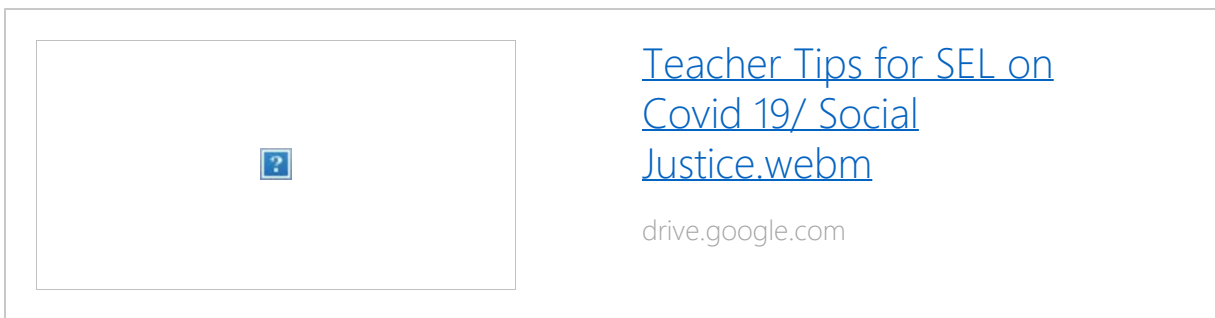
Sure, I'd be happy to share. I have a pre-recorded video I made for staff, is that what you would like?

From: Beru, Bethlehem <Bethlehem_Beru@mcpsmd.org>
Sent: Tuesday, September 22, 2020 11:15 PM
To: Conolly, Christina N <Christina_N_Conolly@mcpsmd.org>
Cc: Palmer, Michelle L <Michelle_Palmer@mcpsmd.org>; Crews, Karen D <Karen_D_Crews@mcpsmd.org>; Frost, Frances M <Frances_M_Frost@mcpsmd.org>; Reuben, Ruschelle <Ruschelle_Reuben@mcpsmd.org>
Subject: Re: Taped psychoeducational lesson

Good Morning!

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We also shared the lesson with our families via our Principals Paw Print Newsletter.

And we have arranged for school counselors to be available for a check and connect after this lesson. We wanted to be sure we were available for any follow up support students may need.

I hope this information is helpful for other families and colleagues. Please let me know if you need anything else.

Thank you for all you do,

Bethlehem Beru, M.S
Resource Counselor

NJHS Advisor

Briggs Chaney Middle School

www.briggschaneycounseling.com

Counseling Zoom Drop In

Mon/Tues/Thurs./Fri

8:15am-9am &

2:45pm-3:15pm

[Virtual Office Zoom Link](#)

Thank you for all you do,

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Resource Counselor

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8:15am-9am &

2:45pm-3:15pm

[Virtual Office Zoom Link](#)

443-776-1193

From: Conolly, Christina N <Christina_N_Conolly@mcpsmd.org>

Sent: Monday, September 21, 2020 7:39 PM

To: Beru, Bethlehem <Bethlehem_Beru@mcpsmd.org>

Cc: Palmer, Michelle L <Michelle_Palmer@mcpsmd.org>; Crews, Karen D <Karen_D_Crews@mcpsmd.org>

Subject: Taped psychoeducational lesson

[REDACTED]

[REDACTED]

[REDACTED]

[REDACTED]

[REDACTED]

Christina

Dr. Christina N. Conolly, NCSP

Director

Division of Psychological Services

240-740-5640

Subject: RE: Taped psychoeducational lesson

Yes! Thanks. We could promote the work that you are doing for the Briggs Chaney staff. I am charged with developing a manual to support teachers with this work.

Christina

Dr. Christina N. Conolly, NCSP
Director
Division of Psychological Services

240-740-5640



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Cc: Palmer, Michelle L <Michelle_Palmer@mcpsmd.org>; Crews, Karen D <Karen_D_Crews@mcpsmd.org>
Subject: Re: Taped psychoeducational lesson

[REDACTED]

[REDACTED]

[REDACTED]

[REDACTED]

Bethlehem Beru, M.S
Resource Counselor
NJHS Advisor
Briggs Chaney Middle School
www.briggschaneycounseling.com
Counseling Zoom Drop In
Mon/Tues/Thurs./Fri

From: [Frost, Frances M](#)
To: [Reuben, Ruschelle](#)
Subject: RE: Taped psychoeducational lesson
Date: Wednesday, September 23, 2020 11:35:06 AM
Attachments: [image001.png](#)

[REDACTED]

[REDACTED]

Frances Frost
Assistant to Associate Superintendent
Office of Teaching, Learning & Schools – Student and Family Support and Engagement

From: Reuben, Ruschelle <Ruschelle_Reuben@mcpsmd.org>
Sent: Wednesday, September 23, 2020 11:34 AM
To: Frost, Frances M <Frances_M_Frost@mcpsmd.org>
Subject: Re: Taped psychoeducational lesson

[REDACTED]

[REDACTED]

[REDACTED]

Ruschelle S. Reuben
Associate Superintendent
Office of Student and Family Support and Engagement

From: Frost, Frances M <Frances_M_Frost@mcpsmd.org>
Sent: Wednesday, September 23, 2020 11:24 AM
To: Beru, Bethlehem <Bethlehem_Beru@mcpsmd.org>; Conolly, Christina N <Christina_N_Conolly@mcpsmd.org>
Cc: Palmer, Michelle L <Michelle_Palmer@mcpsmd.org>; Crews, Karen D <Karen_D_Crews@mcpsmd.org>; Reuben, Ruschelle <Ruschelle_Reuben@mcpsmd.org>
Subject: RE: Taped psychoeducational lesson

[REDACTED]

[REDACTED]

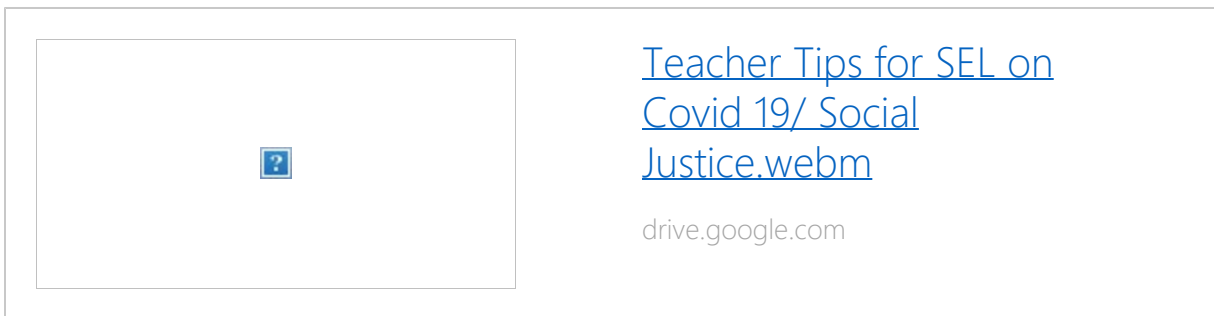
Frances Frost
Assistant to Associate Superintendent
Office of Teaching, Learning & Schools – Student and Family Support and Engagement

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Sent: Tuesday, September 22, 2020 11:15 PM
To: Conolly, Christina N <Christina_N_Conolly@mcpsmd.org>
Cc: Palmer, Michelle L <Michelle_Palmer@mcpsmd.org>; Crews, Karen D <Karen_D_Crews@mcpsmd.org>; Frost, Frances M <Frances_M_Frost@mcpsmd.org>; Reuben, Ruschelle <Ruschelle_Reuben@mcpsmd.org>
Subject: Re: Taped psychoeducational lesson

Good Morning!

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<https://drive.google.com/file/d/11iAhxur6On7ZGBozoBULFLzt-Kt6sFpd/view>



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Resource Counselor

NJHS Advisor

Briggs Chaney Middle School

www.briggschaneycounseling.com

Counseling Zoom Drop In

Mon/Tues/Thurs./Fri

From: [Frost, Frances M](#)
To: [Reuben, Ruschelle](#)
Subject: Re: Taped psychoeducational lesson
Date: Wednesday, September 23, 2020 1:12:23 PM
Attachments: [REDACTED]

[REDACTED]

[REDACTED]

Frances Frost
Assistant to the Associate Superintendent
Office of Student and Family Support & Engagement
Montgomery County Public Schools

On Sep 23, 2020, at 11:43 AM, Reuben, Ruschelle <Ruschelle_Reuben@mcpsmd.org> wrote:

[REDACTED]

Ruschelle S. Reuben
Associate Superintendent
Office of Student and Family Support and Engagement

From: Reuben, Ruschelle <Ruschelle_Reuben@mcpsmd.org>
Sent: Wednesday, September 23, 2020 11:37 AM
To: Frost, Frances M <Frances_M_Frost@mcpsmd.org>
Subject: Re: Taped psychoeducational lesson

[REDACTED]

[REDACTED]

<https://www.youtube.com/watch?v=oZ4YSXv6Xkg>

Ted Lasso. Dart Game


www.youtube.com

From: Beru, Bethlehem <Bethlehem_Beru@mcpsmd.org>
Sent: Tuesday, September 22, 2020 11:15 PM
To: Conolly, Christina N <Christina_N_Conolly@mcpsmd.org>
Cc: Palmer, Michelle L <Michelle_Palmer@mcpsmd.org>; Crews, Karen D <Karen_D_Crews@mcpsmd.org>; Frost, Frances M <Frances_M_Frost@mcpsmd.org>; Reuben, Ruschelle <Ruschelle_Reuben@mcpsmd.org>
Subject: Re: Taped psychoeducational lesson

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<https://drive.google.com/file/d/1iAhxur6On7ZGBozoBULFLzt-Kt6sFpd/view>

	<p>Teacher Tips for SEL on Covid 19/ Social Justice.webm drive.google.com</p>
-----------------------------------------------------------------------------------	-------------------------------------------------------------------------------------------------------------------------------

We also shared the lesson with our families via our Principals Paw Print Newsletter.

And we have arranged for school counselors to be available for a check and connect after this lesson. We wanted to be sure we were available for any follow up support students may need.

I hope this information is helpful for other families and colleagues. Please let me know if you need anything else.

Thank you for all you do,

Bethlehem Beru, M.S
Resource Counselor

NJHS Advisor

Briggs Chaney Middle School

www.briggschaneycounseling.com

Counseling Zoom Drop In

Mon/Tues/Thurs./Fri

8:15am-9am &

2:45pm-3:15pm

[Virtual Office Zoom Link](#)

From: [Conolly, Christina N](#)
To: [Reuben, Ruschelle](#)
Subject: Re: Three Spots to change in Psychoeducational Lessons
Date: Friday, September 18, 2020 4:44:23 PM

[REDACTED]

Christina

Dr. Christina Conolly, NCSP
Director, Division of Psychological Services
Montgomery County Public Schools

Chairperson, School Safety and Crisis Response
National Association of School Psychologists
Sent from my iPhone

On Sep 18, 2020, at 7:52 AM, Reuben, Ruschelle
<Ruschelle_Reuben@mcpsmd.org> wrote:

[REDACTED]

[REDACTED]

Ruschelle S. Reuben
Associate Superintendent
Office of Student and Family Support and Engagement
Sent from my iPhone

Begin forwarded message:

From: "Turner, Derek G" <Derek_G_Turner@mcpsmd.org>
Date: September 18, 2020 at 7:44:39 AM EDT
To: "Reuben, Ruschelle" <Ruschelle_Reuben@mcpsmd.org>
Subject: Re: Three Spots to change in Psychoeducational Lessons

[REDACTED]

[REDACTED]

[REDACTED]
[REDACTED]

[REDACTED]

[REDACTED]

Derek

From: Ruschelle Reuben <Ruschelle_Reuben@mcpsmd.org>
Date: Friday, September 18, 2020 at 7:29 AM
To: "Turner, Derek G" <Derek_G_Turner@mcpsmd.org>
Subject: Re: Three Spots to change in Psychoeducational Lessons

[REDACTED]
[REDACTED]
[REDACTED]

Ruschelle S. Reuben
Associate Superintendent
Office of Student and Family Support and Engagement
Sent from my iPhone

From: [Onijala, Gboyinde](#)
To: [Reuben, Ruschelle](#)
Subject: RE: Updates to lessons
Date: Friday, September 18, 2020 10:52:33 AM

Awesome, thanks!! Happy Friday 😊

Gboyinde Onijala

SUPERVISOR

DEPARTMENT OF COMMUNICATIONS

MONTGOMERY COUNTY PUBLIC SCHOOLS

240-740-2837 (PIO) | 240-620-8691 (MOBILE)

WWW.MONTGOMERYSCHOOLSMD.ORG | WWW.MCPSTV.ORG | [@MCPS](#)

From: Reuben, Ruschelle <Ruschelle_Reuben@mcpsmd.org>
Sent: Friday, September 18, 2020 10:46 AM
To: Onijala, Gboyinde <Gboyinde_Onijala@mcpsmd.org>; Turner, Derek G <Derek_G_Turner@mcpsmd.org>; Ahn, Natalia M <Natalia_M_Ahn@mcpsmd.org>
Subject: Re: Updates to lessons

[REDACTED]

Ruschelle S. Reuben
Associate Superintendent
Office of Student and Family Support and Engagement

From: Onijala, Gboyinde <Gboyinde_Onijala@mcpsmd.org>
Sent: Friday, September 18, 2020 10:42 AM
To: Turner, Derek G <Derek_G_Turner@mcpsmd.org>; Ahn, Natalia M <Natalia_M_Ahn@mcpsmd.org>
Cc: Reuben, Ruschelle <Ruschelle_Reuben@mcpsmd.org>
Subject: Updates to lessons

[REDACTED]

[REDACTED]

[REDACTED]

Gboyinde Onijala

SUPERVISOR

DEPARTMENT OF COMMUNICATIONS

MONTGOMERY COUNTY PUBLIC SCHOOLS

240-740-2837 (PIO) | 240-620-8691 (MOBILE)

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From: [Frost, Frances M](#)
To: [Reuben, Ruschelle](#)
Cc: [Conolly, Christina N](#); [Crews, Karen D](#); [Davis, Everett M](#); [Neff, Steve](#)
Subject: Response to Parents re: psychoed lessons
Date: Tuesday, September 22, 2020 11:21:14 AM

[Redacted]

[Redacted]

[Redacted]

[Redacted]

Frances Frost

Assistant to Associate Superintendent

Office of Teaching, Learning & Schools – Student and Family Support and Engagement

From: [Yorro, Felicia M](#) on behalf of [Turner, Derek G](#)
To: [Onijala, Gboyinde](#); [Ahn, Natalia M](#); [Wilson, Janet S](#); [Dyson, Cheryl L](#); [Koutsos, James P](#); [Morris, Diane D](#); [Hazel, Niki T](#); [Reuben, Ruschelle](#); [Boddy, Troy](#)
Subject: SEL and Psychoeducational Lesson Messaging

[REDACTED]

[REDACTED]

[REDACTED]

From: [Wilson, Janet S](#)
To: [Principals Mail List - Spec-Alt](#); [Principals Mail List - All](#)
Cc: [ExecStaffDist](#); [Admin Secretary - HS](#); [Admin Secretary - MS](#); [Admin Secretary - ES](#); [Admin Secretary - OSSI](#); [Admin Secretary - ExecStaff](#); [Admin Secretary - Spec-Alt Prog](#); [Directors - All](#); [Supervisors - All](#); [Steele, Sharron](#); [Gray, Stacy E](#); [LaBatt, Arronza M](#); [Christine Handy](#); [Dardarian, Anne M - MCAAP](#)
Subject: September 29, 2020 COVID-19 Update
Date: Tuesday, September 29, 2020 12:59:52 PM



Dear Principals,

The updates include an update to the student well-being and psychoeducational lesson timeline and curriculum updates.

Student Well-Being Team and Psychoeducational Lesson Update

- With an understanding of the multiple requests for information to each of the schools, we are extending the deadline for two responsibilities. The organizational materials that were requested to be submitted for the student well-being teams (previous deadline, September 25, 2020) and the implementation of the psychoeducational lessons has been moved to the last day of the first quarter ([November 9, 2020](#)).
- This will allow for those schools that are in need of additional support and resources to receive coaching and training for their staff.
- In addition, a systemic data collection impact tool is being developed in order for the work of the Student Well Being Teams to be captured in a way that allows for system wide and school-based analysis and reporting. This will enhance the student tracking tool that was provided in the August 26, 2020 one-pager that discussed the psychoeducational lessons and the student well-being teams.

Action Items

- Submit the organizational materials for the student well-being teams no later than [November 9, 2020](#).
- Implement the psychoeducational lessons no later than [November 9, 2020](#).
- Please share these additional resources that can be found in the link below to support the teams and the lessons. 


Curriculum Updates:

Elementary *(linked below)*

[Elementary ESOL Updates for Week of 9/28/20](#)

Secondary *(linked below)*

ESOL [updates](#)

[Secondary Social Studies Updates](#)

[K-12 ESOL Accountability Updates for Week of 9/28/20](#)

Update from Montgomery County Public Libraries

Click [here](#) for messages from Montgomery County Public Libraries (MCPL) concerning their services to support instruction, as well as important information finalizing the MCPL Summer Read and Learn program. Please ask your library media specialist to disseminate the information appropriately during their library instruction or through their public facing, online presence.

OTLS Office Hours

Different from previous office hours, this Friday the OTLS team will not be answering questions on current work, rather seeking your thoughts and ideas for future work. This week's office hours will focus on **initial feedback & design considerations for small groups of students to return to in building learning experiences**. Office hours will provide an opportunity to engage in an exchange of ideas around the metrics that would be used to:

- Identify & recommend student groups to prioritize for in building learning opportunities
- Recommend schedule and instructional approaches for small groups in schools (full schedule or support).

As always, office hours are open for you to bring any member of your administrative team and teacher leader team who have an interest and involvement in the topics being shared.

- Secondary Office Hours: 11:15 am
- Elementary Office Hours: 12:30 pm

Zoom Links to access office hours

[Redacted Zoom links]

Elementary Schools, GT Liaisons Professional Learning:

The annual principal memorandum will be sent on Thursday, October 1, 2020. Session 1 of the GT Liaison asynchronous professional development sessions will be published on Canvas the week of October 5, 2020. Participants may access the course by enrolling in <https://mcpsmd.instructure.com/enroll/KBRKEC>.

Here's the notification for Dr. Wilson's daily update regarding Zoom recordings.

https://docs.google.com/document/d/1ltbqz_R2yvNHaolXDcjPbOslpkX7SnzqLZL8XdZrzvg/edit

Sincerely,
Janet

Janet S. Wilson, Ph.D.
Chief of Teaching, Learning and Schools
Montgomery County Public Schools
850 Hungerford Road
Rockville, Maryland 20850
240-740-3100

From: [Conolly, Christina N](#)
To: [Reuben, Ruschelle](#); [Lowndes, Kevin E](#); [Wilson, Janet S](#)
Cc: [Cao, Lindsay](#); [Palmer, Michelle L](#); [Crews, Karen D](#)
Subject: UPDATED SEL Re-Entry Training
Date: Friday, January 29, 2021 3:36:38 PM

MCPS Professional Development Opportunities										
Semester 2										
Title of Professional Learning	Level	Department	Type (asynchronous or synchronous)	Pay (Tier 1, 2 or Voluntary)	Recommended Audience	Training Dates	Course #	Contact Person	PD Hours (if applicable)	Notes
Example PD	Primary	CIP	Asynchronous	Tier 2	Teachers, Special Educators, Paraeducators	11/9/2020 - 1/29/2021	89435	Jane Doe	2	Access to PD can be found at this link:
Techniques to Rebuild Your Classroom: Navigating Our New Normal with Compassion and Increased Understanding of Staff and Student Behaviors	All	Michelle & Lindsay/SFSE	Synchronous then Asynchronous	Tier 1	all	TBD		Michelle Palmer/Lindsay Cao	1	
Student Mental Health: Knowing when to refer for help	All	Michelle & Lindsay/SFSE	Synchronous then Asynchronous	Tier 1	Teachers, Special Educators, Paraeducators, counselors, social workers, psychologists, ETC's, PCC, PPW's, administrators	TBD	89836	Michelle Palmer/Lindsay Cao		
Social Emotional Learning with a Focus on Leadership	All	Michelle & Lindsay/SFSE	Synchronous	Tier 1	Administrators	TBD	123303	Michelle Palmer/Lindsay Cao	1	
Implementing the Return to School Psychoeducational Lesson	All	Michelle & Lindsay/SFSE	Synchronous then Asynchronous	Tier 1	Teachers, Special Educators, Paraeducators, counselors, social workers, psychologists, ETC's, PCC, PPW's, administrators	2/1/21-2/28/21	89835	Michelle Palmer/Lindsay Cao	1	

Christina

Dr. Christina N. Conolly, NCSP
 Director
 Division of Psychological Services

240-740-5640

#BeWell365

From: [Onijala, Gboyinde](#)
To: [Turner, Derek G](#); [Ahn, Natalia M](#)
Cc: [Reuben, Ruschelle](#)
Subject: Updates to lessons
Date: Friday, September 18, 2020 10:42:57 AM



Gboyinde Onijala

SUPERVISOR

DEPARTMENT OF COMMUNICATIONS

MONTGOMERY COUNTY PUBLIC SCHOOLS

240-740-2837 (PIO) | 240-620-8691 (MOBILE)

WWW.MONTGOMERYSCHOOLSMD.ORG | WWW.MCPSTV.ORG | [@MCPS](#)

From: [Christina Conolly \(via Google Docs\)](#) on behalf of [Christina Conolly \(via Google Docs\) <drive-shares-noreply@google.com>](#)
To: elizabeth.a.rathbone@mcpsmd.net
Cc: ada.v.mirandamorales@mcpsmd.net; deirdre.l.corkran@mcpsmd.net; frances.m.frost@mcpsmd.net; michelle.palmer@mcpsmd.net; ruschelle.reuben@mcpsmd.net
Subject: [EXTERNAL] Psychoeducational Lesson Update 10-22-20 - Invitation to edit
Date: Wednesday, October 21, 2020 5:16:56 PM

christina.n.conolly@mcpsmd.net has invited you to **edit** the following document:



[Psychoeducational Lesson Update 10-22-20](#)

[Open in Docs](#)

Google Docs: Create and edit documents online.

Google LLC, 1600 Amphitheatre Parkway, Mountain View, CA 94043, USA

You have received this email because christina.n.conolly@mcpsmd.net shared a document with you from Google Docs.



From: Panarella, Elizabeth G on behalf of Panarella, Elizabeth G <Elizabeth_G_Panarella@mcpsmd.org>
To: Adams, Desiree C; Adams, Seth P; Addison, Kecia L; Alexander, Siobhan M; Austin, Nancy (Budget); Avent, Carlton; Barkley, Khadija F; Barnett, Michael D; Bartee, Gary B; Beaubien, Brian H; Bell, Gregory; Bell, Teri A; Bercaw, Marie C; Bergstresser, Mary J; Berlinger, Sheila J; Blaney, Donna M; Bloetner, Sonja M; Boddy, Troy; Boden, Steven D; Bohorquez, Margarita I; Booth, Carrie D; Breiterman, Regina P; Brunson, Melissa A; Campbell, Tamitha E; Caplon, Maria R; Cardenas, Juan M; Caroscio, Victor B; Chang-Baxter, Elaine L; Chen, Susan B.; Cherry, Shella B; Chesney, F. Grace; Chia, David T; Christman, Andrea L; Clarke, Edward A; Collins, Deann M; Conolly, Christina N; Crews, Karen D; Cropp, Amy S; Crouse, Casey B; Da Silva, Valeria B; Danco, Karen E; Davis, Everett M; Dawson, Eugenia S; Dean, Kurshanna J; DeFosse, Pamela A; Deitisakdi, Pete; Dempsey, Mary - Appeals/Transfer Team; Dougherty, Rebecca A; Dublinske, Heather L; Dwver, Karen E; Dyson, Cheryl L; Edmundson, Greg; Edwards, Dana E; Ehsassi, Marvam; Ennis, Jane; Ferrell, Brandon A; Fischel, Faith K; Floyd, Genevieve L; Foster, Tracy; Franklin, Jeannie H; Frost, Frances M; Garcia-Abianque, Carolina Z - Staffing; Gaudino, Margaret B; Geness, Simone A; Gomez, Dyan K; Goodson, Tiffanvann L; Grant, Cara D; Hackett, Tracee N; Hall, Julie S; Hammond, Daniel W; Harral, Barbara W; Hiltbrand, Nancy T; Hoffman, Joanne C; Hollis, Doug; Hughes, Scott M; Jenkins, Laurie C; Johnstone, Richard C; Jones, Donna Redmond; Jones, Maggie A; Karamihas, Adrienne L; Klausung, Thomas P; Koppitsky, Stacey A; Krotchko, Hollis H; LaBatt, Arronza M; Landesman, John S; Langley, Leon; Lee, Jeanette; Lewis, Brenda; Lightsey, Jaclynn M; Lipsky, Dick; Lucas, Nancy A; Lynch, Philip A; Mangrum, Lauren A; Marcus, Kenneth L; Marshall, John C; McCarron, Susan H; McCrea, Erika L; McGee, Chuck; McGee, Sean P; McGoldrick, Matt R; McGrath, William; McGuire, Essie; McKinnon, Tia D; McLane, Angela M; Modak, Anand R; Modarresi, Shahpar; Moore, George R; Moran, Peter O; Moreno, Rhonda C; Morrow, Adrienne L; Morrow, Melissa K; Moua, Shoua F; Murphy, Katherine A; Murphy, Scott W; Musy, Teri L; Navarro, Maria V; Neff, Steve; Nehring, Pamela R; Owens, Nichelle D; Palmer, Michelle L; Pegram, Tory (Amy); Penix, Rick S; Posner, Sandi I; Putman, Christina D; Rathbone, Elizabeth A; Reilly, Robert; Rogers, Latrice D; Rogovoy, Elizabeth M; Rumpf, Randy J; Russell, Susan P; Sampson, Tamisha L; Schultze, Michelle E; Secan, Kristin M; Shah, Darshini; Shinn, Cathrine E; Simmons, Michael O; Sirgo, Sarah E; Smith, Claudette B; Stanislaus, Yolanda; Steele, Sharron; Sullivan, Jeffrey K; Swimpson, Inger H; Tallur, Krishnanda A; Tarasuk, Maria L; Trenkamp, Kara; Vandenplas, Francoise; Wallace, Royce A; Wang, Helen Y; Washington, Verna L; Watkins, Todd M; Webster, Jennifer L; Williams, Stephanie P; Wilson, Eric A; Winfrey Edwards, Tracy Y; Yang, Kathy; Yang, Khanny; Zarate, Lynne; Zureick, Nasser
Cc: Harris, Darlene M
Subject: August 26, 2020 COVID-19 Update
Date: Wednesday, August 26, 2020 8:14:00 AM

This is being sent on behalf of Darlene M. Harris:

Happy Hump Day!

Thanks, liz

From: Wilson, Janet S
Sent: Wednesday, August 26, 2020 7:28 AM
To: Principals Mail List - All <PrincipalsMailList-All@mcpsmd.org>; Principals Mail List - Spec-Alt <PrincipalsMailList-Spec-Alt@mcpsmd.org>
Cc: ExecStaffDist <ExecStaffDist@mcpsmd.org>; Admin Secretary - ExecStaff <AdminSecretary-ExecStaff@mcpsmd.org>; Admin Secretary - HS <AdminSecretary-HS@mcpsmd.org>; Admin Secretary - MS <AdminSecretary-MS@mcpsmd.org>; Admin Secretary - ES <AdminSecretary-ES@mcpsmd.org>; Admin Secretary - OSSI <AdminSecretary-OSSI@mcpsmd.org>; Directors - All <DirectorsAll@mcpsmd.org>; Supervisors - All <SupervisorsAll@mcpsmd.org>; LaBatt, Arronza M <Arronza_M_LaBatt@mcpsmd.org>; Gray, Stacy E <Stacy_E_Gray@mcpsmd.org>; Steele, Sharron <Sharron_Steele@mcpsmd.org>; Dardarian, Anne M - MCAAP <adardarian@mcaapmd.org>; Christine Handy <Chandy@mcaapmd.org>
Subject: August 26, 2020 COVID-19 Update

Dear Principals,

Today's update contains a number of important items specific to protective orders, ESOL Accountability (updated from yesterday), Be Well Recovery lessons, professional development, and technology updates. Last night, you received notice that the MCPS Recovery of Education Virtual Plan for the Fall was approved by the Board of Education. As the next days and weeks unfold, collectively, we embark upon what we have never before been challenged to do. We are up to that challenge and as a learning organization, we will all learn together. As was stated many times in the Board of Education meeting – this is not a perfect plan. We know that the State Board will be weighing in on the idea of setting uniform expectations across districts and our plan may need to be adjusted in response to information intended to be made available on September 1, 2020. In the meantime, MCPS will continue to gather feedback from all stakeholders over the coming weeks and months with every intention of providing for continuous improvement to our virtual teaching and learning plan. It is with deepest gratitude, I express my thank you to the recipients of these updates, the design teams, and all of the stakeholders who have contributed their thoughts and ideas along the way. There is so much more to do and it is critically important that in all things related to the execution of this plan on behalf of our 166,000 students, their families and our school communities, we do so with the utmost care and compassion.

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-
Guidance to schools regarding parental/custodial protective orders

Schools should consult with the Office of the General Counsel and/or Student Welfare and Compliance regarding questions

about parent/custodial requests for access to school and potential Zoom events (ie. Back-to-School Night, etc.) during these times of virtual school. Non-custodial parents who request Zoom login information should **not** be granted connection information. (This could result in parents logging in to classrooms/school events and “listening in” even though they do not have visitation or contact rights. Additionally, parents should not login to Zoom classrooms and observe class when the child is not with them. If teachers note a parent logging in separately from their student, they should notify their principal who can seek support from OGC or Compliance as needed.

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ESOL Accountability- Updated

This [link](#) is for the ESOL Accountability and Compliance Updates for the week of August, 24, 2020. These updates are for Administrators K-12, ESOL teachers K-12, Resource Teachers & Content Specialists grades 6-12, or anyone who is responsible for ESOL Accountability Tasks in your building. **The information for the Virtual EL Identification has been updated.** If you have questions about the information in this update, please email Leslie Chavis, ESOL Achievement Specialists, and copy Tamisha L. Sampson, K-12 ESOL Accountability Supervisor.

Be Well Recovery Student Psychoeducational Lessons and Student Well-Being Teams- ACTION

As we start the school year, all schools will continue to implement the student well-being teams that started this past spring. The teams will be there to support students and their families that are struggling with attendance and social-emotional concerns. To support students at the start of the year, all schools will be required to implement a student psychoeducational lesson during one of the school’s mandatory Social-Emotional Learning (SEL) block before September 18, 2020. This lesson will provide students crisis facts about the dual pandemic (COVID-19 and systemic racism) that is occurring around the country and here in Montgomery County. It will also provide information on common crisis feelings/reactions, stress management strategies, and where to find help. Teachers will implement these lessons with coaching from the building counselors, psychologists, and other school-based mental health staff. There is also a referral form that building staff can complete if they have any concerns about student attendance and social-emotional well-being. The referral will go to the student well-being teams. Information about the student psychoeducational lessons, the referral form, and additional information can be found in this [one-pager](#). Additional information about the mandatory SEL lessons for each school will be sent in a separate message.

-

Professional Development Opportunities Open to Staff:

As part of its recovery plan, MCPS has developed a [website for staff, students and families](#) that highlights ongoing professional learning opportunities for the virtual opening of schools.

For staff, training opportunities are focused around these key areas:

- Technology
- Curriculum, Instruction and Assessment
- Pedagogy
- Social-Emotional Well-Being and Coaching for Engagement/Success
- Accessibility Tools for Instruction and Home
- Equity
- Health and Safety
- Onboarding, Induction, Mentoring, Communication and Collaboration

The professional learning opportunities are grounded in equity and social-emotional learning to ensure that equitable environments are established in the virtual and traditional learning spaces. Professional learning opportunities will be updated throughout the year, so please check back frequently. If you are interested in Continuing Professional Development (CPD) courses for the fall semester (Fiscal Year 2021), register through the [Professional Development Online \(PDO\)](#) system. The fall semester runs from October 2020 through January 2021.

Office of Technology Innovation:

ParentVUE Support for Parents

- If families did not receive an email with ParentVUE activation information, they can call 240-740-7020 or email communitytechsupport@mcpsmd.org
- If parents can only see some children but not all, please complete this form and we will merge accounts: <https://docs.google.com/forms/d/e/1FAIpQLSc3RJam5Fl3jdbxhxmSstrSLB-ybJ3Gwp4sB8dPAwqj1VjmzNg/viewform>

Taking Attendance in Synergy TeacherVUE

Here is a quick screencast on how teachers can use Zoom reports to take attendance in Synergy TeacherVUE:

<https://youtu.be/J3Kt14UPIsk>

Principal Webinar Rooms

All secondary principals should have a webinar room assigned to them in Zoom. You should see it listed in your Zoom account. When setting up your meeting, if you want parents to join your webinar, be sure to uncheck “Authenticated Users Only” to allow non-MCPS participants. Elementary principals will have Zoom webinar rooms by the end of this week. Directions for running a webinar:

https://docs.google.com/document/d/1v8qUyK4TtbDxD305oL6RRkZT_WTkGkmG82eDf4HV-H8/edit?usp=sharing

Password Reports

Both password reports are updated and can be used to provide logins and passwords to students. All families were sent a ConnectEd email early Monday morning with login information as well.

- Student Password (Students Assigned to School Location)

[REDACTED]

- Student Password (Students Assigned to Homeroom):

[REDACTED]

Verifying Parent Submissions for ParentVUE Annual Verification

Parents are starting to activate their ParentVUE accounts and submit updates to their information. This is a similar process to what they did in PowerSchool with updating emergency cards. Here are directions for how secretaries and other school staff can review these updates, make edits, and approve the updates:

<https://docs.google.com/document/d/1cysoQXFXYHDHlgiXwEgZgBG37CJQ7O5HcoZutNDyCTM/edit#heading=h.4noosnpaxqe>

Here is the link to the complete guide for parent submission of online registration and verification:

<https://docs.google.com/document/d/1cysoQXFXYHDHlgiXwEgZgBG37CJQ7O5HcoZutNDyCTM/edit#heading=h.4noosnpaxqe>

Posting a Zoom Recording in myMCPS Classroom

Here are two short screencasts for how to post a Zoom recording in myMCPS Classroom:

- Posting Zoom Cloud Recording Links in Canvas Announcements: <https://youtu.be/zmx4xfTaFBO>
- How to Download Zoom Recordings and Upload Into myMCPS Classroom on a Chromebook: <https://youtu.be/z2tEmzTejKo>

Running ParentVUE Activation Letters

ParentVUE activation emails and letters were sent centrally starting over the weekend. If parents need another letter with the activation code, anyone with SIS access can look up this information. Directions for accessing ParentVUE information are here: https://docs.google.com/document/d/1TLP_olcPHmH4dbUkZyJxMSKtPQh-sPBn7eoPHrcZJjc/edit?usp=sharing

Syncing in myMCPS Classroom

All courses, including homerooms, advisories, counselors, and team should be syncing in myMCPS Classroom. These should show up by end of day today or early tomorrow.

Parent Webinar Series

More dates and times have been added to the webinar series for parents. Sessions with translators have also been added. Check out the updated flyer and visit the MCPS website for updates and links to resources.

- Flyer: https://docs.google.com/document/d/1S7qQJcm_zk4yQUtRPPZY7uoo16govBitrtMUPHljava/edit?usp=sharing
- Website: <https://www.montgomeryschoolsmd.org/parents/>

Running List of Principal Technology Updates

A running list of technology updates can be found here:

[REDACTED]

Have a great day and stay well!

Sincerely,
Janet

Janet S. Wilson, Ph.D.
Chief of Teaching, Learning and Schools

Montgomery County Public Schools
850 Hungerford Road
Rockville, Maryland 20850
240-740-3100

From: [Miranda Morales, Ada V](#) on behalf of [Reuben, Ruschelle <Ruschelle_Reuben@mcpsmd.org>](#)
To: [Astor, Yael](#); [Barkley, Khadija F](#); [Barnet, Michael D](#); [Bell, Gregory](#); [Bohorquez, Margarita I](#); [Cao, Lindsay](#); [Conolly, Christina N](#); [Crews, Karen D](#); [Davis, Everett M](#); [Donald, Jeffrey G](#); [Frost, Frances M](#); [Iszard, Stephanie R](#); [Kelly, Sean P](#); [Lee, Alexis R](#); [Martin, Asashia Y](#); [Merino, Elizabeth J](#); [Musy, Teri L](#); [Neff, Steve](#); [Padilla, Norka M](#); [Palmer, Michelle L](#); [Perez, Anica M](#); [Rathbone, Elizabeth A](#); [Reuben, Ruschelle](#); [Scott, Tia R](#); [West, Sandra C](#); [Wilson-Saddler, Danielle D](#); [Arze, Beatriz](#); [Badolato, Shari M](#); [Chung, Mei L](#); [Corkran, Deirdre L](#); [Corratge, Ingrid C](#); [East, Patricia A](#); [Gonzalez, Jose A - Admin Secretary](#); [Kong, Yola R](#); [Menocal, Nelcys A](#); [Miranda Morales, Ada V](#); [Mourad, Benjamin G](#)
Cc: [Reuben, Ruschelle](#); [Miranda Morales, Ada V](#)
Subject: Board of Education Meeting - November 10, 2020 - Documents
Date: Wednesday, November 11, 2020 9:33:37 AM
Attachments: [Opening Schs Recovery Ed 201110 PPT.pdf](#)
[Tentative Action Policy IQD 201110 PPT.pdf](#)
[Reimagination of OHRD 201110 PPT.pdf](#)
[Reimagination of OHRD 201110.pdf](#)

This email message is sent on behalf of Ruschelle

Good morning SFSE staff,

The attached documents, shared at the BOE meeting held on November 10, 2020, are being sent to you for your information. Please share them appropriately with any SFSE staff members you supervise.

*Ruschelle S. Reuben
Associate Superintendent
Student and Family Support and Engagement
Office of Teaching Learning and Schools*

From: [Mourad, Benjamin G](#) on behalf of [Mourad, Benjamin G <Benjamin_G_Mourad@mcpsmd.org>](#)
To: [Rathbone, Elizabeth A](#)
Subject: Categorizing Trainings that took place this summer
Date: Tuesday, September 29, 2020 8:28:10 PM

Good Evening Elizabeth,

This list of trainings took place this summer and do not yet have a Be Well essential category.

Do you have a moment to categorize them?

Innovative Schools- Mindful Day Off	
ASCA work groups for School Counselors	
Mindfulness For Educators	
PBIS Tier I and Tier II Training/Summit	
Mandatory Virtual School Counseling Training (this training will be recorded)	
Anxiety : Evidence-Based Strategies and Interventions training for school counselors during the COVID pandemic	
Psychologist Professional Development Plans (PDPs)	
REQ: Restorative Justice Training on Restorative Circles, Mindfulness, & Other Restorative Practices	
School-based Critical Staff Member Training	
Counselors as Equity Literate Leaders	
Implementing Culturally Responsive PBIS	
2020 Mindfulness for Educators- Mindfulness Curriculum Training	
New Counselor/CCIC Naviance Training	
Psychoeducational Lesson Drop-In	
Psychological Services Professional Development Monthly Meeting	
MCPS Survival Kit for Virtual Education	

Thanks, and have an excellent day!

Benjamin Mourad
Intern
Student Well-Being and Achievement
Office of Student and Family Support & Engagement
240-740-4032

From: [Palmer, Michelle L](#) on behalf of [Palmer, Michelle L <Michelle_Palmer@mcpsmd.org>](#)
To: [Crews, Karen D](#); [Conolly, Christina N](#); [Neff, Steve](#); [Frost, Frances M](#)
Cc: [Rathbone, Elizabeth A](#)
Subject: draft Psychoeducational Lesson survey form
Date: Monday, September 21, 2020 4:47:01 PM
Importance: High

[REDACTED]

Best Regards,

Michelle

Michelle L. Palmer, Psy.S., NCSP
(pronouns: she/her/hers)
Coordinator, Division of Psychological Services (DPS)
Student and Family Support and Engagement (SFSE)
Montgomery County Public Schools (MCPS)
michelle_palmer@mcpsmd.org
Ph: 240-740-5640
FAX: 301-279-3207

#BeWell365
#BeHealthyBeKindBeYou
#BecauseUMatter

From: [Conolly, Christina N](#) on behalf of [Conolly, Christina N <Christina_N_Conolly@mcpsmd.org>](#)
To: [Batten, Kimberly M](#); [Barnet, Michael D](#); [Astor, Yael](#); [Bostic, Joseph D](#); [Chesman, Jodi A](#); [Davis, Everett M](#); [Gordon, Susan S](#); [Grant, Cara D](#); [Hernandez, Edwin M](#); [Howard, Daryl C](#); [Jacobus, Allison G](#); [Landesman, John S](#); [Larach, Helaine](#); [Lester, Pamela](#); [MacDonald, Samantha C](#); [Martin, Asashia Y](#); [Neff, Steve](#); [Padilla, Norka M](#); [Palmer, Michelle L](#); [Price, Cheree K](#); [Williams Walker, Tonya L](#)
Cc: [Crews, Karen D](#); [Corkran, Deirdre L](#); [Frost, Frances M](#); [Reuben, Ruschelle](#); [Cao, Lindsay](#); [Lee, Alexis R](#); [Rathbone, Elizabeth A](#); [Merino, Elizabeth J](#)
Subject: FW: Leader in Me
Date: Wednesday, November 4, 2020 10:24:01 AM
Attachments: [image001.png](#)

[REDACTED]

[REDACTED]

Christina

Dr. Christina N. Conolly, NCSP
Director
Division of Psychological Services

240-740-5640



#BeWell365

From: [Panarella, Elizabeth G](#) on behalf of [Panarella, Elizabeth G <Elizabeth_G_Panarella@mcpsmd.org>](#)
To: [Adams, Desiree C](#); [Adams, Seth P](#); [Addison, Kecia L](#); [Alexander, Siobhan M](#); [Austin, Nancy \(Budget\)](#); [Avent, Carlton](#); [Barkley, Khadija F](#); [Barnet, Michael D](#); [Bartee, Gary B](#); [Beaubien, Brian H](#); [Bell, Gregory](#); [Bell, Teri A](#); [Bercaw, Marie C](#); [Bergstresser, Mary J](#); [Berlinger, Sheila J](#); [Blaney, Donna M](#); [Bloetner, Sonja M](#); [Boddy, Troy](#); [Boden, Steven D](#); [Bohorquez, Margarita I](#); [Booth, Carrie D](#); [Breiterman, Regina P](#); [Brunson, Melissa A](#); [Campbell, Tamitha E](#); [Caplon, Marla R](#); [Cardenas, Juan M](#); [Caroscio, Victor B](#); [Chang-Baxter, Elaine L](#); [Chen, Susan B](#); [Cherry, Shella B](#); [Chesney, E. Grace](#); [Chia, David T](#); [Christman, Andrea L](#); [Clarke, Edward A](#); [Collins, Deann M](#); [Conolly, Christina N](#); [Crews, Karen D](#); [Cropp, Amy S](#); [Crouse, Casey B](#); [Da Silva, Valeria B](#); [Danco, Karen E](#); [Davis, Everett M](#); [Dawson, Eugenia S](#); [Dean, Kurshanna J](#); [DeFosse, Pamela A](#); [Deitisakdi, Pete](#); [Dempsey, Mary - Appeals/Transfer Team](#); [Dougherty, Rebecca A](#); [Dublinske, Heather L](#); [Dwyer, Karen E](#); [Dyson, Cheryl L](#); [Edmundson, Greg](#); [Edwards, Dana E](#); [Ehsassi, Maryam](#); [Ennis, Jane](#); [Ferrell, Brandon A](#); [Fischel, Faith K](#); [Floyd, Genevieve L](#); [Floyd-cooper, Rotunda](#); [Foster, Tracy](#); [Franklin, Jeannie H](#); [Frost, Frances M](#); [Garcia-Ablanque, Carolina Z - Staffing](#); [Gaudino, Margaret B](#); [Geness, Simone A](#); [Gomez, Dyan K](#); [Goodson, Tiffanyann L](#); [Grant, Cara D](#); [Hackett, Tracee N](#); [Hall, Julie S](#); [Hammond, Daniel W](#); [Harral, Barbara W](#); [Hiltbrand, Nancy T](#); [Hoffman, Joanne C](#); [Hollis, Doug](#); [Hughes, Scott M](#); [Jenkins, Laurie C](#); [Johnstone, Richard C](#); [Jones, Donna Redmond](#); [Jones, Maggie A](#); [Karamihas, Adrienne L](#); [Klausing, Thomas P](#); [Kopnitsky, Stacey A](#); [Krotchko, Hollis H](#); [LaBatt, Arronza M](#); [Landesman, John S](#); [Langley, Leon](#); [Lee, Jeanette](#); [Lewis, Brenda](#); [Lightsey, Jaclynn M](#); [Lipsky, Dick](#); [Lucas, Nancy A](#); [Lynch, Philip A](#); [Mangrum, Lauren A](#); [Marcus, Kenneth L](#); [Marshall, John C](#); [McCarron, Susan H](#); [McCrea, Erika L](#); [McGee, Chuck](#); [McGee, Sean P](#); [McGoldrick, Matt R](#); [McGrath, William](#); [McGuire, Essie](#); [McKinnon, Tia D](#); [McLane, Angela M](#); [Modak, Anand R](#); [Modarresi, Shahpar](#); [Moore, George R](#); [Moran, Peter O](#); [Moreno, Rhonda C](#); [Morrow, Adrienne L](#); [Morrow, Melissa K](#); [Moua, Shoua F](#); [Murphy, Katherine A](#); [Murphy, Scott W](#); [Musy, Teri L](#); [Navarro, Maria V](#); [Neff, Steve](#); [Nehring, Pamela R](#); [Owens, Nichelle D](#); [Palmer, Michelle L](#); [Pegram, Tory \(Amy\)](#); [Penix, Rick S](#); [Posner, Sandi I](#); [Putman, Christina D](#); [Rathbone, Elizabeth A](#); [Reilly, Robert](#); [Rogers, Latrice D](#); [Rogovoy, Elizabeth M](#); [Rumpf, Randy J](#); [Russell, Susan P](#); [Sampson, Tamisha L](#); [Schultze, Michelle E](#); [Secan, Kristin M](#); [Shah, Darshini](#); [Shinn, Cathrine E](#); [Simmons, Michael E](#); [Sirgo, Sarah E](#); [Smith, Claudette R](#); [Sosik, Nicole A](#); [Stanislaus, Yolanda](#); [Steele, Sharron](#); [Sullivan, Jeffrey K](#); [Swimpson, Inger H](#); [Tallur, Krishnanda A](#); [Tarasuk, Maria L](#); [Trenkamp, Kara](#); [Vandenplas, Francoise](#); [Wallace, Royce A](#); [Wang, Helen Y](#); [Washington, Verna L](#); [Watkins, Todd M](#); [Webster, Jennifer L](#); [Williams, Stephanie P](#); [Wilson, Eric A](#); [Winfrey Edwards, Tracy Y](#); [Yang, Kathy](#); [Yang, Khanny](#); [Zarate, Lynne](#); [Zureick, Nasser](#)
Cc: [Harris, Darlene M](#)
Subject: FW: October 8, 2020 COVID-19 Update
Date: Thursday, October 8, 2020 8:36:29 AM

This is being sent on behalf of Darlene M. Harris:

Happy Friday Eve!!

Liz

From: Wilson, Janet S
Sent: Thursday, October 8, 2020 8:35 AM
To: Principals Mail List - All <PrincipalsMailList-All@mcpsmd.org>; Principals Mail List - Spec-Alt <PrincipalsMailList-Spec-Alt@mcpsmd.org>
Cc: ExecStaffDist <ExecStaffDist@mcpsmd.org>; Admin Secretary - HS <AdminSecretary-HS@mcpsmd.org>; Admin Secretary - MS <AdminSecretary-MS@mcpsmd.org>; Admin Secretary - ES <AdminSecretary-ES@mcpsmd.org>; Admin Secretary - ExecStaff <AdminSecretary-ExecStaff@mcpsmd.org>; Admin Secretary - OSSI <AdminSecretary-OSSI@mcpsmd.org>; Admin Secretary - Spec-Alt Prog <AdminSecretary-Spec-AltProg@mcpsmd.org>; Christine Handy <Chandy@mcaapmd.org>; Dardarian, Anne M - MCAAP <adardarian@mcaapmd.org>; Supervisors - All <SupervisorsAll@mcpsmd.org>; Directors - All <DirectorsAll@mcpsmd.org>; Steele, Sharron <Sharron_Steele@mcpsmd.org>; Gray, Stacy E <Stacy_E_Gray@mcpsmd.org>; LaBatt, Arronza M <Arronza_M_LaBatt@mcpsmd.org>
Subject: October 8, 2020 COVID-19 Update

Dear Principals,

Today's update contains information regarding psychoeducational lessons and curriculum updates. Have a great day!

Psychoeducational Lessons – Drop-In Support:

All schools have been provided student psychoeducational lessons to deliver to all students prior to the end of the first quarter, November 9, 2020 (note this date has been extended from the original September date.) We have received messages from administrators and staff that those unfamiliar with psychoeducational lessons and/or uncomfortable with discussing the content and/or mental health with students would like additional support in implementing these lessons. A team of school-based and district office staff will be providing informal drop-in sessions on the following dates to provide this additional technical and professional background support to any staff or administrators.

Wednesday, October 14; Wednesday, October 21

1. 2:30 - 3:30 p.m. Psychoeducational lessons overview - [REDACTED]
2. 3:30 - 4:00 p.m. Psychoeducational lessons implementation - [REDACTED]
[REDACTED]

In anticipation of lessons related to the national elections from Curriculum and Instruction, an implementation session will also be held on Wednesday, October 28. More details will be provided.

Actions

1. Staff may join the sessions using the links provided above. Questions should be submitted ahead of the sessions using this online form: [Questions - Psychoeducational Lesson](#).
2. We look forward to supporting all school-based staff in understanding the purpose and design of the psychoeducational lessons so that we can best support our students mental health during this crucial, and for some, confusing, time.
3. Please contact Christina Conolly, Director, School Psychology, or Frances Frost, Assistant to Associate Superintendent, Student and Family Support and Engagement, with any questions. Thank you.

Curriculum Updates:

Elementary *(linked below)*

[ELA Elementary Updates](#)

Library/Media [Elementary](#) (includes information on Coding Courses Uploaded to Canvas Commons, Social Justice Book club for grades 4-8, virtual office hours, and Destiny Drop in Support Session)

Secondary *(linked below)*

Library/Media [Secondary](#) (includes information on Social Justice Book club for grades 4-8, virtual office hours, and Destiny Drop in Support Session)

Elementary/Middle/High School *(linked below)*

Fine Arts [here](#)

OTLS Office Hours (Friday, October 9, 2020)

This week we will have an opportunity to hear from our partners in the Office of Technology Innovation (OTI) to share information about the implementation of local school standard Canvas views at schools. They will also share updates and answer questions around the real time questions school based staff are asking about technology tools, platforms, and protocols. As always, office hours are open for you to bring any member of your administrative team and teacher leader team who have an interest and involvement in the topics being shared.

- Secondary Office Hours: 11:15 am
- Elementary Office Hours: 2:30 pm

****NOTE**This is a week with an adjusted time for elementary due to the EPAT meeting**

Zoom Links to access office hours

Please click the link below to join the webinar:



Sincerely,
Janet

Janet S. Wilson, Ph.D.
Chief of Teaching, Learning and Schools
Montgomery County Public Schools
850 Hungerford Road
Rockville, Maryland 20850
240-740-3100

From: [Frost, Frances M](#) on behalf of [Frost, Frances M <Frances_M_Frost@mcpsmd.org>](#)
To: [Neff, Steve](#); [Rathbone, Elizabeth A](#)
Subject: FW: PPT for SWBT
Date: Thursday, November 19, 2020 4:07:26 PM
Attachments: [REDACTED]

[REDACTED]
[REDACTED]
[REDACTED]
[REDACTED]

Frances Frost
Assistant to Associate Superintendent
Office of Teaching, Learning & Schools – Student and Family Support and Engagement



From: Rathbone, Elizabeth A <Elizabeth_A_Rathbone@mcpsmd.org>
Sent: Thursday, November 19, 2020 2:57 PM
To: Frost, Frances M <Frances_M_Frost@mcpsmd.org>
Subject: PPT

[REDACTED]
[REDACTED]
[REDACTED]
[REDACTED]

Elizabeth

Dr. Elizabeth A. Rathbone, NCSP
Coordinator, Student Health and Wellness

From: [Panarella, Elizabeth G](#) on behalf of [Panarella, Elizabeth G <Elizabeth_G_Panarella@mcpsmd.org>](#)
To: [Adams, Desiree C](#); [Adams, Seth P](#); [Addison, Kecia L](#); [Alexander, Siobhan M](#); [Austin, Nancy \(Budget\)](#); [Avent, Carlton](#); [Barkley, Khadija F](#); [Barnet, Michael D](#); [Bartee, Gary B](#); [Beaubien, Brian H](#); [Bell, Gregory](#); [Bell, Teri A](#); [Bercaw, Marie C](#); [Bergstresser, Mary J](#); [Berlinger, Sheila J](#); [Blaney, Donna M](#); [Bloetner, Sonja M](#); [Boddy, Troy](#); [Boden, Steven D](#); [Bohorquez, Margarita J](#); [Booth, Carrie D](#); [Breiterman, Regina P](#); [Brunson, Melissa A](#); [Campbell, Tamitha E](#); [Caplon, Marla R](#); [Cardenas, Juan M](#); [Caroscio, Victor B](#); [Chang-Baxter, Elaine L](#); [Chen, Susan B](#); [Cherry, Shella B](#); [Chesney, E. Grace](#); [Chia, David T](#); [Christman, Andrea L](#); [Clarke, Edward A](#); [Collins, Deann M](#); [Conolly, Christina N](#); [Crews, Karen D](#); [Cropp, Amy S](#); [Crouse, Casey B](#); [Da Silva, Valeria B](#); [Danco, Karen E](#); [Davis, Everett M](#); [Dawson, Eugenia S](#); [Dean, Kurshanna J](#); [DeFosse, Pamela A](#); [Deitisakdi, Pete](#); [Dempsey, Mary - Appeals/Transfer Team](#); [Dougherty, Rebecca A](#); [Dublinske, Heather L](#); [Dwyer, Karen E](#); [Dyson, Cheryl L](#); [Edmundson, Greg](#); [Edwards, Dana E](#); [Ehsassi, Maryam](#); [Ennis, Jane](#); [Ferrell, Brandon A](#); [Fischel, Faith K](#); [Floyd, Genevieve L](#); [Foster, Tracy](#); [Franklin, Jeannie H](#); [Frost, Frances M](#); [Garcia-Ablanque, Carolina Z - Staffing](#); [Gaudino, Margaret B](#); [Geness, Simone A](#); [Gomez, Dyan K](#); [Goodson, Tiffanyann L](#); [Grant, Cara D](#); [Hackett, Tracee N](#); [Hall, Julie S](#); [Hammond, Daniel W](#); [Harral, Barbara W](#); [Hiltbrand, Nancy T](#); [Hoffman, Joanne C](#); [Hollis, Doug](#); [Hughes, Scott M](#); [Jenkins, Laurie C](#); [Johnstone, Richard C](#); [Jones, Donna Redmond](#); [Jones, Maggie A](#); [Karamihas, Adrienne L](#); [Klausing, Thomas P](#); [Kopnitsky, Stacey A](#); [Krotchko, Hollis H](#); [LaBatt, Arronza M](#); [Landesman, John S](#); [Landesman, John S](#); [Langley, Leon](#); [Lee, Jeanette](#); [Lewis, Brenda](#); [Lightsey, Jaclynn M](#); [Lipsky, Dick](#); [Lucas, Nancy A](#); [Lynch, Philip A](#); [Mangrum, Lauren A](#); [Marcus, Kenneth L](#); [Marshall, John C](#); [McCarron, Susan H](#); [Mccrea, Erika L](#); [McGee, Chuck](#); [McGee, Sean P](#); [McGoldrick, Matt R](#); [McGrath, William](#); [McGuire, Essie](#); [McKinnon, Tia D](#); [McLane, Angela M](#); [Modak, Anand R](#); [Modarresi, Shahpar](#); [Moore, George R](#); [Moran, Peter O](#); [Moreno, Rhonda C](#); [Morrow, Adrienne L](#); [Morrow, Melissa K](#); [Moua, Shoua F](#); [Murphy, Katherine A](#); [Murphy, Scott W](#); [Musy, Teri L](#); [Navarro, Maria V](#); [Neff, Steve](#); [Nehring, Pamela R](#); [Owens, Nichelle D](#); [Palmer, Michelle L](#); [Pegram, Tory \(Amy\)](#); [Penix, Rick S](#); [Posner, Sandi J](#); [Putman, Christina D](#); [Rathbone, Elizabeth A](#); [Reilly, Robert](#); [Rogers, Latrice D](#); [Rogovoy, Elizabeth M](#); [Rumpf, Randy J](#); [Russell, Susan P](#); [Sampson, Tamisha L](#); [Schultze, Michelle E](#); [Secan, Kristin M](#); [Shah, Darshini](#); [Shinn, Cathrine E](#); [Simmons, Michael O](#); [Sirgo, Sarah E](#); [Smith, Claudette R](#); [Stanislaus, Yolanda](#); [Steele, Sharron](#); [Sullivan, Jeffrey K](#); [Swimpson, Inger H](#); [Tallur, Krishnanda A](#); [Tarasuk, Maria L](#); [Trenkamp, Kara](#); [Vandenplas, Françoise](#); [Wallace, Royce A](#); [Wang, Helen Y](#); [Washington, Verna L](#); [Watkins, Todd M](#); [Webster, Jennifer L](#); [Williams, Stephanie P](#); [Wilson, Eric A](#); [Winfrey Edwards, Tracy Y](#); [Yang, Kathy](#); [Yang, Khanny](#); [Zarate, Lynne](#); [Zureick, Nasser](#)
Cc: [Harris, Darlene M](#)
Subject: FW: September 29, 2020 COVID-19 Update
Date: Tuesday, September 29, 2020 1:04:04 PM

This is being sent on behalf of Darlene M. Harris:

Have a great Tuesday! Liz

From: Wilson, Janet S
Sent: Tuesday, September 29, 2020 12:59 PM
To: Principals Mail List - Spec-Alt <PrincipalsMailList-Spec-Alt@mcpsmd.org>; Principals Mail List - All <PrincipalsMailList-All@mcpsmd.org>
Cc: ExecStaffDist <ExecStaffDist@mcpsmd.org>; Admin Secretary - HS <AdminSecretary-HS@mcpsmd.org>; Admin Secretary - MS <AdminSecretary-MS@mcpsmd.org>; Admin Secretary - ES <AdminSecretary-ES@mcpsmd.org>; Admin Secretary - OSSI <AdminSecretary-OSSI@mcpsmd.org>; Admin Secretary - ExecStaff <AdminSecretary-ExecStaff@mcpsmd.org>; Admin Secretary - Spec-Alt Prog <AdminSecretary-Spec-AltProg@mcpsmd.org>; Directors - All <DirectorsAll@mcpsmd.org>; Supervisors - All <SupervisorsAll@mcpsmd.org>; Steele, Sharron <Sharron_Steele@mcpsmd.org>; Gray, Stacy E <Stacy_E_Gray@mcpsmd.org>; LaBatt, Arronza M <Arronza_M_LaBatt@mcpsmd.org>; Christine Handy <Chandy@mcaapmd.org>; Dardarian, Anne M - MCAAP <adardarian@mcaapmd.org>
Subject: September 29, 2020 COVID-19 Update

Dear Principals,

The updates include an update to the student well-being and psychoeducational lesson timeline and curriculum updates.

Student Well-Being Team and Psychoeducational Lesson Update

- With an understanding of the multiple requests for information to each of the schools, we are extending the deadline for two responsibilities. The organizational materials that were requested to be submitted for the student well-being teams (previous deadline, September 25, 2020) and the implementation of the psychoeducational lessons has been moved to the last day of the first quarter ([November 9, 2020](#)).
- This will allow for those schools that are in need of additional support and resources to receive coaching and training for their staff.
- In addition, a systemic data collection impact tool is being developed in order for the work of the Student Well Being Teams to be captured in a way that allows for system wide and school-based analysis and reporting. This will enhance the student tracking tool that was provided in the August 26, 2020 one-pager that discussed the psychoeducational lessons and the student well-being teams.

Action Items

- Submit the organizational materials for the student well-being teams no later than [November 9, 2020](#).
- Implement the psychoeducational lessons no later than [November 9, 2020](#).
- Please share these additional resources that can be found in the link below to support the teams and the lessons. <https://drive.google.com/drive/folders/1iklv5xOqcY9qpcCqpYVSpUbFAjcv8M-s?usp=sharing>

Curriculum Updates:

Elementary *(linked below)*

[Elementary ESOL Updates for Week of 9/28/20](#)

Secondary *(linked below)*

ESOL [updates](#)

[Secondary Social Studies Updates](#)

[K-12 ESOL Accountability Updates for Week of 9/28/20](#)

Update from Montgomery County Public Libraries

Click [here](#) for messages from Montgomery County Public Libraries (MCPL) concerning their services to support instruction, as well as important information finalizing the MCPL Summer Read and Learn program. Please ask your library media specialist to disseminate the information appropriately during their library instruction or through their public facing, online presence.

OTLS Office Hours

Different from previous office hours, this Friday the OTLS team will not be answering questions on current work, rather seeking your thoughts and ideas for future work. This week's office hours will

focus on **initial feedback & design considerations for small groups of students to return to in building learning experiences**. Office hours will provide an opportunity to engage in an exchange of ideas around the metrics that would be used to:

- Identify & recommend student groups to prioritize for in building learning opportunities
- Recommend schedule and instructional approaches for small groups in schools (full schedule or support).

As always, office hours are open for you to bring any member of your administrative team and teacher leader team who have an interest and involvement in the topics being shared.

- Secondary Office Hours: 11:15 am
- Elementary Office Hours: 12:30 pm

Zoom Links to access office hours

Please click the link below to join the webinar:



Elementary Schools, GT Liaisons Professional Learning:

The annual principal memorandum will be sent on Thursday, October 1, 2020. Session 1 of the GT Liaison asynchronous professional development sessions will be published on Canvas the week of October 5, 2020. Participants may access the course by enrolling in <https://mcpsmd.instructure.com/enroll/KBRKEC>.

Here's the notification for Dr. Wilson's daily update regarding Zoom recordings.

https://docs.google.com/document/d/1ltbqz_R2yvNHaoIXDcjPbOslpkX7SnzqLZL8XdZrzvg/edit

Sincerely,
Janet

Janet S. Wilson, Ph.D.
Chief of Teaching, Learning and Schools
Montgomery County Public Schools
850 Hungerford Road
Rockville, Maryland 20850
240-740-3100

From: [Conolly, Christina N](#) on behalf of [Conolly, Christina N <Christina_N_Conolly@mcpsmd.org>](#)
To: [Alomar, Lisa L](#); [Anderson, Alondra](#); [Arker, Emily E](#); [Arooj, Ferwaha](#); [Astary, Susan C](#); [Attaway, Latia](#); [Baggott, Allison L](#); [Baglin, Nancy J](#); [Bailey, Clare](#); [Baldwin, C Yvette](#); [Bateman, Stacy B](#); [Batten, Kimberly M](#); [Bellafiore, Melinda](#); [Bellaqamba, Gabriel A](#); [Beysolow, Danielle L](#); [Boswell, Ashley K](#); [Braun, Lillian F](#); [Burrows, Jennifer E](#); [Butera, Barbara J](#); [Campbell, Janice S](#); [Cangelosi, Clarissa L](#); [Caprara, Ciara W](#); [Cariello, Christine M](#); [Christenson, Alessa M](#); [Coats, Elizabeth P](#); [Cunningham, Cheryl E](#); [Danna, John V](#); [Dixon, Rona A](#); [Dorsey, Niccole](#); [Dougherty, Sue B](#); [Drew, Margaret A](#); [Dunn, Catherine A](#); [Edelman, Erica J](#); [Elmore, Madison B](#); [Engel-Green, Leah I](#); [Eshel, Ronit](#); [Fegadel, Kimberly A](#); [Fenner, Julia K](#); [Flynn, Megan](#); [Frale, Kristen](#); [Gracyalny, Kristen M](#); [Groene, Ana A](#); [Gruitt, Kelly S](#); [Gutierrez, Gabriela](#); [Hammond, Laura L](#); [Hearn, Amanda J](#); [Hotchkiss, Catherine A](#); [Huang, Sharon](#); [Hyman, Michael H](#); [Jacobus, Allison G](#); [Jones, Alexis L](#); [Jones, Trellis N](#); [Jordan, Steven M](#); [Kamins, Matthew J](#); [Kane, Erin F](#); [Kaplan, Emily L](#); [Kaur, Harman](#); [Kim, Kristie D](#); [Kim, Margaret J](#); [Kim, Nayoung](#); [Kuhn, Kurth-Ford, Gregory T](#); [Laks, Jessica D](#); [Larach, Helaine](#); [Leong, Norman](#); [Lester, Dawn M](#); [Lester, Pamela](#); [Liebling, Laura E](#); [Linde, Rachel L](#); [Lindenfeld, Rachel](#); [Liu-Trofimovsky, Jia](#); [MacVean, Heather A](#); [Mangiacapra, Albert R](#); [Marcoux, Linda M](#); [Martell, Kristina](#); [McCormack, Jeanne A](#); [McGonigle, Kimberly M](#); [McKeen, Sara L](#); [Mejia, Wendy](#); [Melchior, Sarah E](#); [Milla, Kenneth M](#); [Morton, Allison R](#); [Nasios, Maria](#); [Neff, Margo S](#); [Nesson, Lisa M](#); [Nguyen, Han N](#); [Novick, Jennifer M](#); [Nunez, Alexa M](#); [Otis, Rebecca T](#); [Parker, Patricia D](#); [Parrau, Sandra S](#); [Pearson, Jeremy](#); [Potter, Audrey](#); [Potter, Kyle D](#); [Power, Elizabeth M](#); [Price, Cheree K](#); [Rasines, Elena](#); [Reger, Kathryn A](#); [Reimer, Kenneth](#); [Reiser, Deitra](#); [Richardson, Jataya T](#); [Riley, Kevin R](#); [Robinson, Todd F](#); [Rodriguez, Jamie V](#); [Rosen, Jolie L](#); [Ruiz, Melissa](#); [Ryan, Ashley M](#); [Schwartz, Faith S](#); [Senese, Marissa M](#); [Shields, Julie S](#); [Sicora, Patricia C](#); [Simpson, Toria](#); [Smith, Tamie L](#); [Stefanovic, Brian](#); [Stinney, Brittany A](#); [Stout Powers, Sarah M](#); [Tucker, Callie](#); [Tyson, William C](#); [Vaganek, Megan M](#); [Vail, Heather J](#); [Valenzia, Virginia A](#); [Vekaria, Hiral B](#); [Verron, Heather](#); [Ward, Jodi M](#); [Weiger, Katelyn J](#); [Willingham, Victoria](#); [Wu, Amy](#); [Zolecki, Maryam](#); [Bassan, Laurie E](#); [Fuhrer, Robert F](#); [Paskow, Freida S](#); [Posilkin, Linda I](#)
Cc: [Corkran, Deirdre L](#); [Crews, Karen D](#); [Cao, Lindsay](#); [Rathbone, Elizabeth A](#); [Merino, Elizabeth J](#); [Lee, Alexis R](#); [Barnet, Michael D](#); [Cropp, Amy S](#); [Fischel, Faith K](#); [Hall, Julie S](#); [Hammond, Daniel W](#); [Hoffman, Joanne C](#); [Ingram, Damien B](#); [Lear, Graham M](#); [Lucas, Nancy A](#); [Lynch, Philip A](#); [Palmer, Michelle L](#); [Posner, Sandi I](#); [Reuben, Ruschelle](#); [Russell, Susan P](#); [Secan, Kristin M](#); [Washington, Verna L](#)
Subject: Psychoeducational Lesson Drop In support
Date: Friday, September 11, 2020 4:54:41 PM
Attachments: [image001.png](#)

Good evening everyone,

I wanted to share with you a resource that we shared with the principals this afternoon for teachers who are in need of support for the implementation of the psychoeducational lessons. Dr. Crews and I will be available from 11:30-12:30 on Monday. We have had a lot of staff members who have questions about the implementation of the social justice slides on the lesson. Please be available to coach and/or co-teach with a staff member that may not be at a place on their anti-racism journey to effectively teach that section of the lesson. Staff can sign up in PDO (Course Number: 89579). Feel free to share with your building teams.

If you want to attend, the zoom information is below.

[Redacted]

[Redacted]

[Redacted]

[Redacted]

[Redacted]

[Redacted]

From: [Conolly, Christina N](#) on behalf of [Conolly, Christina N <Christina_N_Conolly@mcpsmd.org>](#)
To: [Palmer, Michelle L](#); [Crews, Karen D](#); [Neff, Steve](#); [Frost, Frances M](#)
Cc: [Rathbone, Elizabeth A](#)
Subject: RE: draft Psychoeducational Lesson survey form
Date: Monday, September 21, 2020 7:41:49 PM
Attachments: [image001.png](#)

Thanks Michelle!

Christina

Dr. Christina N. Conolly, NCSP
Director
Division of Psychological Services

240-740-5640



#BeWell365

From: Palmer, Michelle L <Michelle_Palmer@mcpsmd.org>
Sent: Monday, September 21, 2020 4:47 PM
To: Crews, Karen D <Karen_D_Crews@mcpsmd.org>; Conolly, Christina N <Christina_N_Conolly@mcpsmd.org>; Neff, Steve <Steve_Neff@mcpsmd.org>; Frost, Frances M <Frances_M_Frost@mcpsmd.org>
Cc: Rathbone, Elizabeth A <Elizabeth_A_Rathbone@mcpsmd.org>
Subject: draft Psychoeducational Lesson survey form
Importance: High

[REDACTED]

Best Regards,

Michelle

Michelle L. Palmer, Psy.S., NCSP
(pronouns: she/her/hers)



#BeWell365

From: Conolly, Christina N

Sent: Wednesday, November 4, 2020 10:24 AM

To: Batten, Kimberly M <Kimberly_M_Batten@mcpsmd.org>; Barnet, Michael D <Michael_Barnet@mcpsmd.org>; Astor, Yael <Yael_Astor@mcpsmd.org>; Bostic, Joseph D <Joseph_D_Bostic@mcpsmd.org>; Chesman, Jodi A <Jodi_A_Chesman@mcpsmd.org>; Davis, Everett M <Everett_M_Davis@mcpsmd.org>; Gordon, Susan S <Susan_Gordon@mcpsmd.org>; Grant, Cara D <Cara_D_Grant@mcpsmd.org>; Hernandez, Edwin M <Edwin_M_Hernandez@mcpsmd.org>; Howard, Daryl C <Daryl_C_Howard@mcpsmd.org>; Jacobus, Allison G <Allison_G_Jacobus@mcpsmd.org>; Landesman, John S <John_Landesman@mcpsmd.org>; Larach, Helaine <Helaine_Larach@mcpsmd.org>; Lester, Pamela <Pamela_Lester@mcpsmd.org>; MacDonald, Samantha C <Samantha_C_MacDonald@mcpsmd.org>; Martin, Asashia Y <Asashia_Y_Martin@mcpsmd.org>; Neff, Steve <Steve_Neff@mcpsmd.org>; Padilla, Norka M <Norka_M_Padilla@mcpsmd.org>; Palmer, Michelle L <Michelle_Palmer@mcpsmd.org>; Price, Cheree K <Cheree_K_Cain@mcpsmd.org>; Williams Walker, Tonya L <Tonya_L_WilliamsWalker@mcpsmd.org>

Cc: Crews, Karen D <Karen_D_Crews@mcpsmd.org>; Corkran, Deirdre L <Deirdre_L_Corkran@mcpsmd.org>; Frost, Frances M <Frances_M_Frost@mcpsmd.org>; Reuben, Ruschelle <Ruschelle_Reuben@mcpsmd.org>; Cao, Lindsay <Lindsay_Cao@mcpsmd.org>; Lee, Alexis R <Alexis_R_Lee@mcpsmd.org>; Rathbone, Elizabeth A <Elizabeth_A_Rathbone@mcpsmd.org>; Merino, Elizabeth J <Elizabeth_J_Merino@mcpsmd.org>

Subject: FW: Leader in Me

Good morning,

As a member of the student psychoeducational lesson development team, I want to invite you to a meeting with the company that has developed the Leader in Me curriculum. MCPS is looking at this curriculum as a *potential* Tier 1 SEL curriculum for all schools. As a member of the team that developed the lesson for students on the dual pandemic, we wanted to invite you to participate in a meeting with the SEL development team to hear more. This meeting is on Friday from 3-4pm. This is to allow the vendor to present the program to a small group of MCPS staff so that we can get some initial feedback about this from the groups that have helped to provide these types of lessons to students. I will send out a calendar invite with a zoom link once I receive the link. I understand if you cannot attend since this is last minute. We wanted to provide you the opportunity to attend. Please let me know if you have any questions. Again, this is not a required meeting.

Christina

Dr. Christina N. Conolly, NCSP
Director
Division of Psychological Services

240-740-5640



#BeWell365

From: [Caren Crews](#) on behalf of [Caren Crews](#) <Caren.Crews@mcpsmd.org>
To: [Stephanie L. Mann](#) <Stephanie.L.Mann@mcpsmd.org>; [Diana England](#) <Diana.England@mcpsmd.org>; [Christina N. Conolly](#) <Christina.N.Conolly@mcpsmd.org>
Cc: [Lindsay Cao](#) <Lindsay.Cao@mcpsmd.org>; [Aara L. Davis Jones](#) <Aara.L.Davis.Jones@mcpsmd.org>
Subject: RE: Psycho ed and SEL lessons
Date: Wednesday, September 23, 2020 7:48:59 PM

Hi Diana,

The Psychoeducational lessons are due by October 2nd. The Social Emotional Learning lessons should be given throughout the school year. The library of lessons in each CASEL competency category will be available on the Be Well 365 MVMCP site after Oct. 2nd. Sanford Harmony is on our list of SEL resources and can be used as the SEL lessons for your school.

Below, you will find the messages and guidance documents (hyperlinked) that were sent to principals, counselors and school psychologists. The social emotional learning information was sent to principals yesterday.

Be Well Recovery Student Psychoeducational Lessons and Student Well-Being Teams - ACTION

As we start the school year, all schools will continue to implement the student well-being teams that started this past spring. The teams will be there to support students and their families that are struggling with attendance and social-emotional concerns. To support students at the start of the year, all schools will be required to implement a student psychoeducational lesson during one of the school's mandatory Social-Emotional Learning (SEL) block before September 18, 2020. This lesson will provide students crisis facts about the dual pandemic (COVID-19 and systemic racism) that is occurring around the country and here in Montgomery County. It will also provide information on common crisis feelings/reactions, stress management strategies, and where to find help. Teachers will implement these lessons with coaching from the building counselors, psychologists, and other school-based mental health staff. There is also a referral form that building staff can complete if they have any concerns about student attendance and social-emotional well-being. The referral will go to the student well-being teams. Information about the student psychoeducational lessons, the referral form, and additional information can be found in this [page](#). Additional information about the mandatory SEL lessons for each school will be sent in a separate message.

Social Emotional Learning (SEL) Lessons Guidance Document

We recognize the traumatic impact the COVID-19 global pandemic has had on our students. During this time, many students are perplexed by grief, anxiety, and confusion while searching for a sense of normalcy. To support our schools, we have developed a Social Emotional Learning framework including lessons and professional development to support the well-being of students. The [SEL Lessons Document](#) provides more detailed information on social emotional learning lesson delivery, professional development opportunities and communication to families.

Please let us know if you have any additional questions.

Thanks,

Karen

Karen Crews, Ed.D
Director, Student Well-Being and Achievement
OTIS-Student and Family Support and Engagement
Montgomery County Public Schools

From: Rathbone, Elizabeth A
Sent: Wednesday, September 16, 2020 3:59 PM
To: Lee, Alexis R <Alexis.R.Lee@mcpsmd.org>; England, Diana <Diana.England@mcpsmd.org>; Cao, Lindsay <Lindsay.Cao@mcpsmd.org>; Conolly, Christina N <Christina.N.Conolly@mcpsmd.org>; Crews, Karen D <Karen.D.Crews@mcpsmd.org>
Cc: Jordan, Steven M <Steven.M.Jordan@mcpsmd.org>; Davis Jones, Aara L <Aara.L.Davis.Jones@mcpsmd.org>; Longest, April D <April.D.Longest@mcpsmd.org>; Mann, Stephanie L <Stephanie.L.Mann@mcpsmd.org>
Subject: Re: Psycho ed and SEL lessons

Hello,

Adding Christina Conolly and Karen Crews as they were more directly involved in creating the lessons.

Elizabeth

Dr. Elizabeth A. Rathbone, NCSP
Coordinator, Student Health and Wellness
(MCPHS Mental Health Coordinator)
Student and Family Support and Engagement
Montgomery County Public Schools
T: 240-740-5635
C: 240-620-1744

#BeWell365

The Montgomery County Hotline, 301-738-2255, is available 24/7 (with texting available from noon to midnight every day)

From: Lee, Alexis R <Alexis.R.Lee@mcpsmd.org>
Sent: Wednesday, September 16, 2020 15:56
To: England, Diana <Diana.England@mcpsmd.org>; Cao, Lindsay <Lindsay.Cao@mcpsmd.org>; Rathbone, Elizabeth A <Elizabeth.A.Rathbone@mcpsmd.org>
Cc: Jordan, Steven M <Steven.M.Jordan@mcpsmd.org>; Davis Jones, Aara L <Aara.L.Davis.Jones@mcpsmd.org>; Longest, April D <April.D.Longest@mcpsmd.org>; Mann, Stephanie L <Stephanie.L.Mann@mcpsmd.org>
Subject: Re: Psycho ed and SEL lessons

Good afternoon,
Here are responses to your questions.

- 1. Is there a form letter/notification to parents that you have already composed (similar to ones we do for Body Safety lessons) for PsychoEd lessons? There is a lot of material covered and its sensitive and you may have already set up something to prepare parents. Unsure - will defer to Dr. Rathbone
- 2. For SEL lessons (in Be Well-365 in Canvas) are the lessons required by certain dates? Who should teach those? Are we required to use that curriculum? For example, can we address the same topics using Sanford Harmony instead? The lessons do not have deadlines. Lesson delivery is a shared responsibility and depends on the topics school teams (student wellness) select which may help determine who would be best to facilitate the lessons. All lessons are Tier 1 therefore it's perfectly appropriate for teachers to deliver the lessons. Schools are strongly encouraged to use the lessons in Canvas and schools who are using Sanford Harmony are supplementing or using both to teach students.
- 3. For Psycho Ed, lessons can those be cotaught between counselors and teachers? Yes.

Alexis R. Lee
K12 Counseling Instructional Specialist
Office of Student Family Support and Engagement
850 Hungerford Drive, Room 30
Rockville, MD 20850
Office Phone (301) 740-3109/8014
Cell Phone (240) 465-9089

From: England, Diana <Diana.England@mcpsmd.org>
Sent: Tuesday, September 15, 2020 3:56 PM
To: Lee, Alexis R <Alexis.R.Lee@mcpsmd.org>; Cao, Lindsay <Lindsay.Cao@mcpsmd.org>; Rathbone, Elizabeth A <Elizabeth.A.Rathbone@mcpsmd.org>
Cc: Jordan, Steven M <Steven.M.Jordan@mcpsmd.org>; Davis Jones, Aara L <Aara.L.Davis.Jones@mcpsmd.org>; Longest, April D <April.D.Longest@mcpsmd.org>; Mann, Stephanie L <Stephanie.L.Mann@mcpsmd.org>
Subject: Psycho ed and SEL lessons

Hello. We are discussing with our Principals in order to comply with the requests for both Psycho Ed and SEL lessons. Please clarify the following:

- 1. Is there a form letter/notification to parents that you have already composed (similar to ones we do for Body Safety lessons) for PsychoEd lessons? There is a lot of material covered and its sensitive and you may have already set up something to prepare parents.
- 2. For SEL lessons (in Be Well-365 in Canvas) are the lessons required by certain dates? Who should teach those? Are we required to use that curriculum? For example, can we address the same topics using Sanford Harmony instead?
- 3. For Psycho Ed, lessons can those be cotaught between counselors and teachers?

Thank clarifying this information?

Diana England
School Counselor
Farmland Elementary School
7000 Old Gate Road
Rockville, Maryland 20852

240-740-0660
https://ham04.safelinks.protection.outlook.com/?url=https%3A%2F%2Ffiles.google.com%2F2counselingresources%2Fcom&data=07%7F01%7FAlexis_R.Lee%40mcpsmd.org%3F7727272e36d4849848808495b176c47c4d755e8b6d64c2e4737c178a78c6c797c197c097c437317966030701458&ms=4&it=Dr%5E6cKfAC6Uj4F01VcSElgnFp&MWRNkmpo10%3B&ms=reserved

From: [Iszard, Stephanie R](#) on behalf of [Iszard, Stephanie R <Stephanie_R_Iszard@mcpsmd.org>](#)
To: [Neff, Steve](#); [Rathbone, Elizabeth A](#)
Cc: [Frost, Frances M](#)
Subject: RE: Student Well-Being Teams
Date: Friday, September 25, 2020 2:52:13 PM

Thanks for the update.

From: Neff, Steve <Steve_Neff@mcpsmd.org>
Sent: Friday, September 25, 2020 2:50 PM
To: Rathbone, Elizabeth A <Elizabeth_A_Rathbone@mcpsmd.org>; Iszard, Stephanie R <Stephanie_R_Iszard@mcpsmd.org>
Cc: Frost, Frances M <Frances_M_Frost@mcpsmd.org>
Subject: RE: Student Well-Being Teams

[REDACTED]

[REDACTED]

[REDACTED]

[REDACTED]

[REDACTED]

Steve

From: Rathbone, Elizabeth A <[Elizabeth_A_Rathbone@mcpsmd.org](#)>
Sent: Tuesday, September 22, 2020 11:25 AM
To: Iszard, Stephanie R <[Stephanie_R_Iszard@mcpsmd.org](#)>; Neff, Steve <[Steve_Neff@mcpsmd.org](#)>
Cc: Frost, Frances M <[Frances_M_Frost@mcpsmd.org](#)>
Subject: Re: Student Well-Being Teams

[REDACTED]

[REDACTED]

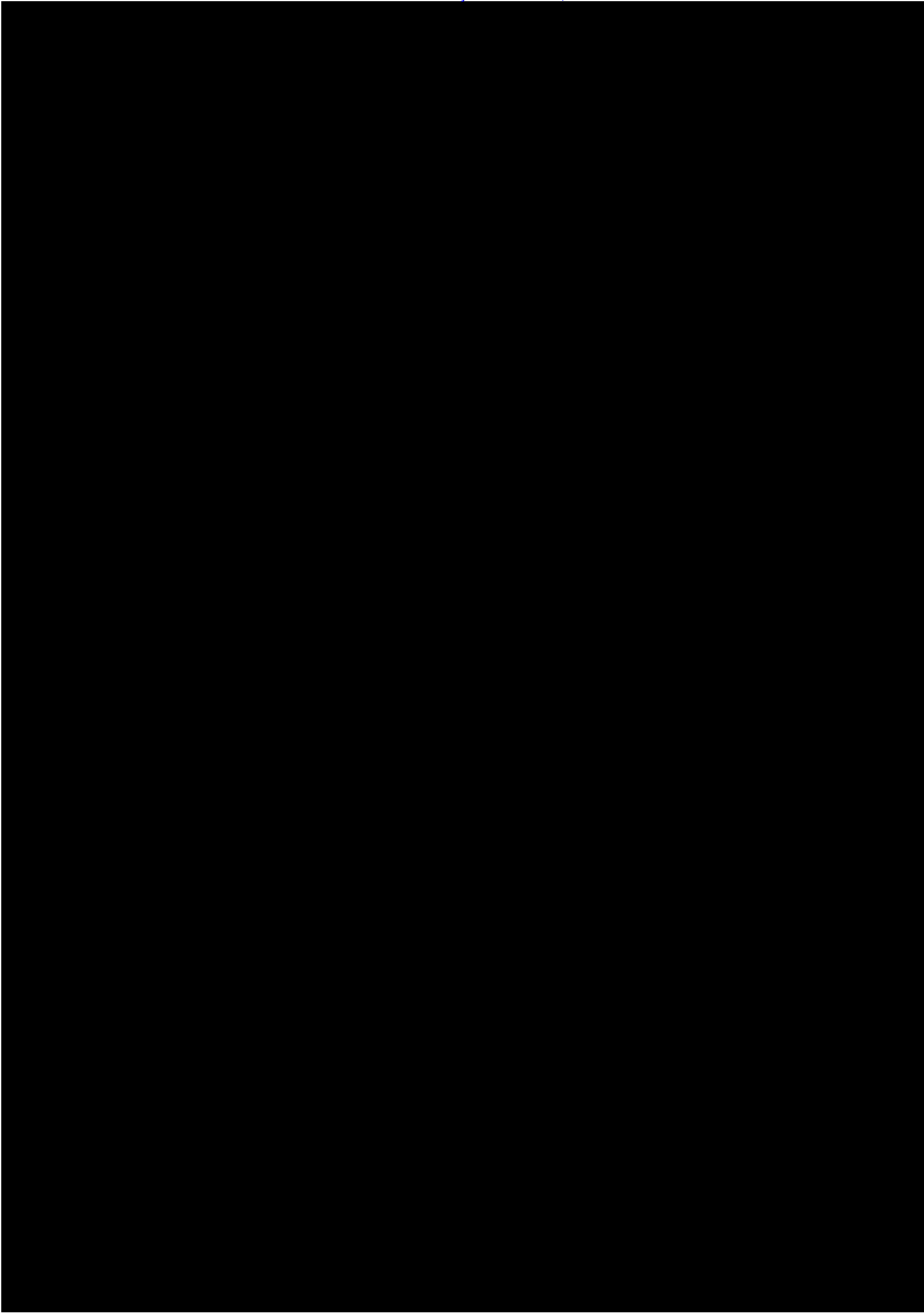
[REDACTED]

[REDACTED]

[REDACTED]

- [REDACTED]
- [REDACTED]
- [REDACTED]

Ruschelle S. Reuben
Associate Superintendent
Office of Student and Family Support and Engagement



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MONTGOMERY COUNTY PUBLIC SCHOOLS

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Obtained via MD PIA by Judicial Watch, Inc.

Family Guidance to the Psychoeducational Lesson

MCPS Return to School



Introduction

Obtained via MD PIA by Judicial Watch, Inc.



- What is a student psychoeducational lesson?
- Why is this type of support provided to students?
- What is the framework behind the lessons?
- How where the lessons developed?
- What topics are discussed in the lesson?
- Can students receive an alternative method to participating in the lessons? Can students opt-out?
- Do you have resources to help me talk with my child(ren) about racism?

What is a student psychoeducational lesson?

Obtained via MD PIA by Judicial Watch, Inc.



- A classroom-based intervention that provides students with information and support to cope with a crisis event.
- The lessons provide direct instruction and are not intended to help students process their individual reactions or feelings of the crisis event. Students who need to process their individual reactions would be referred for an individual crisis intervention.
- The psychoeducational lessons were developed based on the PREPaRE Crisis Prevention and Intervention Curriculum. PREPaRE is an international, research-informed crisis response curriculum created by the National Association of School Psychologists (NASP). The psychoeducational lessons were developed based on the PREPaRE curriculum.

Why is this type of support provided to students?



- The mental health needs that arise from any crisis situation are unique and require multiple levels of response.
- The crisis events that have occurred in the country have impacted all students and staff members. A crisis event is defined as an event perceived to be very negative, generates feelings of powerlessness, and may occur unexpectedly.
- While a crisis event has the potential for negative outcomes, providing students with positive or adaptive coping strategies can increase student resiliency and facilitate a return to emotional stability.

(Brock et al, 2016)

How where the lessons developed?



- The lessons were developed in collaboration with teachers, instructional specialists, and school psychologists from around the county
- Teachers worked at both the elementary and secondary level, with students who receive special education services, and with students who receive English for Students who speak Other Languages (ESOL).
- In addition, the lessons were vetted by a large stakeholder group in the Be Well Recovery team. This included teachers, administrators, parents, community members, and additional MCPS staff.

What topics are discussed in the lesson



- **The lesson is 30 minutes long.**
 - Provide Crisis Facts and Dispel Rumors (10 min)
 - discusses newspaper articles about the crisis
 - Normalize crisis reactions/feelings (5 min)
 - Discuss stress management techniques (10 min)
 - Discuss how to get help for the student and others (5 min)
- Let's review some of the slides from the grade levels

Elementary: Some Facts about COVID-19



- COVID-19 is a **new virus** that doctors and scientists are still learning about.
- Doctors and scientists are working very hard to create vaccines and medicines to help our bodies protect us from the virus. While the doctors and scientists are working, we have to do other things to **protect our bodies**.



Insert Reference here



Secondary: Some COVID-19 Facts

Obtained via MD PIA by Judicial Watch, Inc.

- COVID-19, aka “Coronavirus disease 2019” is a new virus that scientists and doctors are still learning about
- This disease has impacted the globe, showing cases in almost every country and region on Earth.
- COVID-19 is spread mainly from person-to-person, when an infected person coughs, sneezes, or even talks within 6 feet (or about two arms length) of another person and those droplets are inhaled into the nose or mouth of that individual.



Center for Disease Control (2020)



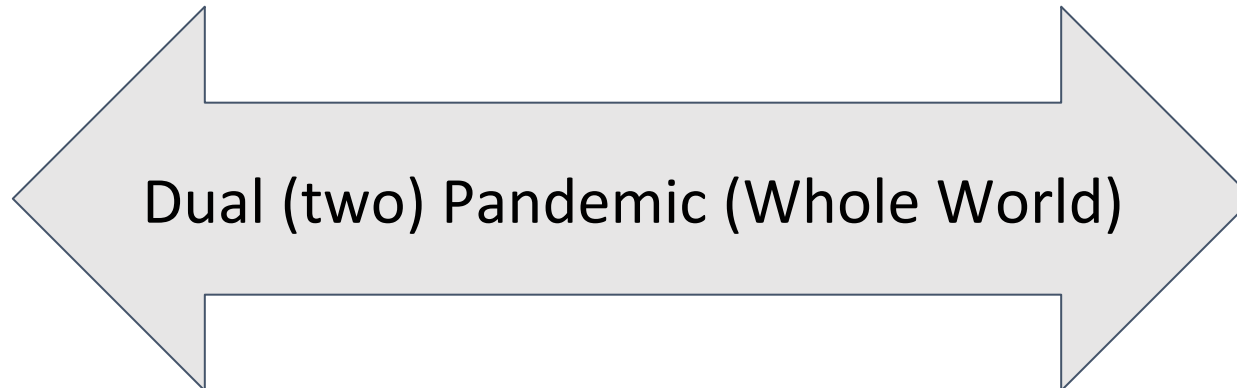
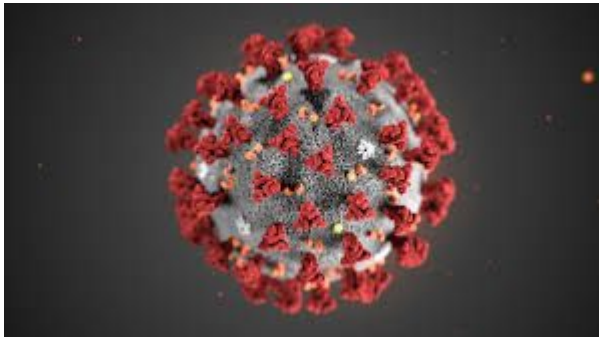
Elementary Slide

What is going on in the world?

There is a lot happening in our world right now!

Let's talk about some of the major events that are happening...

- Covid-19 ("coronavirus")
- Social Justice responses to combat racism (protests and marches)



Secondary Slide: Dual Pandemics

Obtained via MD PIA by Judicial Watch, Inc.



WJLA NEWS WEATHER CORONAVIRUS 7 ON YOUR SIDE CHIME IN WATCH LIVE

Photos show officers kneeling at peaceful Germantown protest

by Lesly Salazar/ABC7 | Monday, June 1st 2020

Protesters gathered in Germantown, Maryland on May 31, 2020 to demand justice for George Floyd. (Image: Jeremiah Farris)

GERMANTOWN, Md. (ABC7) — Peaceful protesters gathered in Germantown, Maryland on May 31, and officers were captured kneeling in solidarity.

A helicopter flew above the protest that started on Frederick P... and Airport Dr. Later in the afternoon, the protest move... to Middlebrook Rd.

Crystal Rock Dr, erick Rd, to

UPDATED: Protesters gather in Germantown to speak out about death of man in Minneapolis

Police didn't see any local protests on Saturday, when they were tense in many U.S. cities

BY DAN SCHERE AND CAITLYNN PEETZ | Published: 2020-05-31 15:21

As protests continued for the sixth day across the country, about 200 protesters gathered in Germantown, marching for hours and demanding justice after a white officer was charged with killing a black man in Minnesota.

The demonstration was peaceful as



County COVID-19 case increases remain under 1% for 16 consecutive days

State continues to have higher increases

BY BRIANA ADHIKUSUMA FOLLOW @BRIADHIKUSUMA | Published: 2020-07-23 10:53

Health Why the coronavirus looks different to black America

Save Share Print

A person is shown from the chest up, wearing a light-colored face mask and looking upwards. The background is out of focus, showing what appears to be an outdoor setting with trees and a building.

Health

What it's like to be Asian during the coronavirus pandemic

Save Share Print



02564.pdf

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Elementary: Read-Alouds About Race



We're Different, We're The Same
(*Sesame Street*) by Bobbi Kates



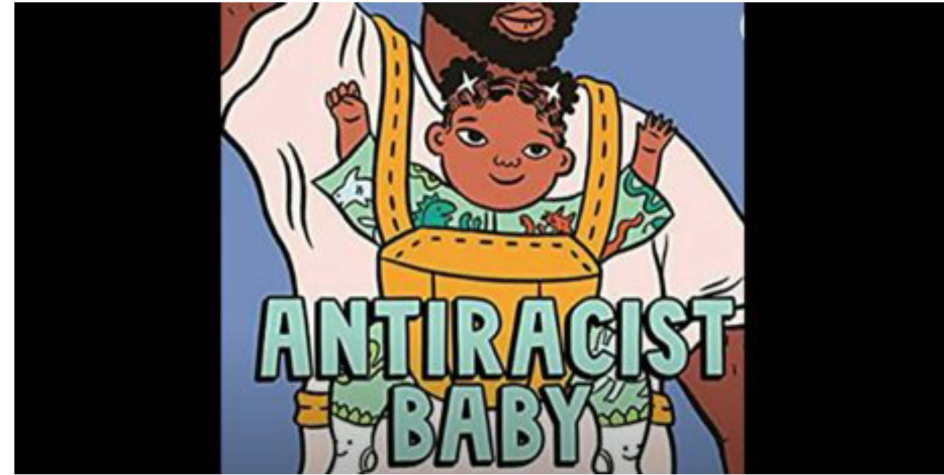
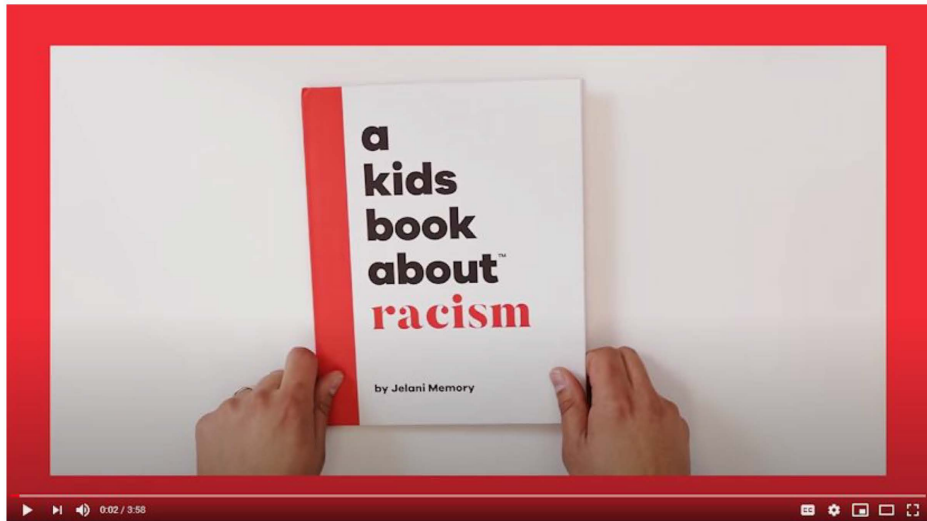
Elementary: Read-Alouds About Race (Spanish)



All the Colors We Are by Katie Kissinger

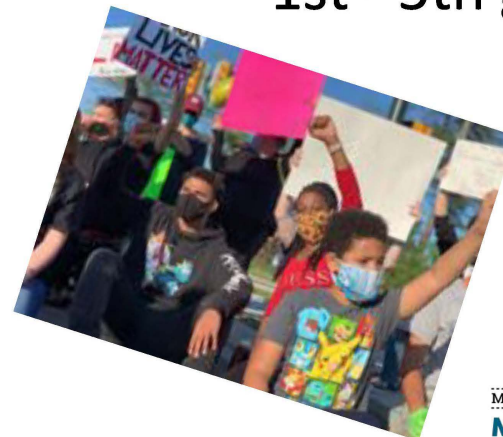
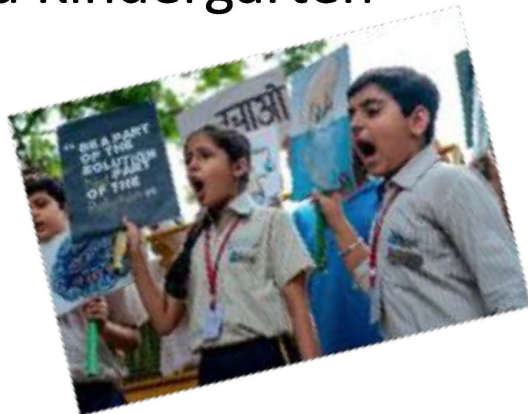


Elementary Slide: Some Facts About Racism and Social Justice



Prekindergarten and Kindergarten

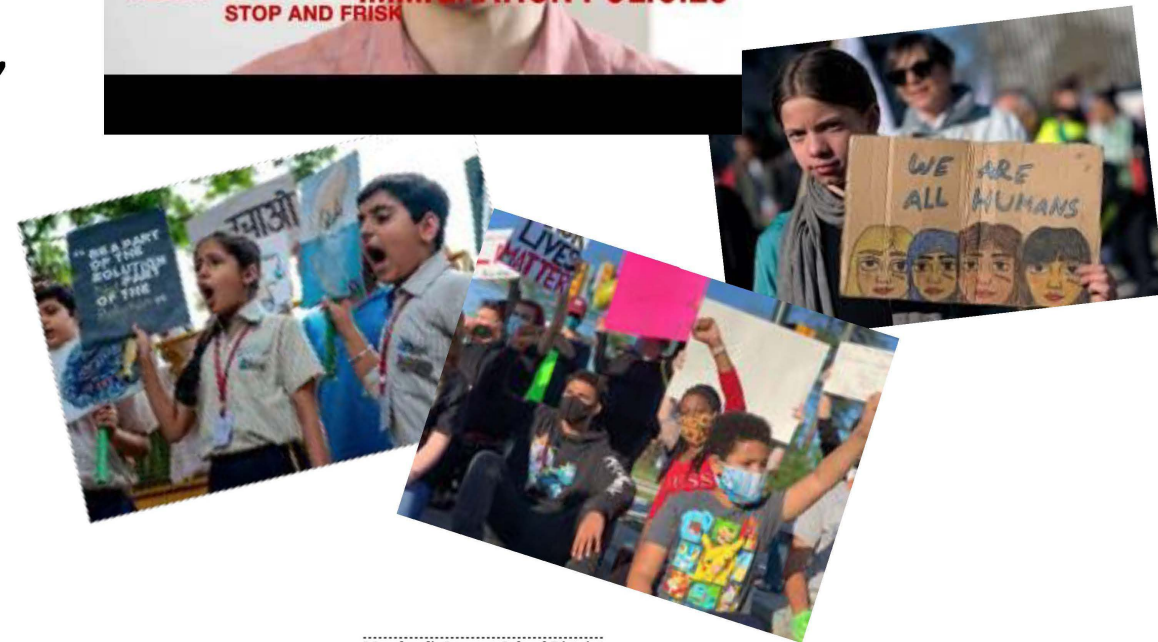
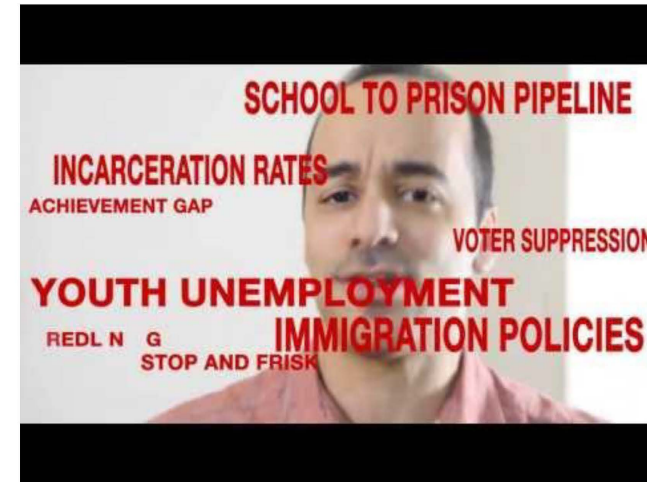
1st - 5th grade



Secondary Slide: Some Facts About Racism and Social Justice



- Social justice refers to the practices and structures that contribute to improved access of marginalized populations to various school programs and activities. (Brown, 2004; Marshall, 2004; Theoharis, 2008).
- There are protests happening all over our country and the world because people are **acting** on their beliefs that all people should be treated fairly and are protesting to change things that make life harder for some people.



Secondary: A Brief Anti-Racism Glossary

Obtained via MD PIA by Judicial Watch, Inc.



Equity is the commitment to ensure that every student and staff member, without regard to their actual or perceived personal characteristics, is given the individual challenges, support, and opportunities to exceed a rigorous common standard in order to be prepared for academic and career success.

Implicit Bias refers to the attitudes or stereotypes that affect our understanding, actions, and decisions. These biases, which encompass both favorable and unfavorable assessments, may be activated involuntarily and without an individual's awareness or intentional control.

Cultural Proficiency is the ongoing process of becoming knowledgeable of one's culture, as well as the cultures of others in order to foster an appreciation, understanding, and respect for varying cultural expressions that exist in the actions and interactions of an organization; and, to strengthen and enrich the organization and the community at large with the presence and contributions of many cultures.

Cultural Responsiveness is the ability to learn from and relate with people of one's own culture as well as those from other cultures. Culturally responsive educational systems are grounded in the belief that culturally and linguistically diverse students can excel in academic endeavors if given adequate support and resources.

Cultural Competences is the knowledge, behaviors, and dispositions necessary to effectively interact with other cultural groups (Hansuvadha, Slater 2012).

Systems of Oppression identifies inequity by calling attention to the historical and organized patterns of mistreatment. In the United States systems of oppression (like systemic racism) are woven into the very foundation of American culture, society, and laws. (Social Identities and Systems of Oppression, 2019)



Elementary: Let's talk about feelings

You may feel different emotions like....



Mad/Enojada/o



**Surprised/
Sorprendida/o**



**Disgusted/
Disgustada/o**



Happy/Feliz



**Worried/
Preocupada/o**



Calm/Calma/o



**Scared/
Asustada/o**



Sad/Triste



Confused/Confusa/o



Secondary



COMMON INITIAL CRISIS REACTIONS

EMOTIONAL

Shock	Depression or sadness
Anger	Grief
Despair	Irritability
Phobias	Hypersensitivity
Terror or fear	Helplessness
Guilt	Hopelessness
Emotional numbing	Loss of pleasure from activities

COGNITIVE

Impaired concentration	Decreased self-esteem
Memory impairment	Self-blame
Disbelief	Worries
Confusion	Nightmares
Distortion	Decreased self-efficacy
Intrusive thoughts or memories	
Impaired decision-making abilities	

PHYSICAL

Fatigue	Startle response
Insomnia	Headaches
Sleep disturbance	Decreased libido
Hyperarousal	Decreased appetite
Somatic Complaints	Gastrointestinal problems
Impaired immune response	

INTERPERSONAL/BEHAVIORAL

Alienation	Aggression
School refusal	Crying easily
School impairment	Tantrums
Vocational impairment	Change in eating patterns
Regression in behavior	Risk Taking
Increased relationship conflict	Avoidance of reminders
Social withdrawal or social isolation	

Note. Compiled from Speier (2000); Young, Ford, Ruzek, Friedman, & Gusman (1998).

Elementary: Things to do to feel better



- Run and Play
- Talk to a friend or family member
- Play a game with a friend or grown up
- Draw or color
- Listen to music
- Hug a stuffed animal
- Squeeze a stress ball
- Take deep breaths
- Rest
- Eat well
- Drink Water



Secondary: Relaxation Activities



- **Deep Breathing:** A deep breathing exercise allows you to take slower, deeper belly breaths and reach a truly relaxed state.
- **Progressive Muscle Relaxation:** tensing and relaxing muscles throughout the body.
- **Visualization Imagery:** sights, sounds, and touch sensations associated with a particularly calm scene induce a state of pleasure.
- **Meditation:** a mental exercise to train the mind and promotes relaxation.



Elementary: Who can we talk to when we need help?

Obtained via MD PIA by Judicial Watch, Inc.



Family



Friends

Teacher



Pets

Tell me two groups that can help you. Anyone else?



Secondary: Tell a Trusted Adult



- If you or a friend feel this way, tell a trusted adult:
 - At School:
 - Teacher, Administrator, Counselor, Psychologist, etc.
 - At Home:
 - Parent, Grandparent, Sibling, Guardian, etc.
- Montgomery County Crisis Hotline - Text Hello to 741741 or Call/Text 301-738-2255
- Montgomery County Crisis Center - (240) 777-4000
- EveryMind - (301) 424-0656

Can students receive an alternative method to participating in the lessons?

Can students opt-out?



- Families can contact building administration to request an alternative method for students to receive the lesson due to mental health concerns.
- Students cannot opt-out of the lessons.
- Lessons are there to support students and help teachers to identify students who are in need of social-emotional support.



Do you have resources to help me talk with my child(ren) about racism?

- **PBS Article:**
<https://www.pbs.org/parents/thrive/how-to-talk-honestly-with-child-ten-about-racism>
- **UNICEF:**
<https://www.unicef.org/parenting/talking-to-your-kids-about-racism>
- **Center for Racial Justice in Education:**
<https://centerracialjustice.org/resources/resources-for-talking-about-race-racism-and-racialized-violence-with-kids/>



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Pre-K through 2nd
grade
Psychoeducational
Lesson

**MCPS Return to
School**



Teacher Note



This is an initial conversation on the topics that will be discussed today. This is not an in-depth conversation that occur later. The goal of the lessons are to start the conversation, to address common reactions to the events, talk about stress management, and how to get help if needed. We understand that for many of these topics, students may have additional questions and concerns. We welcome staff to continue the conversations with their students.

This presentation is for young children. Young children will not be able to sit through this entire presentation in one sitting. We have built in breaks for stretching or movement.





Objectives:

At the conclusion of this lesson, students will be able to . . .

- recognize 2-3 common crisis reactions.
- identify resources for support.
- perform a deep breathing exercise for relaxation purposes.
- identify and use 2-3 adaptive coping strategies.





Introduction

- Hi! My name is.....
- Why are we here today?
- Learning Agreements
 - *Take care of yourself*
 - *Take care of others in our learning space*
 - *Take care of our learning environment*





Zoom Classroom Expectations



Take Care of Others - While someone is speaking, please **mute yourself** so that we can hear what is being shared.



Take Care of Yourself – Find **a space that helps you** learn at your best and focus.



Take Care of Yourself - **Raise your hand** through the chat if you would like to share an idea.



Take Care of Others – Practice active listening by **following directions and listening to others** as they are speaking.



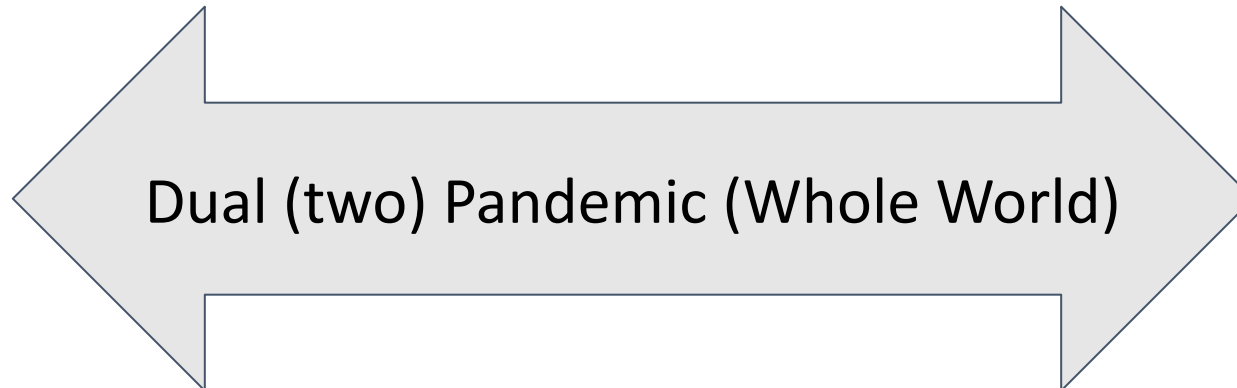
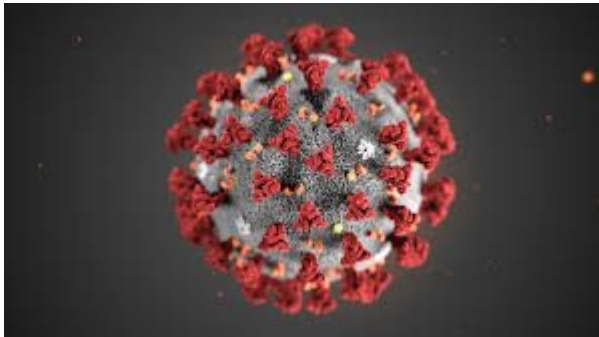


What is going on in the world?

There is a lot happening in our world right now!

Let's talk about some of the major events that are happening...

- Covid-19 ("coronavirus")
- Social Justice responses to combat racism (protests and marches)





TEACHER NOTE

The next slide contains two video options to discuss COVID 19. The first is intended for PreK and K students. The second one is intended for 2nd grade. First grade has the option to use either video, depending on what the teacher feels is most appropriate.

Delete the video that you do not choose to use from the slide and center the video you do use.

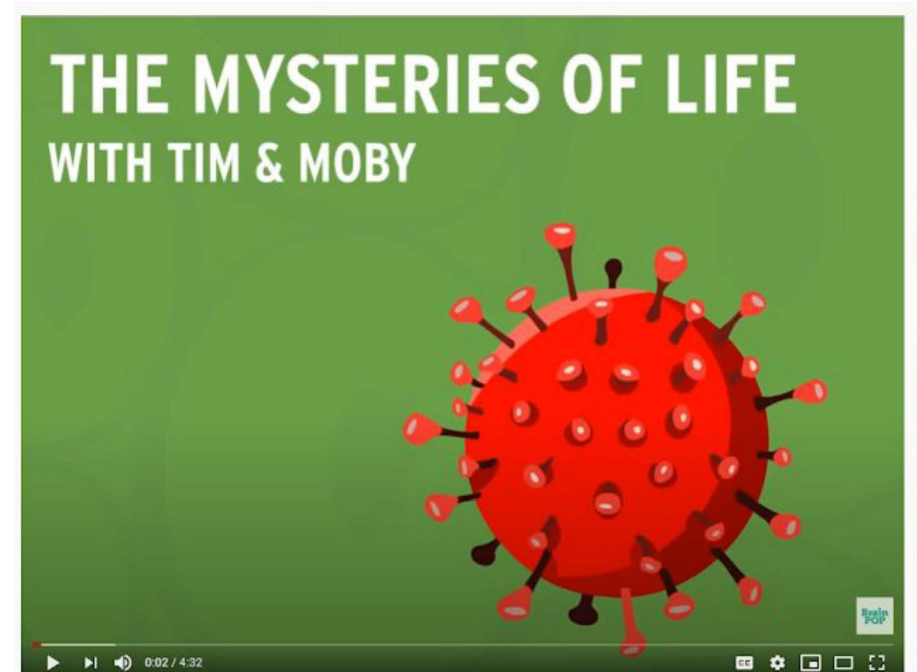




Some Facts about COVID-19



Prekindergarten and Kindergarten



1st and 2nd grade



How to Protect Yourself and Others:



Wash your hands often



Cover your coughs or sneezes



Wear a mask when around others



Avoid close contact with others



Stay home if you are sick.



Time for a Break

Obtained via MD PIA by Judicial Watch, Inc.



TEACHER NOTES

Obtained via MD PIA by Judicial Watch, Inc.



The discussion about race is uncomfortable for some people, however, it is an important discussion to have among ourselves and with our students. If you are uncomfortable with having this discussion with your students, please co-teach with your school counselor, psychologist, or social worker. Provided below are some resources for staff to support their journeys to make it easier for them to have discussions with their students:

[They're not too young to talk about race!](#)

[Notes and Discussion Questions from Ibram X Kendi \(author of Antiracist Baby\)](#)

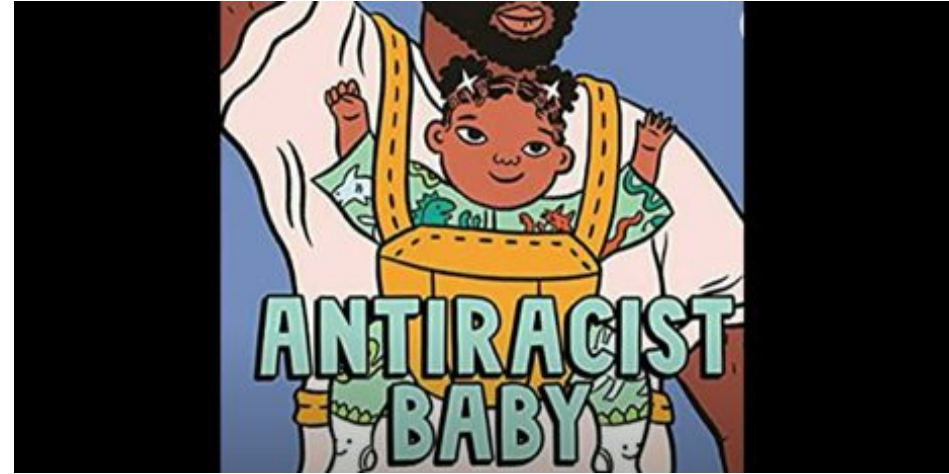
From Penguin RandomHouse (publisher): *Antiracist Baby* introduces the youngest readers and the grown-ups in their lives to the concept and power of antiracism. Providing the language necessary to begin critical conversations at the earliest age, *Antiracist Baby* is the perfect gift for readers of all ages dedicated to forming a just society. For ages baby to age 3.

[Educator and Caregiver Learning Guide from Disrupt Texts](#)

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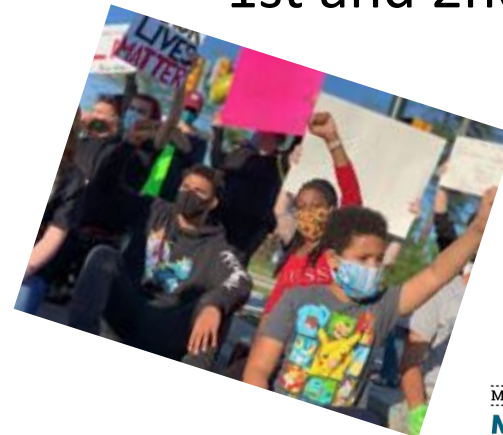


Some Facts About Racism and Social Justice



Prekindergarten and Kindergarten

1st and 2nd grade



TEACHER NOTES - KEY TERMS

Obtained via MD-PIA by Judicial Watch, Inc.



Race - has to do with rules people use to group people based on their skin color.

Racism - is when people create policies or rules that are not fair to everyone because of their skin color.

Anti-Racism - helping to change policies or rules to make sure the rules are fair for everyone, regardless of their skin color.

Social Justice - believing that all people have equal rights, no matter their race or background, and doing actions to change rules or systems that cause some people to be treated unfairly

Adapted from : https://www.raciaequitytools.org/resourcefiles/RET_Glossary_Updated_October_2019_.pdf and Antiracist Baby (Kendi, 2020)



TEACHER NOTE



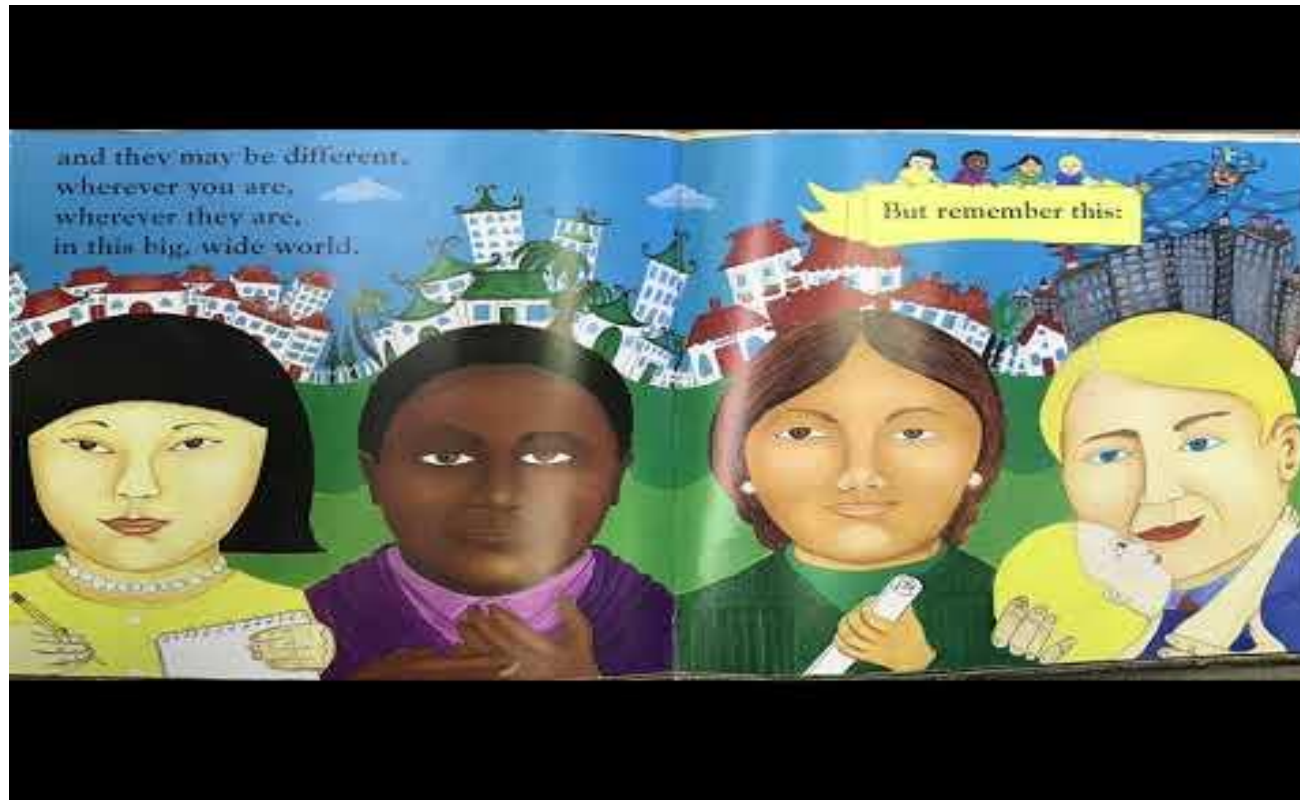
The next four hidden slides are optional read-aloud slides that you may find enriching for your students. The last book is bilingual (Spanish).



Read-Alouds About Race



Whoever You Are by Mem Fox





Read-Alouds About Race

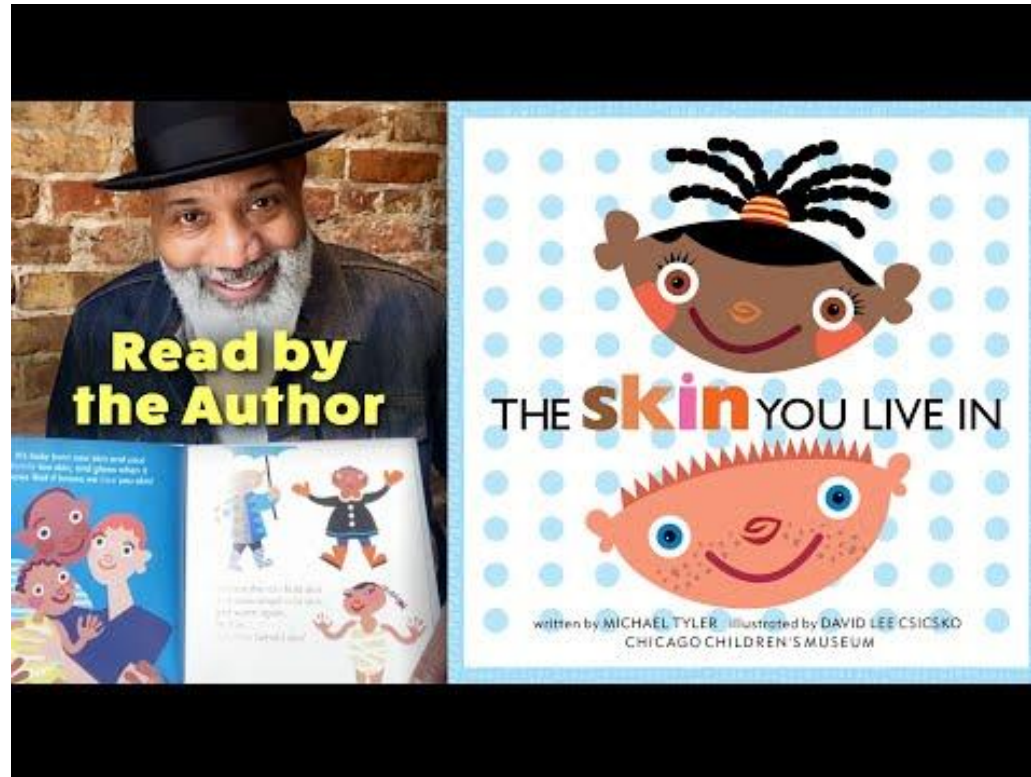
We're Different, We're The Same
(*Sesame Street*) by Bobbi Kates





Read-Alouds About Race

The Skin You Live in by Michael Tyler





Read-Alouds About Race

All the Colors We Are by Katie Kissinger



COVID-19 and Social Justice in Response to Racism

Obtained via MD PIA by Judicial Watch, Inc.



Time for a Break

Obtained via MD PIA by Judicial Watch, Inc.





TEACHER NOTE

The next slides will focus on feelings students may be having during these difficult times and the things they can do to feel better.





Normal Feelings when Life is not Normal

You may feel different emotions like....



Mad/Enojada/o



**Surprised/
Sorprendida/o**



Happy/Feliz



**Disgusted/
Disgustada/o**



Confused/Confusa/o





Normal Feelings when Life is not Normal

You may feel different emotions like....



**Worried/
Preocupada/o**



Calm/Calma/o



**Scared/
Asustada/o**



Sad/Triste



Tired/Cansada/o



Things to do to feel better



**Draw or Color/
Dibujar o colorear**



**Talk with a friend or family member/
Habla con una amigo/a o familiar**



**Run and Play/
Corre y juega**



**Play a game with a friend or grown up/
Juega un juego con un amigo o un adulto**



**Listen to Music/
Escuchar música**



Things to do to feel better



Hug a stuffed animal/
Abraza un peluche



Relax/ Relajarse



Squeeze a stress ball/ Aprieta
una pelota antiestrés



Eat well/ Comer bien



Drink Water/
Beber agua



Take deep breaths/
Respira profundamente



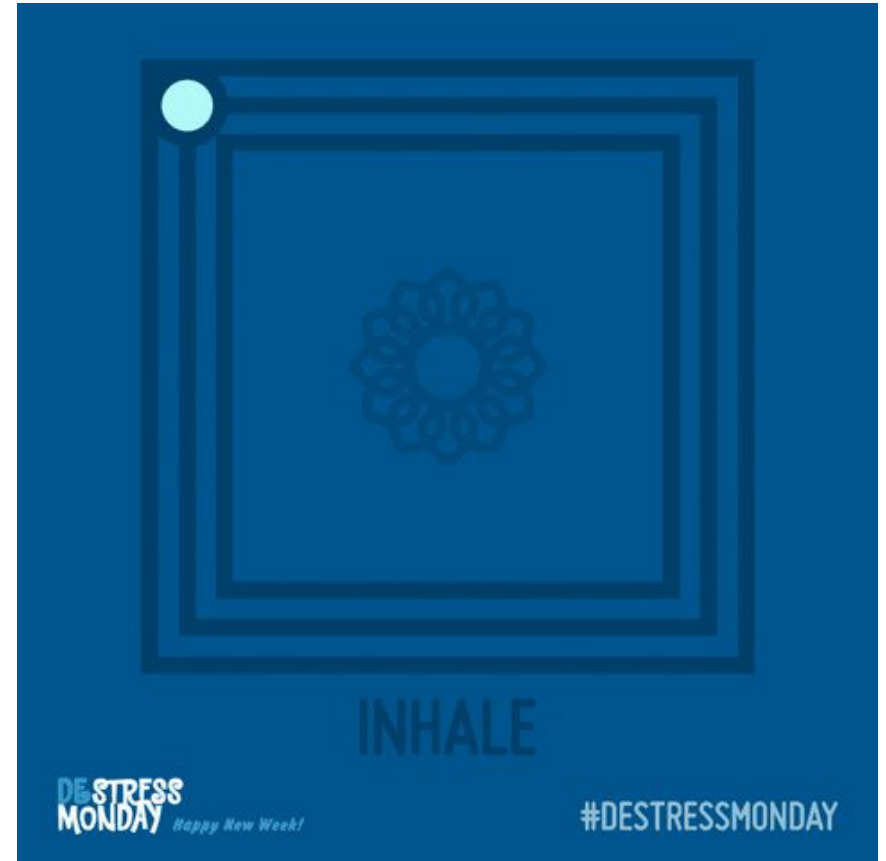


Deep Breathing Activity

Breathe in ... 2...3...4...

HOLD...2...3 ...

Breathe out...2...3...4



Check for Understanding



Share a strategy that you will use the next time you feel scared, worried, or stressed.



When I feel _____, I can _____.



Time for a Break



TEACHER NOTE



The last slides focus on students knowing who they can talk to if they need help or are feeling sad or scared. We introduce the term ‘trusted adult’ and slide 29 is designed for real pictures of the trusted adults in schools to be substituted for the pictures that are there. Ideally the name would be added, as well. On Slide 29 you can add or subtract the trusted adults that are appropriate for your school.



Who can we talk to when we need help?



Family

Friends



Teachers



Pets

Tell me two groups that can help you. Anyone else?



Who can I talk to at school? Who are the trusted adults?

Obtained via MD PIA by Judicial Watch, Inc



Paraeducator

Add name



Counselor

Add Name



Teacher

Add name



Psychologist

Add name



Principal or Assistant Principal

Add name





Check for Understanding



Who can you talk to at home?



Who can you talk to at school?





Maryland's Largest School District

MONTGOMERY COUNTY PUBLIC SCHOOLS

Expanding Opportunity and Unleashing Potential

Obtained via MD PIA by Judicial Watch, Inc.

3rd through 5th grade Psychoeducational Lesson

MCPS Return to Physical Space





Zoom Classroom Expectations



Take Care of Others - While someone is speaking, please **mute yourself** so that we can hear what is being shared.



Take Care of Yourself – Find **a space that helps you** learn at your best and focus.



Take Care of Yourself - **Raise your hand** through the chat if you would like to share an idea.



Take Care of Others – Practice active listening by **following directions and listening to others** as they are speaking.



Note to the Teacher



This is an initial conversation on the topics that will be discussed today. This is not an in-depth conversation, which can occur later. The goal of the lesson is to *start the conversation*, to *address common reactions* to the events, *talk about stress management*, and *how to get help* if needed. We understand that for many of these topics, students may have additional questions and concerns. We welcome staff to continue the conversations with their students.





Objectives:

At the conclusion of this lesson, students will be able to . . .

- recognize 2-3 common crisis reactions,
- identify resources for support,
- perform a deep breathing exercise for relaxation purposes,
- identify and use 2-3 adaptive coping strategies.





Introduction

- Hi! My name is.....
- Why are we here today?
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 - *Take care of yourself*
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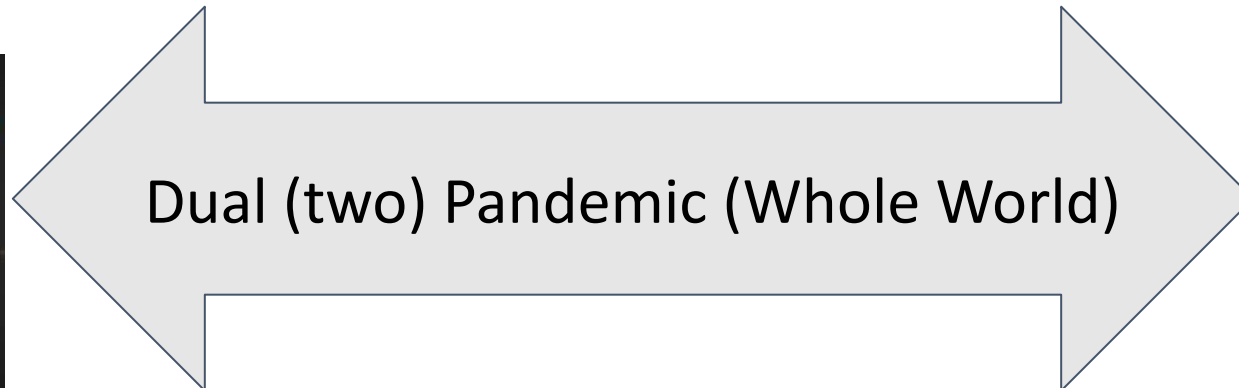
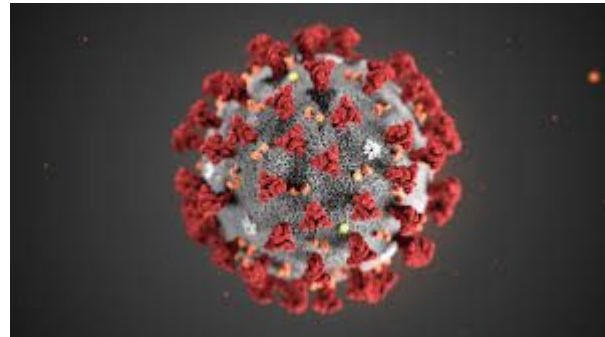


What is going on in the world?

There is a lot happening in our world right now!

Let's talk about some of the major events that are happening...

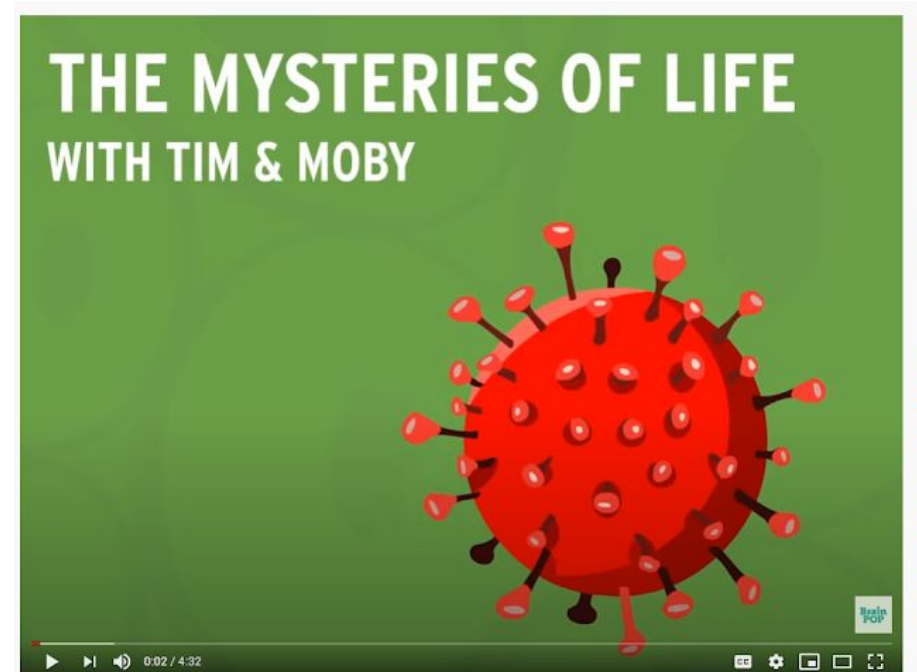
- Covid-19 (“coronavirus”)
- Social Justice responses to combat racism (protests and marches)





Some Facts about COVID-19

- COVID-19 is a **new virus** that doctors and scientists are still learning about.
- Doctors and scientists are working very hard to create vaccines and medicines to help our bodies protect us from the virus. While the doctors and scientists are working, we have to do other things to **protect our bodies**.



Insert Reference here



How to Protect Yourself and Others:



Wash your hands often



Cover your coughs or sneezes



Wear a mask when around others



Avoid close contact with others



Stay home if you are sick



Clean and disinfect commonly used areas



TEACHER NOTES

Obtained via MD PIA by Judicial Watch, Inc.



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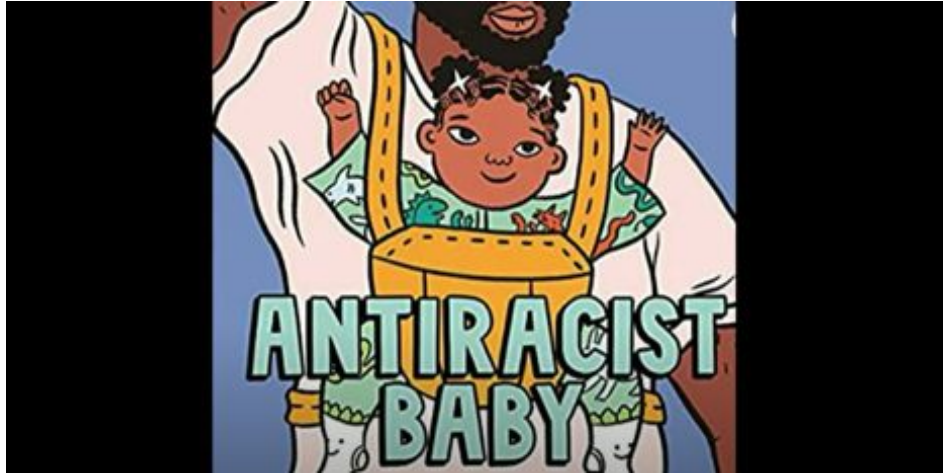
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[Educator and Caregiver Learning Guide from Disrupt Texts](#)

[Staff Work Playlist](#) - Here is a self-work playlist that is available to support facilitators of these lessons engage in their own learning before engaging in these discussions as well.



Some Facts about Racism



What is racism?

Why do people have different skin colors?



Some Facts About Racism and Social Justice



Why the coronavirus looks different to black America

Present Save Read Aloud Share Hide Print Add To Text Set



NASP, 2017



Around 200 students marched around Rio in Gaithersburg for a peaceful protest on Monday, stopping sometimes to chant "Black Lives Matter" and "No justice, no peace."



KEY TERMS

Obtained via MD PIA by Judicial Watch, Inc.



Race - has to do with rules people use to group people based on their skin color.

Racism - is when people create policies or rules that are not fair to everyone because of their skin color.

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Social Justice - believing that all people have equal rights, no matter their race or background, and doing actions to change rules or systems that cause some people to be treated unfairly.

Adapted from : https://www.raciaequitytools.org/resourcefiles/RET_Glossary_Updated_October_2019_.pdf and Antiracist Baby (Kendi, 2020)



COVID-19 and Social Justice



- COVID-19 has shown how unfairness can hurt people.
- People in African American and Latinx communities have been *more likely to get sick from COVID-19* because of how racism and unfairness impacts their lives.
- Because of everything happening in the world, people are experiencing many different emotions.



<https://www.cdc.gov/coronavirus/2019-ncov/community/health-equity/race-ethnicity.html>





What have *you* heard?

Now is your opportunity to ask questions!

Let's talk about your concerns and make sure you know the facts.





Let's talk about feelings

You may feel different emotions like....



Mad/Enojada/o



**Surprised/
Sorprendida/o**



**Disgusted/
Disgustada/o**



Happy/Feliz



**Worried/
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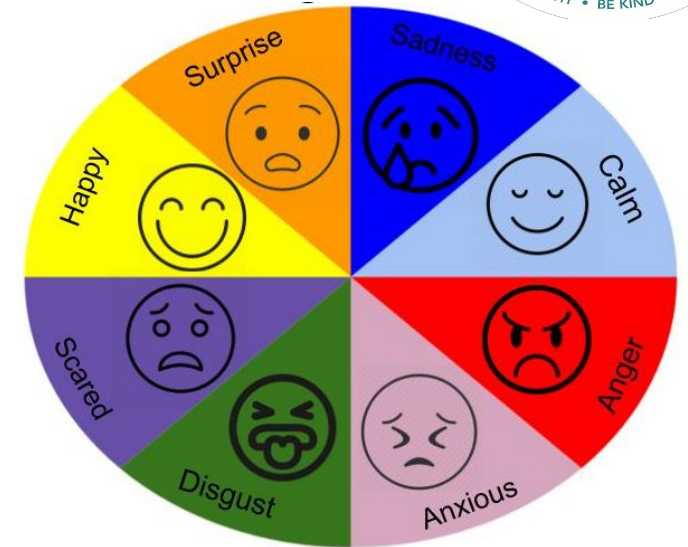
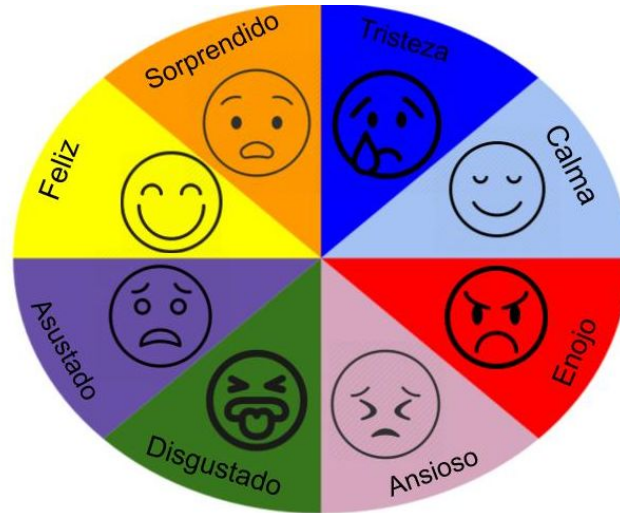
Normal Feelings When Life Is Not Normal

Obtained via MD PIA by Judicial Watch, Inc.



You may be feeling...

- Shock
- Surprise
- Anger
- Scared
- Helpless
- Sadness



Normal Feelings When Life Is Not Normal



Your brain may feel different. You might....

- Have difficulty thinking
- Forget things more often
- Feel confused
- Feel worried
- Have nightmares
- Feel guilty



Normal Feelings When Life Is Not Normal



Your body may feel...

- Tired
- Difficulty sleeping
- Aches and pains in your muscles, stomach, or chest
- Easily startled or scared



You might start acting differently. You may...

- Want to be alone more often
- Fight with your siblings and parents more often
- Cry more often
- Feel more out of control (screaming, yelling, have too much energy)





When do you need more help?

If you are still having really strong feelings and may be having thoughts of hurting yourself, you should tell a **trusted adult**. A trusted adult is someone who will listen to you and care about what you have to say.



Who can we talk to when we need help?



Family

Friends



Teacher



Pets

Tell me two groups that can help you. Anyone else?



Who can I talk to at school? Who are the trusted adults?

Obtained via MD PIA by Judicial Watch, Inc



Paraeducator

Add name



Counselor

Add Name



Teacher

Add name



Psychologist

Add name



Principal or Assistant Principal

Add name



Check for Understanding

- Who can you talk to at home?
- Who can you talk to at school?





Things to do to feel better

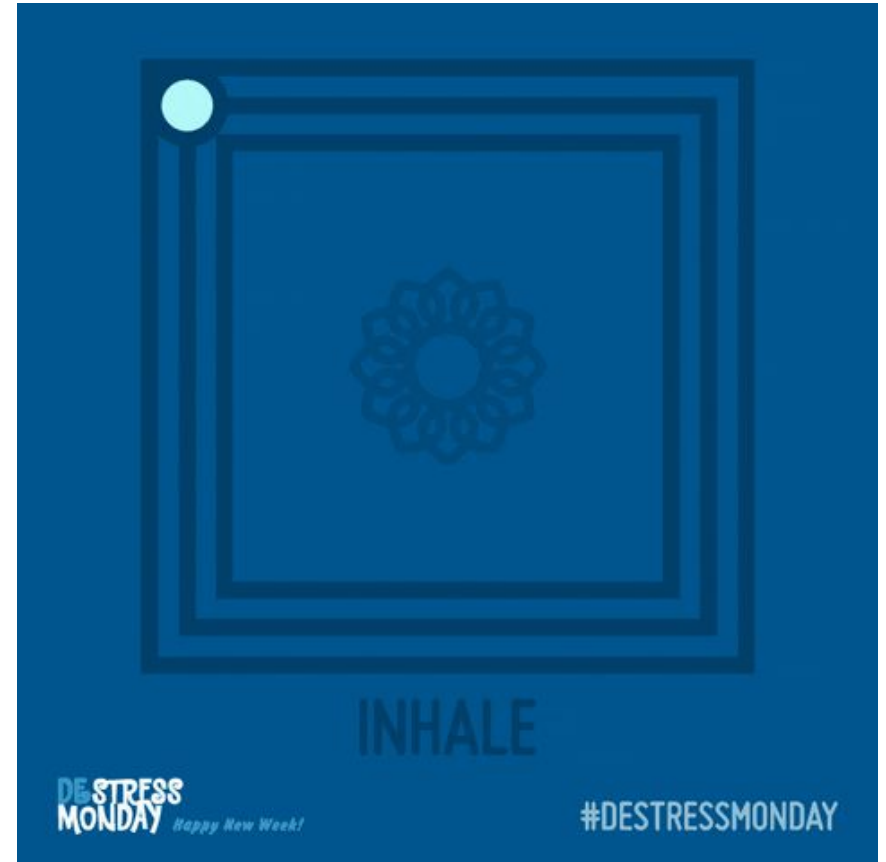
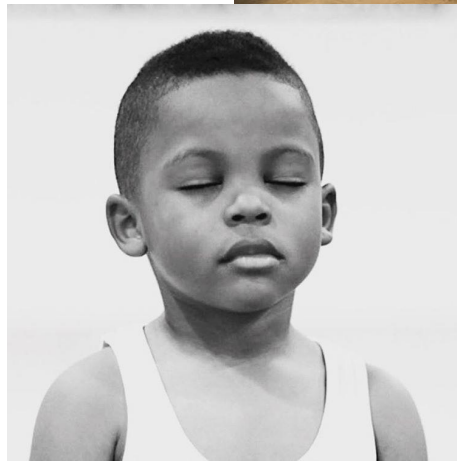
- Run and Play
- Talk to a friend or family member
- Play a game with a friend or grown up
- Draw or color
- Listen to music
- Hug a stuffed animal
- Squeeze a stress ball
- Take deep breaths
- Rest
- Eat well
- Drink Water





Deep Breathing Activity

Breathe in ... 2...3...4...
HOLD...2...3 ...
Breathe out...2...3...4





Check for Understanding

Share a strategy that you will use the next time you feel scared, worried, or stressed.

Ex. When I feel _____, I can _____.





Maryland's Largest School District

MONTGOMERY COUNTY PUBLIC SCHOOLS

Expanding Opportunity and Unleashing Potential

Obtained via MD PIA by Judicial Watch, Inc.

Middle School Psychoeducational Lesson

MCPS Return to School



Introduction



1. Who am I?
2. Why am I here?
3. What can I do to help?



Zoom Classroom Expectations



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Take Care of Yourself – Find a space that helps you learn at your best and focus.



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Objectives



At the conclusion of this lesson, students will be able to . . .

- Recognize 2-3 common reactions to crisis.
- Identify resources for support.
- Perform a deep breathing exercise for relaxation purposes.
- Identify and use 2-3 coping strategies.

Dual Pandemics

Photos show officers kneeling at peaceful Germantown protest



Protesters gathered in Germantown, Maryland on May 31, 2020 to demand justice for George Floyd. (Image: Jeremiah Ruff)

GERMANTOWN, Md. (ABC7) — Peaceful protesters gathered in Germantown, Maryland on May 31, and officers were captured kneeling in solidarity.

A helicopter flew above the protest that started on Frederick Rd. between Crystal Rock Dr. and Airport Dr. Later in the afternoon, the protest moved further down Frederick Rd. to Middlebrook Rd.

Montgomery County Police closed off the roads and allowed the protesters to stand at...

Obtained via MD PIA by Judicial Watch, Inc.

UPDATED: Protesters gather in Germantown to speak out about death of man in Minneapolis

Police didn't see any local protests on Saturday, when they were tense in many U.S. cities

BY DAN SCHERE AND CAITLYNN PEETZ | Published: 2020-05-31 15:21

As protests continued for the sixth day across the country, about 200 protesters gathered in Germantown, marching for hours and demanding justice after a white officer was charged with killing a black man in Minnesota.

The demonstration was peaceful as



County COVID-19 case increases remain under 1% for 16 consecutive days

State continues to have higher increases

BY BRIANA ADHIKUSUMA FOLLOW @BRIADHIKUSUMA | Published: 2020-07-23 10:53

For the 16th straight day, the increase in newly reported COVID-



Health

What it's like to be Asian during the coronavirus pandemic

Save Share Print



02564.pdf

NEO Agenda Proj...docx

Maryland's Largest School District

MONTGOMERY COUNTY PUBLIC SCHOOLS

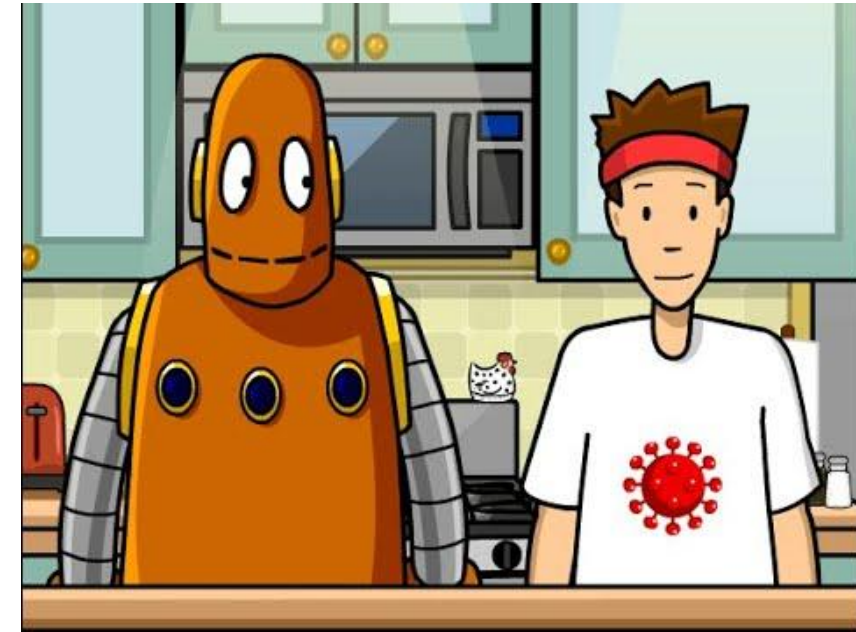
Expanding Opportunity and Unleashing Potential





Some COVID-19 Facts

- COVID-19, aka “Coronavirus disease 2019” is a brand new virus that scientists and doctors are still learning about
- This disease has impacted the globe, showing cases in almost every country and region on Earth.
- COVID-19 is spread mainly from person-to-person, when an infected person coughs, sneezes, or even talks within 6 feet of another person and those droplets are inhaled into the nose or mouth of that individual.
- COVID-19 is still ongoing.



How to Protect Yourself and Others:



Wash your hands often



Cover your coughs or sneezes



Wear a mask when around others



Avoid close contact with others



Stay home if you are sick



Clean and disinfect commonly used areas



TEACHER NOTES

Obtained via MD PIA by Judicial Watch, Inc.



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Provided below are some resources for staff to support their journeys to make it easier for them to have discussions with their students:

[Educator and Caregiver Learning Guide from Disrupt Texts](#)

[Racial Detour](#)

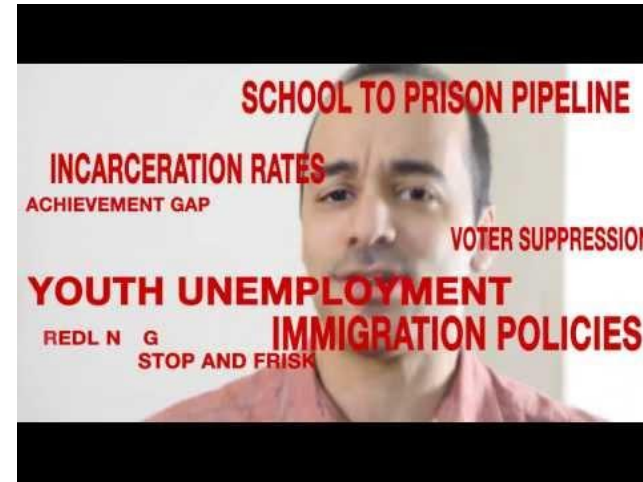
[Staff Work Playlist](#) - Here is a self-work playlist that is available to support facilitators of these lessons engage in their own learning before engaging in these discussions as well.



Some Facts About Racism and Social Justice



- Social justice refers to the practices and structures that contribute to improved access of marginalized populations to various school programs and activities. (Brown, 2004; Marshall, 2004; Theoharis, 2008).
- There are protests happening all over our country and the world because people are **acting** on their beliefs that all people should be treated fairly and are protesting to change things that make life harder for some people.

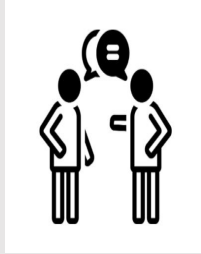




Four Levels of Racism



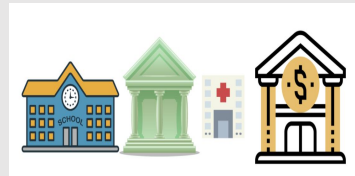
Internalized Racism:



Interpersonal Racism:



Institutional Racism:



Structural Racism:



A Brief Anti-Racism Glossary

Obtained via MD PIA by Judicial Watch, Inc.



Equity is the commitment to ensure that every student and staff member, without regard to their actual or perceived personal characteristics, is given the individual challenges, support, and opportunities to exceed a rigorous common standard in order to be prepared for academic and career success.

Implicit Bias refers to the attitudes or stereotypes that affect our understanding, actions, and decisions. These biases, which encompass both favorable and unfavorable assessments, may be activated involuntarily and without an individual's awareness or intentional control.

Cultural Proficiency is the ongoing process of becoming knowledgeable of one's culture, as well as the cultures of others in order to foster an appreciation, understanding, and respect for varying cultural expressions that exist in the actions and interactions of an organization; and, to strengthen and enrich the organization and the community at large with the presence and contributions of many cultures.

Cultural Responsiveness is the ability to learn from and relate with people of one's own culture as well as those from other cultures. Culturally responsive educational systems are grounded in the belief that culturally and linguistically diverse students can excel in academic endeavors if given adequate support and resources.

Cultural Competences is the knowledge, behaviors, and dispositions necessary to effectively interact with other cultural groups (Hansuvadha, Slater 2012).

Systems of Oppression identifies inequity by calling attention to the historical and organized patterns of mistreatment. In the United States systems of oppression (like systemic racism) are woven into the very foundation of American culture, society, and laws. (Social Identities and Systems of Oppression, 2019)

Social Justice in the Time of COVID-19



- Impacts of COVID-19 on the African American and Latinx Communities
- Black Lives Matter Movement - Acknowledgement of Social Injustices
- Protests of Anti-Racism
- Discussions about Race and Privileges
- *Dual Pandemics: COVID and Closure, Race and Equity*

www.blacklivesmatter.com

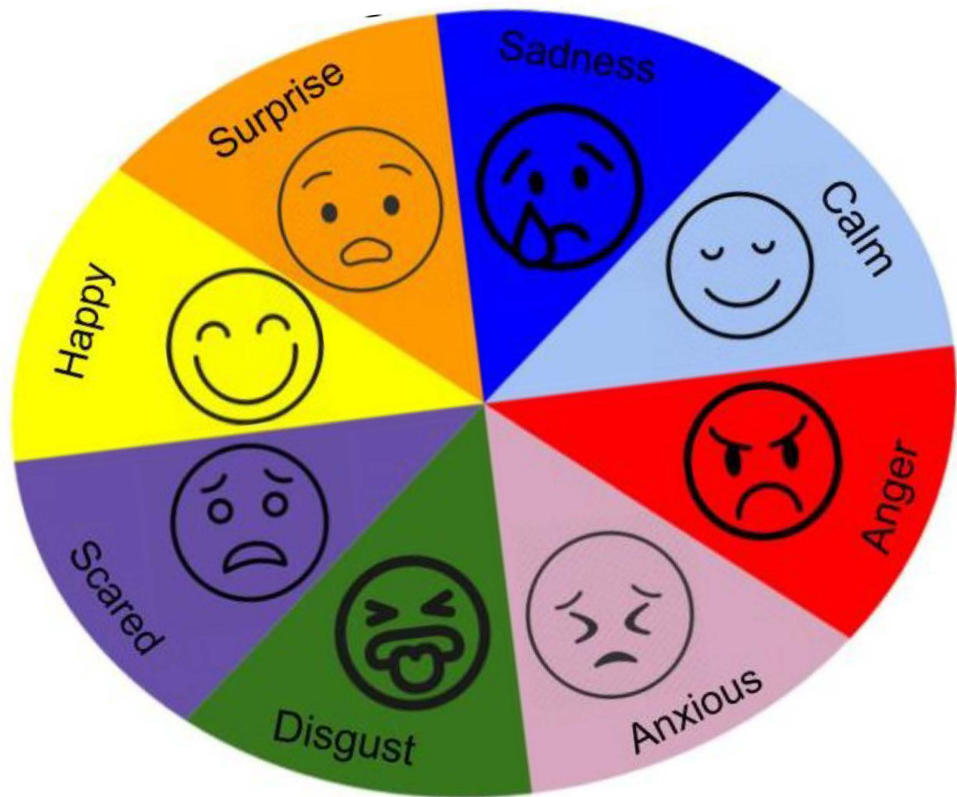
<https://www.cdc.gov/coronavirus/2019-ncov/community/health-equity/race-ethnicity.html>

What Have You Heard?

Now is your opportunity to ask questions



How Are You Feeling?



COMMON INITIAL CRISIS REACTIONS

EMOTIONAL

Shock, Surprise, Anger, Mad, Sadness, Despair, Sadness, Fear, Phobias, Emotional numbing, Guilt, Helplessness, Hopelessness, Hypersensitivity, Loss of pleasure, Irritability, Dissociation

COGNITIVE

Hard to think/focus, Forgetful, Confused, Worried, Nightmares, Impaired decision-making, Distortion, Intrusive thoughts, Decreased self-esteem, Self-blame, Decreased self-efficacy

PHYSICAL

Fatigue, Insomnia, Always on guard, Aches and pains (stomach, head, heart), Illness, Easily startled, Staring blankly, Impaired immune response, Decreased appetite

BEHAVIORAL

Isolated, Social withdrawal, Peer conflicts, Decreased participation, Attention seeking, Crying, Risk-taking, Aggression



How to Manage Your Stress

Many things can cause stress. At the moment, we are in the middle of a pandemic and experiencing a social justice movement, but other things can lead to stress:

- Daily Hassles
- Major Life Changes
- Life Circumstances

Stress can be dealt with in various ways, if something does not work right away, try something new!

(Therapistaid.com, 2015)





How to Manage Your Stress Continued...

Daily Uplifts: Positive experiences that make you happy

Healthy Coping Strategies: Positive actions that help to reduce or manage stress and other uncomfortable emotions.

Protective Factors: Individual characteristics or life circumstances that protect you from stress.

(Therapistaid.com, 2015)





Relaxation Activities

Deep Breathing: A deep breathing exercise allows you to take slower, deeper belly breaths and reach a truly relaxed state.

Progressive Muscle Relaxation: tensing and relaxing muscles throughout the body

Visualization Imagery: sights, sounds, and touch sensations associated with a particularly calm scene induce a state of pleasure.

Meditation: a mental exercise to train the mind and promotes relaxation



(Therapistaid.com, 2015)



Great Stress Management Resources



Here are some great At Home workouts to get you up and moving!

[Kid & Teen at Home Workout](#)

[15 Min Kickboxing Lesson](#)

[30 Min Latin Dance Workout](#)

[30 Min Yoga](#)



Check out these Mindfulness and Guided Meditation videos.

[Guided Meditation](#)

[Seated Body Scan](#)

[Yoga and Mindfulness BrainPop Video](#)

[Calming Breathing Practices](#)



Here are links to some great coping strategies to try out.

[A to Z Coping Strategies](#)

[Grounding Technique](#)





When to Seek Additional Help

- We talked about some reactions that are normal, but it can become a problem if the thoughts become persistent and invasive.
- Seek additional help if:
 - You begin to feel an overwhelming sense of sadness or anxiety that has become draining
 - You begin thinking about suicide
 - You begin thinking about harming others or homicide
 - You feel that your reaction is so significant and need to speak with someone about it
- If you or a friend feel this way, Tell a Trusted Adult:
 - At School- Counselor, Psychologist, Teacher, Admin, etc.
 - At Home- Parent, Grandparent, Guardian, etc.
 - Crisis Hotline- Text Hello to 741741 or Call/Text: 301-738-2255





Trusted Adults and Supports at School

Counselors:

Your Teachers:





Trusted Adults and Supports at School

School Psychologist and PPW:

Administration:





Check for Understanding

What coping strategies will you use when you are feeling overwhelmed?

Remember your trusted adults at school:

School Counselors:

School Psychologist:

PPW:

Administrators:

*“You are braver than you believe,
stronger than you seem, smarter than
you think, and loved more than you’ll
ever know.”*

- A.A. Milne





Maryland's Largest School District

MONTGOMERY COUNTY PUBLIC SCHOOLS

Expanding Opportunity and Unleashing Potential

Obtained via MD PIA by Judicial Watch, Inc.

High School Psychoeducational Lesson

MCPS Return to School



Introduction

Obtained via MD PIA by Judicial Watch, Inc.

- **Who am I?**
- **Why am I here?**
- **What can I do to help?**



Zoom Classroom Expectations



Take Care of Others - While someone is speaking, please mute yourself so that we can hear what is being shared.



Take Care of Yourself – Find a space that helps you learn at your best and focus.



Take Care of Yourself - Raise your hand through the chat if you would like to share an idea.



Take Care of Others – Practice active listening by following directions and listening to others as they are speaking.



Objectives

Obtained via MD PIA by Judicial Watch, Inc.



At the conclusion of this lesson, students will be able to . . .

- Recognize 2-3 common crisis reactions.
- Identify resources for support.
- Perform a deep breathing exercise for relaxation purposes.
- Identify and use 2-3 adaptive coping strategies.

Some COVID-19 Facts

Obtained via MD PIA by Judicial Watch, Inc.



- COVID-19, aka “Coronavirus disease 2019” is a new virus that scientists and doctors are still learning about
- This disease has impacted the globe, showing cases in almost every country and region on Earth.
- COVID-19 is spread mainly from person-to-person, when an infected person coughs, sneezes, or even talks within 6 feet (or about two arms length) of another person and those droplets are inhaled into the nose or mouth of that individual.

Center for Disease Control (2020)

COVID-19 Facts Continued...

Obtained via MD PIA by Judicial Watch, Inc.



- You may also be able to get it by touching a surface or object that has the virus on it, and then by touching your mouth, nose, or eyes.
- Symptoms vary from mild (or no symptoms) to severe. Know the symptoms.
- There are ways to protect yourself from getting COVID-19.
- Covid-19 does not recognize race, nationality or ethnicity.

Center for Disease Control (2020)

Help prevent the spread of respiratory diseases like COVID-19.

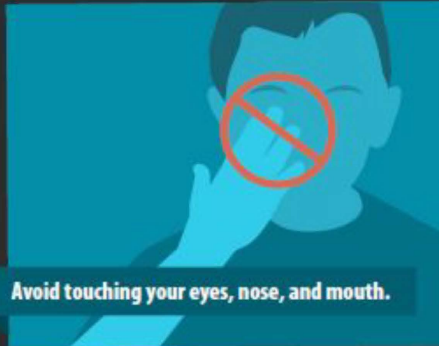
Avoid close contact with people who are sick.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Avoid touching your eyes, nose, and mouth.



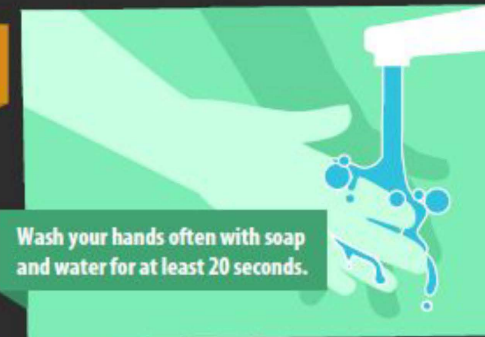
Clean and disinfect frequently touched objects and surfaces.



Stay home when you are sick, except to get medical care.



Wash your hands often with soap and water for at least 20 seconds.



For more information: www.cdc.gov/COVID19

CS11915-A



TEACHER NOTES

Obtained via MD PIA by Judicial Watch, Inc.



The discussion about race is uncomfortable for some people, however, it is an important discussion to have among ourselves and with our students. If you are uncomfortable with having this discussion with your students, please co-teach with your school counselor, psychologist, or social worker.

Provided below are some resources for staff to support their journeys to make it easier for them to have discussions with their students:

[Educator and Caregiver Learning Guide from Disrupt Texts](#)

[Racial Detour](#)

[Staff Work Playlist](#) - Here is a self-work playlist that is available to support facilitators of these lessons engage in their own learning before engaging in these discussions as well.



Dual Pandemics

Obtained via MD PIA by Judicial Watch, Inc.

UPDATED: Protesters gather in Germantown to speak out about death of man in Minneapolis

Police didn't see any local protests on Saturday, when they were tense in many U.S. cities

BY DAN SCHERE AND CAITLYNN PEETZ | Published: 2020-05-31 15:21

As protests continued for the sixth day across the country, about 200 protesters gathered in Germantown, marching for hours and demanding justice after a white officer was



County COVID-19 case increases remain under 1% for 16 consecutive days

State continues to have higher increases

BY BRIANA ADHIKUSUMA FOLLOW @BRIADHIKUSUMA | Published: 2020-07-23 10:53

For the 16th straight day, the increase in newly reported COVID-



Health

What it's like to be Asian during the coronavirus pandemic

Save Share Print



02564.pdf

NEO Agenda Prg...docx

WJLA NEWS WEATHER CORONAVIRUS 7 ON YOUR SIDE CHIME IN WATCH LIVE

Photos show officers kneeling at peaceful Germantown protest

by Lesly Salazar/ABC7 | Monday, June 1st 2020

GERMANTOWN, Md. (ABC7) — Peaceful protesters gathered in Germantown, Maryland on May 31, and officers were captured kneeling in solidarity.

A helicopter flew above the protest that started on Frederick Rd. between Crystal Rock Dr and Airport Dr. Later in the afternoon, the protest moved further down Frederick P Middlebrook Rd.



Health

Why the coronavirus looks different to black America

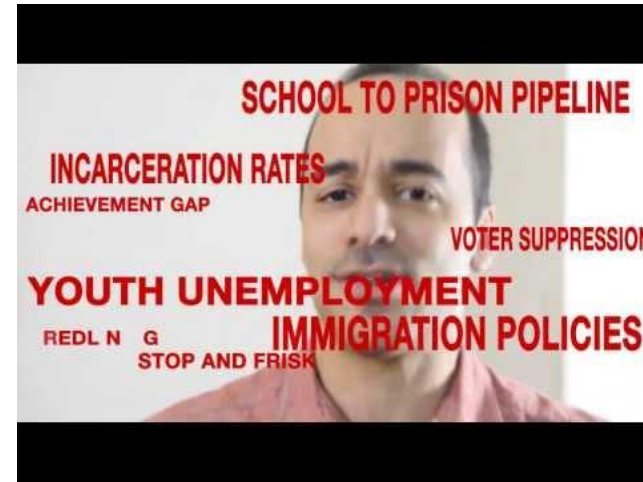
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Some Facts About Racism and Social Justice



- Social justice refers to the practices and structures that contribute to improved access of marginalized populations to various school programs and activities. (Brown, 2004; Marshall, 2004; Theoharis, 2008).
- There are protests happening all over our country and the world because people are **acting** on their beliefs that all people should be treated fairly and are protesting to change things that make life harder for some people.





Four Levels of Racism



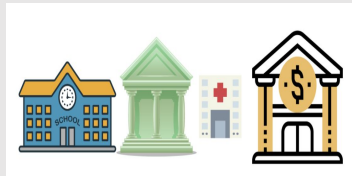
Internalized Racism:



Interpersonal Racism:



Institutional Racism:



Structural Racism:



A Brief Anti-Racism Glossary

Obtained via MD PIA by Judicial Watch, Inc.



Equity is the commitment to ensure that every student and staff member, without regard to their actual or perceived personal characteristics, is given the individual challenges, support, and opportunities to exceed a rigorous common standard in order to be prepared for academic and career success.

Implicit Bias refers to the attitudes or stereotypes that affect our understanding, actions, and decisions. These biases, which encompass both favorable and unfavorable assessments, may be activated involuntarily and without an individual's awareness or intentional control.

Cultural Proficiency is the ongoing process of becoming knowledgeable of one's culture, as well as the cultures of others in order to foster an appreciation, understanding, and respect for varying cultural expressions that exist in the actions and interactions of an organization; and, to strengthen and enrich the organization and the community at large with the presence and contributions of many cultures.

Brief Anti-Racism Glossary-Continued

Obtained via MD/PIA by Judicial Watch, Inc.

Cultural Responsiveness is the ability to learn from and relate with people of one's own culture as well as those from other cultures. Culturally responsive educational systems are grounded in the belief that culturally and linguistically diverse students can excel in academic endeavors if given adequate support and resources.

Cultural Competences is the knowledge, behaviors, and dispositions necessary to effectively interact with other cultural groups (Hansuvadha, Slater 2012).

Systems of Oppression identifies inequity by calling attention to the historical and organized patterns of mistreatment. In the United States systems of oppression (like systemic racism) are woven into the very foundation of American culture, society, and laws. (Social Identities and Systems of Oppression, 2019)

Social Justice in the Time of COVID-19



- Impacts of COVID-19 on the African American and Latinx Communities
- Black Lives Matter Movement - Acknowledgement of Social Injustices
- Protests of Anti-Racism
- Discussions about Race and Privileges
- *Dual Pandemics: COVID and Closure, Race and Equity*

www.blacklivesmatter.com

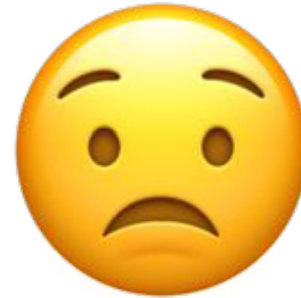
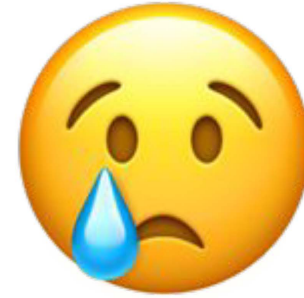
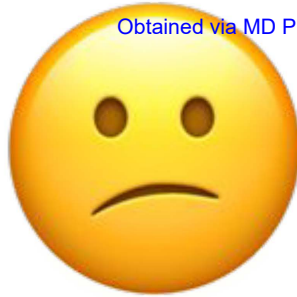
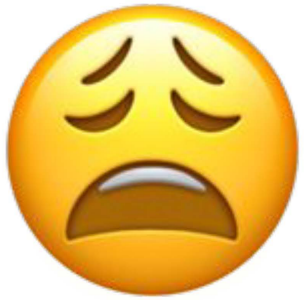
<https://www.cdc.gov/coronavirus/2019-ncov/community/health-equity/race-ethnicity.html>

Let's Dispel Rumors

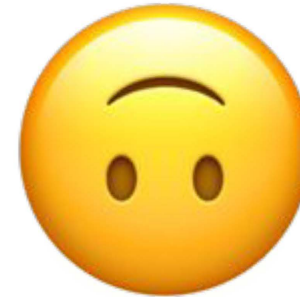
Obtained via MD PIA by Judicial Watch, Inc.



Insert Reference here



How are you Feeling?



COMMON INITIAL CRISIS REACTIONS



EMOTIONAL

- Shock
- Anger
- Despair
- Phobias
- Terror or fear
- Guilt
- Emotional numbing
- Depression or sadness
- Grief
- Irritability
- Hypersensitivity
- Helplessness
- Hopelessness
- Loss of pleasure from activities

COGNITIVE

- Impaired concentration
- Memory impairment
- Disbelief
- Confusion
- Distortion
- Intrusive thoughts or memories
- Impaired decision-making abilities
- Decreased self-esteem
- Self-blame
- Worries
- Nightmares
- Decreased self-efficacy

PHYSICAL

- Fatigue
- Insomnia
- Sleep disturbance
- Hyperarousal
- Somatic Complaints
- Impaired immune response
- Startle response
- Headaches
- Decreased libido
- Decreased appetite
- Gastrointestinal problems

INTERPERSONAL/BEHAVIORAL

- Alienation
- School refusal
- School impairment
- Vocational impairment
- Regression in behavior
- Increased relationship conflict
- Social withdrawal or social isolation
- Aggression
- Crying easily
- Tantrums
- Change in eating patterns
- Risk Taking
- Avoidance of reminders

Note. Compiled from Speier (2000); Young, Ford, Ruzek, Friedman, & Gusman (1998).

How to Manage Your Stress



→ Stress is the uncomfortable feeling you get when you're worried, scared, angry, frustrated, or overwhelmed. Stress is how the body responds to any demand.

→ It is caused by emotions, but it also affects your mood and body.

→ **STRESS AFFECTS EVERYONE**

-Many things can cause stress. At the moment, we are in the middle of a pandemic as well as recognizing the impact of social injustices. Other situations also lead to stress.

-Everyday Responsibilities

-Major Life Changes

-Life Circumstances

-Recognize the signs of your body's response to stress, such as difficulty sleeping, being easily angered, feeling depressed, and having low energy.

Stress can be managed utilizing a variety of strategies.

How to Manage Your Stress



- Try a Relaxing Activity
- Set goals and priorities
- Don't focus on the problem
- Always remember, just keep moving forward.

- **Daily Uplifts:** Positive experiences that make you happy
- **Healthy Coping Strategies:** Positive actions that help to reduce or manage stress and other uncomfortable emotions.
- **Create a sense of belonging:** Feeling connected and welcomed is essential to an individual's positive adjustment, self-identification, and sense of trust in others and themselves.
- **The next time you're stressed:** take a step back, inhale and laugh. Be strong, be flexible, love yourself, and love others.

Relaxation Activities

Obtained via MD PIA by Judicial Watch, Inc.



- **Deep Breathing:** A deep breathing exercise allows you to take slower, deeper belly breaths and reach a truly relaxed state.
- **Progressive Muscle Relaxation:** tensing and relaxing muscles throughout the body.
- **Visualization Imagery:** sights, sounds, and touch sensations associated with a particularly calm scene induce a state of pleasure.
- **Meditation:** a mental exercise to train the mind and promotes relaxation.



Great Stress Management Resources



Here are some great At Home workouts to get you up and moving!

[Kid & Teen at Home Workout](#)

[15 Min Kickboxing Lesson](#)

[30 Min Latin Dance Workout](#)

[30 Min Yoga](#)



Check out these Mindfulness and Guided Meditation videos.

[Guided Meditation](#)

[Seated Body Scan](#)

[Yoga and Mindfulness BrainPop Video](#)

[Calming Breathing Practices](#)



Here are links to some great coping strategies to try out.

[A to Z Coping Strategies](#)

[Grounding Technique](#)

When to Seek Additional Help?

While these reactions are normal, it can become a problem if the thoughts become persistent and invasive.



Seek additional help if:

- You begin to feel an alarming sense of sadness or anxiety is overwhelming
- You begin thinking about suicide or harming yourself
- You begin thinking about harming others.
- You feel that your reaction is so significant and need to speak with someone about it

Tell a Trusted Adult

Obtained via MD PIA by Judicial Watch, Inc.



- If you or a friend feel this way, tell a trusted adult:
 - At School:
 - Teacher, Administrator, Counselor, Psychologist, etc.
 - At Home:
 - Parent, Grandparent, Sibling, Guardian, etc.
- Montgomery County Crisis Hotline - Text Hello to 741741 or Call/Text 301-738-2255
- Montgomery County Crisis Center - (240) 777-4000
- EveryMind - (301) 424-0656

Supports At School

Obtained via MD PIA by Judicial Watch, Inc.

Insert pictures, names and emails of the teacher presenting, Admin, School Counselors, School Psychologist, PPW, & PCC





Check for Understanding

What coping strategies will you use when you are feeling overwhelmed?

Remember your trusted adults at school:

School Counselors:

School Psychologist:

PPW:

Administrators:

*“You are braver than you believe,
stronger than you seem, smarter than
you think, and loved more than you’ll
ever know.”*

- A.A. Milne



Resources

Obtained via MD PIA by Judicial Watch, Inc.



- [National Association of School Psychologists \(NASP\)](#)
- [Center for Disease Control and Prevention \(CDC\)](#)
- [Montgomery County \(MD\) Department of Health and Human Services](#)



Be Well 365 90-Day Recovery Plan

September 8, 2020

Montgomery County Public Schools (MCPS) Social Emotional Learning Lessons (SEL)

Guidance Document

I. Purpose

We recognize the traumatic impact the COVID-19 global pandemic has had on our students. During this time, many students are perplexed by grief, anxiety, and confusion while searching for a sense of normalcy. To address these concerns, MCPS, along with districts around the country, has made social emotional learning a priority. To support our schools, we have developed a Social Emotional learning framework including lessons and professional development to support the well-being of students.

- II. **What is SEL?** Social Emotional Learning is the process through which children and adults acquire and effectively apply the knowledge, attitudes, and skills necessary to understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions.

III. Background

- During the Continuity of Learning, a series of social emotional lessons, aligned with Be Well 365, were provided to school staff weekly in each of the CASEL framework competencies. The CASEL framework is a research based Social Emotional Learning framework based on five core competencies: Self-awareness, Self-management, Social Awareness, Relationship Skills and Responsible Decision Making. More information about CASEL is located here: [CASEL Framework](#). Over the 2020 summer, the 90-day recovery SEL subcommittee developed the MCPS SEL 2020-2021 school plan. The sub-committee researched multiple social emotional resources and developed a library of social emotional learning lessons for the 2020-2021 school year.
- During the August 25, 2020, Board of Education meeting, OTLS-Student and Family Support and Engagement presented the SEL plan for MCPS. The presentation is located here: [Board of Education Presentation](#)

IV. Professional Development

- During the Pre-Service SEL Professional development Conference, two sessions on SEL lesson delivery were offered. The sessions were recorded and are located here:
Part I: [What is SEL?](#) PDO course number: 89531
Part II: [Implementing SEL Lessons: Building Relationships and Identifying Student Needs](#) PDO course number: 89529

MONTGOMERY COUNTY PUBLIC SCHOOLS*Expanding Opportunity and Unleashing Potential*

The presentations are also located on the Professional Development Online using the courses provided above. Professional learning will be provided monthly and sessions will be recorded. The professional learning sessions will provide support for lesson delivery and guidance on navigating student concerns during COVID-19.

V. Social Emotional Learning Lessons

- The Social Emotional Learning lessons are located in *MyMCPS* as part of the Be Well 365 course. The MyMCPS dashboard is located here: [MyMCPS Dashboard](#)

Suggestions for Delivering Lessons:

- Social Emotional Learning lessons should occur after the first three weeks of school and after Psychoeducational lessons and Psychological triage have been completed.
- Student Well-Being Teams, in collaboration with school administration, determine staff who will deliver the lessons, (who, what, when). For example, the school counselors, school psychologists, social workers and teachers may want to use a co-teaching model to implement the lessons.
- Provide Social Emotional Learning lessons for 40-45 minute sessions at least twice a week. Schools may want to consider providing the lessons during dedicated time within the schedule. For example: Advisory period, Wednesday afternoon, virtual check-in time, morning meeting time, etc.
- Social Emotional Lessons can be integrated into the academic curriculum. For example, a biology class can also discuss how trauma impacts the amygdala and the frontal lobe of the brain. A history lesson can discuss the impact of PTSD on soldiers coming home from any of the wars that have taken place. An English lesson can discuss relationship building while discussing Hamlet. A teacher can work with the school counselor, school psychologist, and/or social worker to co-teach those sections of the lesson. A student well-being team can collaborate with grade level teams to strategically schedule which social emotional lessons can be taught during certain times of the year based on the pacing guide. Resources for integrating lessons are located here: [Integrating SEL into Lessons](#)

VI. Communication to Families

- Schools should communicate with parents to highlight which topics are being taught each week. This will allow families to have follow-up discussions and answer any questions that their student may have.
- Communications could be sent in the weekly newsletter, via Canvas, etc. Each school will determine the best means of communicating the information to families.

VII. Accountability

- Student Well-being teams should keep track of which lessons their schools are implementing.

MONTGOMERY COUNTY PUBLIC SCHOOLS

Expanding Opportunity and Unleashing Potential

- Teams can develop a Google Sheet that keeps track of which lessons are taught each week.
- Parents may opt their student out of a lesson, but the student well-being team should work with the student in an alternative method to ensure that the lesson objectives are understood by the student. Students may be excluded from lessons due to prior traumatic experiences, mental health conditions, religious beliefs, etc. If a student is opted out of a lesson, the student well-being team should follow up with the student and the family to determine if additional supports are needed for the student and family.